

An Tobar Ardmore 5 Mile 11th May 2018

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Time</u>	<u>Pace</u>
1	ZAKIS, Raivis	West Waterford A.C.	Male Senior	0:26:46	05:21.1
2	LEARY, Kevin	East Cork	Male Senior	0:27:03	05:24.5
3	KEDEBE, Fkadu	N/A	Male Senior	0:27:55	05:34.9
4	SHEEHAN, Nigel	Youghal A.C.	Male Senior	0:28:11	05:38.1
5	HENNESSY, Pat	West Waterford A.C.	Male Senior	0:29:04	05:48.7
6	KEOGH, Mossie	West Waterford A.C.	Male 40	0:29:07	05:49.3
7	HOGAN, Alan	West Waterford A.C.	Male Senior	0:29:32	05:54.3
8	O'DONOVAN, Dermot	West Waterford A.C.	Male 40	0:29:39	05:55.7
9	FORRISTAL, Sally	St Josephs A.C	Female Senior	0:29:45	05:56.9
10	SMITH, Danny	N/A	Male 40	0:29:49	05:57.7
11	RYAN, Billy	West Waterford A.C.	Male Senior	0:29:57	05:59.3
12	EARLY, Noel	St. Catherines	Male Senior	0:30:14	06:02.7
13	LOUGHNANE, Madeline	Thurles Crokes	Female 35	0:30:18	06:03.5
14	HAHESY, Ray	West Waterford A.C.	Male 50	0:30:30	06:05.9
15	DROHAN, Walter	West Waterford A.C.	Male 40	0:30:47	06:09.3
16	WHELAN, James	West Waterford A.C.	Male 40	0:30:51	06:10.1
17	O'CONNELL, John	St. Finbarr's	Male Senior	0:31:05	06:12.9
18	SALMON, Joe	West Waterford A.C.	Male 45	0:31:09	06:13.7
19	FITZGERALD, Pat	West Waterford A.C.	Male Senior	0:31:15	06:14.9
20	CONNORS, Jimmy	West Waterford A.C.	Male Senior	0:31:26	06:17.1
21	AHERN, Derek	Midleton A.C.	Male 40	0:31:30	06:17.9
22	BARRY, Niall	West Waterford A.C.	Male Senior	0:31:38	06:19.5
23	MURPHY, Mick	Midleton A.C.	Male 45	0:31:41	06:20.1
24	MASON, Trevor	West Waterford A.C.	Male 40	0:31:42	06:20.3
25	REILLY, Gerard	West Waterford A.C.	Male 45	0:31:59	06:23.7
26	DWANE, Cathal	N/A	Male Senior	0:32:04	06:24.7
27	VEALE, Kate	West Waterford A.C.	Female Senior	0:32:05	06:24.9
28	O'LOUGHLIN, Gerard	N/A	Male 45	0:32:06	06:25.1
29	HAYES, Martin	West Waterford A.C.	Male 50	0:32:15	06:26.9
30	MURPHY, Davie	Youghal A.C.	Male Senior	0:32:26	06:29.1
31	HOGAN, Tom	West Waterford A.C.	Male 40	0:32:30	06:29.9
32	LEAHY, Tom	West Waterford A.C.	Male 40	0:32:36	06:31.1
33	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 45	0:32:39	06:31.7
34	LONGAN, Tom	West Waterford A.C.	Male 45	0:32:43	06:32.5
35	CLIFFE, Mark	West Waterford A.C.	Male Senior	0:32:45	06:32.9
36	KEANE, Jack	N/A	Male Junior	0:32:46	06:33.1
37	KENNEDY, Pdraig	N/A	Male Senior	0:32:49	06:33.7
38	CASEY, Kevin	West Waterford A.C.	Male Senior	0:32:53	06:34.5
39	SULLIVAN, James	N/A	Male Senior	0:32:55	06:34.9
40	GILROY, Helen	Midleton A.C.	Female 50	0:32:59	06:35.7
41	HORGAN, Barry	Clonmel A.C.	Male 40	0:33:01	06:36.1
42	O'CONNOR, Stephen	St Josephs A.C	Male 40	0:33:32	06:42.3
43	KENNEALLY, Julie	Youghal A.C.	Female Senior	0:33:40	06:43.9

44	MURPHY, Kieran	St. Catherines	Male 40	0:33:41	06:44.1
45	WALSH, Eoin	Saturday R. R.	Male 40	0:33:42	06:44.3
46	KELLY, Joe	West Waterford A.C.	Male 45	0:33:54	06:46.7
47	CALLAGHAN, Micheal	West Waterford A.C.	Male 45	0:33:59	06:47.7
48	GLEESON, Cathal E.	West Waterford A.C.	Male 40	0:34:07	06:49.3
49	TUTTY, Darren	West Waterford A.C.	Male 40	0:34:09	06:49.7
50	POPE, Gareth	West Waterford A.C.	Male 40	0:34:12	06:50.3
51	O'REGAN, Eddie	Youghal A.C.	Male 55	0:34:18	06:51.5
52	LANDERS, Brian	Youghal A.C.	Male 40	0:34:18	06:51.5
53	DONNELLY, David	Tried and Tested	Male 40	0:34:21	06:52.1
54	CASHMAN, John	Midleton A.C.	Male 50	0:34:33	06:54.5
55	AHERN, Neilus	Midleton A.C.	Male 60	0:34:36	06:55.1
56	O'MAHONEY, Tony	N/A	Male Senior	0:34:48	06:57.5
57	HOGAN, John Paul	West Waterford A.C.	Male Senior	0:34:53	06:58.5
58	DWYER, Anthony	West Waterford A.C.	Male 60	0:35:00	06:59.9
59	FITZGERALD, James	N/A	Male Senior	0:35:01	07:00.1
60	ISLEY, Stephanie	N/A	Female 55	0:35:05	07:00.9
61	O'LEARY, Ted	West Waterford A.C.	Male 45	0:35:19	07:03.6
62	TOBIN, Martin	West Waterford A.C.	Male 50	0:35:35	07:06.8
63	MURRAY, Conor	West Waterford A.C.	Male 50	0:35:38	07:07.4
64	FITZGERALD, Liam	West Waterford A.C.	Male 45	0:35:42	07:08.2
65	CAMPBELL, Judith	N/A	Female Junior	0:35:44	07:08.6
66	MULCAHY, Paul	St. Catherines	Male 50	0:36:11	07:14.0
67	KAVANAGH, Liam	West Waterford A.C.	Male 55	0:36:13	07:14.4
68	DROHAN, Eveleen	West Waterford A.C.	Female 40	0:36:16	07:15.0
69	MOYA ROSA, Emilio	West Waterford A.C.	Male Senior	0:36:21	07:16.0
70	O'CALLAGHAN, Declan	N/A	Male 40	0:36:27	07:17.2
71	TRAYNOR, Dave	Saturday R. R.	Male 40	0:36:35	07:18.8
72	JACKMAN, Brian	Saturday R. R.	Male 45	0:36:39	07:19.6
73	MC CAUL, Tom	Youghal A.C.	Male 45	0:36:46	07:21.0
74	CONCANNON, Mick	West Waterford A.C.	Male 55	0:36:51	07:22.0
75	CAMPBELL, David	West Waterford A.C.	Male 50	0:36:57	07:23.2
76	RYAN, Karen	West Waterford A.C.	Female 40	0:36:59	07:23.6
77	COOGAN, Darren	West Waterford A.C.	Male 40	0:37:16	07:27.0
78	HOGAN, Noel	West Waterford A.C.	Male 40	0:37:19	07:27.6
79	POWER, Patrick	West Waterford A.C.	Male 55	0:37:23	07:28.4
80	DRENNAN, Angeline	West Waterford A.C.	Female 40	0:37:34	07:30.6
81	NI FHAOLAIN, Sinead	West Waterford A.C.	Female Senior	0:37:36	07:31.0
82	ISLEY, Ron	N/A	Male 55	0:37:39	07:31.6
83	COFFEY, Brigid	West Waterford A.C.	Female 45	0:38:09	07:37.6
84	O'DONOGHUE, Donal	Little Island	Male 50	0:38:31	07:42.0
85	NUGENT, Sharon	West Waterford A.C.	Female 35	0:38:31	07:42.0
86	DWYER, Tony	N/A	Male Junior	0:38:32	07:42.2
87	DOHERTY, Debra	West Waterford A.C.	Female Senior	0:38:41	07:44.0
88	POWER, Onra	West Waterford A.C.	Female 50	0:38:42	07:44.2

89	HAYES, James	N/A	Male Senior	0:38:50	07:45.8
90	FOLEY, Linda	West Waterford A.C.	Female Senior	0:38:54	07:46.6
91	POWER, Simone	West Waterford A.C.	Female 40	0:38:56	07:47.0
92	O'ROURKE, Joe	West Waterford A.C.	Male 55	0:38:59	07:47.6
93	SULLIVAN, Emer	Carrigtwohill A.C.	Female 40	0:39:02	07:48.2
94	LEE, Catriona	West Waterford A.C.	Female 35	0:39:06	07:49.0
95	RYALL, Noel	Midleton A.C.	Male 50	0:39:08	07:49.4
96	COLLINS, Pat	N/A	Male 50	0:39:10	07:49.8
97	CRONIN, Mike	N/A	Male 50	0:39:17	07:51.2
98	O'BRIEN, Paul	Youghal A.C.	Male 50	0:39:19	07:51.6
99	LEDINGHAM, Dermot	Youghal A.C.	Male 55	0:39:19	07:51.6
100	BULMAN, George	Youghal A.C.	Male 55	0:39:20	07:51.8
101	KENNEALLY, Eoin	N/A	Male Senior	0:39:29	07:53.6
102	KENNEDY, Kate	Ballymore Cobh A.C.	Female Senior	0:39:59	07:59.6
103	CHIZHIKOVA, Diana	West Waterford A.C.	Female 35	0:40:07	08:01.2
104	CLINCE, Liam	West Waterford A.C.	Male 55	0:40:08	08:01.4
105	HIGGINS, Sharon	West Waterford A.C.	Female 35	0:40:10	08:01.8
106	O'MAHONEY, Declan	N/A	Male 40	0:40:37	08:07.2
107	MOORE, Sandra	West Waterford A.C.	Female 45	0:40:40	08:07.8
108	DOWNES, Ger	N/A	Male 45	0:40:43	08:08.4
109	MASSEY, Anne	West Waterford A.C.	Female 45	0:40:47	08:09.2
110	GAFFNEY, Andrea	West Waterford A.C.	Female 45	0:41:10	08:13.8
111	TUTTY, Vicent	West Waterford A.C.	Male 50	0:41:11	08:14.0
112	BRADFIELD, Linda	West Waterford A.C.	Female 45	0:41:15	08:14.8
113	GUILLY, Linda	Finisk Valley A.C.	Female 35	0:41:28	08:17.4
114	PROCTOR, Paschal	West Waterford A.C.	Male 60	0:41:36	08:19.0
115	NI FHOGLHU, Grainne	N/A	Female 40	0:41:37	08:19.2
116	KELLY, Christopher	West Waterford A.C.	Male 50	0:41:44	08:20.6
117	CROWLEY, Hazel	West Waterford A.C.	Female 35	0:41:46	08:21.0
118	FLYNN, Mairead	West Waterford A.C.	Female 50	0:41:46	08:21.0
119	WADE, Michael	West Waterford A.C.	Male 55	0:41:55	08:22.8
120	FINNIGAN, Michelle	West Waterford A.C.	Female 45	0:41:56	08:23.0
121	POPE, Carol	West Waterford A.C.	Female 40	0:41:57	08:23.2
122	POWER, Rose	West Waterford A.C.	Female 45	0:41:58	08:23.4
123	MOYNIHAN, Micheal	West Waterford A.C.	Male 60	0:42:20	08:27.8
124	SUPPLE, Michael	N/A	Male Senior	0:42:30	08:29.8
125	LANDERS, Martina	Youghal A.C.	Female 40	0:42:37	08:31.2
126	O'REGAN, Celia	Youghal A.C.	Female 50	0:42:45	08:32.8
127	DONNELLY, Pat	West Waterford A.C.	Male 40	0:42:53	08:34.4
128	DONNELLY, Ciara	West Waterford A.C.	Female 35	0:42:55	08:34.8
129	WHITE, Orla	N/A	Female Senior	0:43:03	08:36.4
130	FITZGERALD, Molly	West Waterford A.C.	Female 45	0:43:04	08:36.6
131	EICHELMANN-DALY, Patrycja	West Waterford A.C.	Female 40	0:43:11	08:38.0
132	DUNNE, Sean	Carrick On Suir A.C.	Male Senior	0:43:16	08:39.0

133	O'REILLY, Breda	N/A	Female 40	0:43:24	08:40.6
134	CONWAY, Margaret	West Waterford A.C.	Female 55	0:43:52	08:46.2
135	MORRISON, John	St. Catherines	Male 45	0:44:05	08:48.8
136	SHEEHAN, Batt	St. Catherines	Male 45	0:44:06	08:49.0
137	DUFFY, Sarah	West Waterford A.C.	Female 35	0:44:08	08:49.4
138	REILLY, Olivia	West Waterford A.C.	Female 40	0:44:12	08:50.2
139	GUIRY, Michelle	Touraneena R.R.	Female Senior	0:44:16	08:51.0
140	HICKEY, Stephanie	Ballymac Runners	Female 45	0:44:26	08:53.0
141	MORRISSEY, Pat	West Waterford A.C.	Male 45	0:44:30	08:53.8
142	TUTTY, Michael	West Waterford A.C.	Male 55	0:44:46	08:57.0
143	HOULIHAN, Ger	Carrick On Suir A.C.	Female 55	0:44:58	08:59.4
144	HAYES, Jillian	West Waterford A.C.	Female 35	0:45:08	09:01.4
145	FITZGERALD, Ciara	N/A	Female Senior	0:45:35	09:06.8
146	KEOGH, Catherine	Youghal A.C.	Female 35	0:46:51	09:22.0
147	KELLY, Yvonne	West Waterford A.C.	Female 40	0:46:54	09:22.6
148	BERESFORD, Evelyn	West Waterford A.C.	Female 45	0:47:11	09:26.0
149	POWER HICKEY, Therese	West Waterford A.C.	Female 35	0:47:38	09:31.4
150	WALSH, Mary	Touraneena R.R.	Female 50	0:48:05	09:36.8
151	CUNNINGHAM, Cecelia	West Waterford A.C.	Female 40	0:49:14	09:50.6
152	O'BRIEN, Nan	N/A	Female 40	0:49:18	09:51.4
153	BURKE, Gayle	N/A	Female Senior	0:50:03	10:00.4
154	HODGKISS, Vanessa	Sheffield	Female Senior	0:50:24	10:04.6
155	O'LEARY, Tina	N/A	Female Senior	0:50:34	10:06.6
156	ROCHFORD, Dean	N/A	Male Senior	0:50:35	10:06.8
157	LACEY, Madeline	N/A	Female 35	0:51:27	10:17.2
158	CARROLL, Regina	Touraneena R.R.	Female 45	0:51:34	10:18.6
159	RYAN, Denis	West Waterford A.C.	Male Senior	0:52:26	10:29.0
160	BURKE, Louise	N/A	Female 35	0:52:51	10:34.0
161	O'LEARY, David	West Waterford A.C.	Male 40	0:53:29	10:41.6
162	CLANCY, Deirdre	West Waterford A.C.	Female 60	0:53:35	10:42.8
163	CONWAY, Noelle	West Waterford A.C.	Female 60	0:53:35	10:42.8
164	HALLINAN, Grainne	Touraneena R.R.	Female 45	0:54:53	10:58.4