

Ardmore 5 Mile Road Race 2016

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Time</u>	<u>Pace</u>
1	MURPHY, Brian	Carrick On Suir A.C.	Senior Male	0:26:00	12:05:12 AM
2	POWER, Trevor	Waterford A.C.	Senior Male	0:26:58	12:05:24 AM
3	KENNEALLY, Kevin	West Waterford A.C.	Senior Male	0:28:13	12:05:39 AM
4	CUDDIHY, Brian	Waterford A.C.	Senior Male	0:28:26	12:05:41 AM
5	ROWE, Mark	West Waterford A.C.	Male O/40	0:28:29	12:05:42 AM
6	DOLPHIN, Michael	Leevale	Senior Male	0:28:53	12:05:47 AM
7	ROCHE, Patrick	Carrick On Suir A.C.	Senior Male	0:29:04	12:05:49 AM
8	KEOGH, Mossie	West Waterford A.C.	Senior Male	0:29:09	12:05:50 AM
9	CARTHY, Jackie	Kilmore A.C.	Female O/45	0:29:18	12:05:52 AM
10	MURRAY, Orna	Ferrybank A.C.	Senior Female	0:29:19	12:05:52 AM
11	FEENEY, Des	West Waterford A.C.	Male O/40	0:29:26	12:05:53 AM
12	STILWELL, Richard	N/A	Senior Male	0:29:47	12:05:57 AM
13	NOLAN, John	Waterford A.C.	Senior Male	0:30:05	12:06:01 AM
14	TRAVERS, Jason	West Waterford A.C.	Male O/40	0:30:07	12:06:01 AM
15	LEAHY, Tom	West Waterford A.C.	Senior Male	0:30:09	12:06:02 AM
16	DONOVAN, Dermot	West Waterford A.C.	Senior Male	0:30:17	12:06:03 AM
17	MALONE, Sylvia	Waterford A.C.	Female O/40	0:30:23	12:06:05 AM
18	HAHESY, Ray	West Waterford A.C.	Male O/50	0:30:24	12:06:05 AM
19	DUNFORD, Michael	West Waterford A.C.	Male O/50	0:30:34	12:06:07 AM
20	SHASBY, Stephen	West Waterford A.C.	Senior Male	0:30:42	12:06:08 AM
21	MAHONY, Tomas	West Waterford A.C.	Male O/45	0:31:01	12:06:12 AM
22	LONGAN, Tom	West Waterford A.C.	Male O/40	0:31:07	12:06:13 AM
23	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male O/45	0:31:08	12:06:14 AM
24	BENNETT, Tom	N/A	Senior Male	0:31:16	12:06:15 AM
25	CONNORS, Jimmy	West Waterford A.C.	Senior Male	0:31:30	12:06:18 AM
26	TOWHY, David	West Waterford A.C.	Male O/40	0:31:41	12:06:20 AM
27	HAYES, Martin	West Waterford A.C.	Male O/50	0:31:47	12:06:21 AM
28	O'HIARLAITHE, Cian	N/A	Senior Male	0:31:51	12:06:22 AM
29	DONNELLY, Enda	N/A	Male O/40	0:31:55	12:06:23 AM
30	WHELAN, James	West Waterford A.C.	Male O/40	0:32:06	12:06:25 AM
31	DWYER, Michael	West Waterford A.C.	Male O/45	0:32:17	12:06:27 AM
32	DWYER, Dermot	West Waterford A.C.	Male O/40	0:32:27	12:06:29 AM
33	FLYNN, John	West Waterford A.C.	Male O/45	0:32:32	12:06:30 AM
34	BATTYE, Ed	Waterford A.C.	Senior Male	0:32:40	12:06:32 AM
35	MURPHY, Gerard	Carrick On Suir A.C.	Senior Male	0:32:42	12:06:32 AM
36	O'DRISCOLL, Keith	Waterford A.C.	Senior Male	0:32:51	12:06:34 AM
37	HOGAN, Tom	West Waterford A.C.	Male O/40	0:33:01	12:06:36 AM
38	POPE, Garrett	West Waterford A.C.	Senior Male	0:33:03	12:06:37 AM
39	KEANE, Mush	West Waterford A.C.	Senior Male	0:33:23	12:06:41 AM
40	KAVANAGH, Liam	West Waterford A.C.	Male O/50	0:33:31	12:06:42 AM
41	CANTWELL, Gerry	West Waterford A.C.	Male O/55	0:33:36	12:06:43 AM
42	CLIFFE, Mark	West Waterford A.C.	Senior Male	0:33:37	12:06:43 AM
43	O'CONNOR, Gerry	West Waterford A.C.	Male O/50	0:33:39	12:06:44 AM
44	MOLLOY, Mary	Carrick On Suir A.C.	Female O/35	0:33:44	12:06:45 AM
45	BRANNIGAN, Sinead	Waterford A.C.	Senior Female	0:33:48	12:06:46 AM
46	DWYER, Anthony	West Waterford A.C.	Male O/55	0:33:50	12:06:46 AM
47	SALMON, Joe	West Waterford A.C.	Male O/45	0:33:51	12:06:46 AM
48	DROHAN, Noel	West Waterford A.C.	Male O/45	0:33:53	12:06:47 AM
49	DELANEY, John	Marathon Club Of Ireland	Male O/50	0:33:59	12:06:48 AM
50	CALLAGHAN, Micheal	West Waterford A.C.	Male O/45	0:34:08	12:06:50 AM
51	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:34:14	12:06:51 AM
52	KELLY, Richie	West Waterford A.C.	Male O/50	0:34:15	12:06:51 AM
53	CARLIN, Anthony	N/A	Male O/40	0:34:26	12:06:53 AM
54	GAFFNEY, David	N/A	Male O/40	0:34:27	12:06:53 AM
55	CUNNINGHAM, Peter	West Waterford A.C.	Senior Male	0:34:36	12:06:55 AM
56	BARRY, Joe	West Waterford A.C.	Senior Male	0:34:48	12:06:58 AM
57	POWER, Pat	West Waterford A.C.	Male O/50	0:34:50	12:06:58 AM
58	BEHAN, Diane	Waterford A.C.	Female O/45	0:35:06	12:07:01 AM
59	CASEY, Kevin	West Waterford A.C.	Senior Male	0:35:20	12:07:04 AM
60	MORONEY, Tom	West Waterford A.C.	Male O/55	0:35:25	12:07:05 AM
61	LEDINGHAM, Dermot	Youghal A.C.	Male O/50	0:35:45	12:07:09 AM
62	COLEMAN, Thomas	West Waterford A.C.	Male O/45	0:36:02	12:07:12 AM
63	CHIZHIKOVA, Diana	West Waterford A.C.	Female O/35	0:36:03	12:07:13 AM
64	SHALLOE, Triona	West Waterford A.C.	Senior Female	0:36:20	12:07:16 AM
65	O'MAHONEY, Johnny	Youghal A.C.	Male O/50	0:36:24	12:07:17 AM
66	DUNFORD, Pat	West Waterford A.C.	Male O/50	0:37:03	12:07:25 AM
67	BRUNNOCK, Paul	West Waterford A.C.	Male O/45	0:37:04	12:07:25 AM
68	COOGAN, Darren	Garda A.C.	Male O/40	0:37:07	12:07:25 AM
69	ORMONDE, Brian	West Waterford A.C.	Male O/40	0:37:15	12:07:27 AM

70	DONNELLY, Lloyd	N/A	Senior Male	0:37:17	12:07:27 AM
71	TOBIN, Martin	West Waterford A.C.	Male O/50	0:37:26	12:07:29 AM
72	O'DONOGHUE, Donal	Little Island	Male O/45	0:37:31	12:07:30 AM
73	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:37:39	12:07:32 AM
74	FLYNN, Sharon	N/A	Female O/45	0:37:40	12:07:32 AM
75	DRENNAN, Angeline	West Waterford A.C.	Female O/35	0:37:44	12:07:33 AM
76	COFFEY, Brigid	West Waterford A.C.	Female O/45	0:38:06	12:07:37 AM
77	MITCHELL, Paul	Ardmore Road Runners	Male O/40	0:38:16	12:07:39 AM
78	KENNEDY, Claire	West Waterford A.C.	Senior Female	0:38:18	12:07:40 AM
79	BRENT, Emma	Waterford A.C.	Senior Female	0:38:25	12:07:41 AM
80	HIGGINS, Sharon	West Waterford A.C.	Female O/35	0:39:11	12:07:50 AM
81	BURKE, Ray	West Waterford A.C.	Male O/50	0:39:16	12:07:51 AM
82	DROHAN, Eveleen	N/A	Female O/35	0:39:23	12:07:53 AM
83	POWER, Onra	West Waterford A.C.	Female O/50	0:39:24	12:07:53 AM
84	MOORE, Sandra	West Waterford A.C.	Female O/40	0:39:43	12:07:57 AM
85	CASEY, Paul	Skellig Rangers	Senior Male	0:39:44	12:07:57 AM
86	BEGLEY, Padraig	N/A	Male O/40	0:39:52	12:07:58 AM
87	UI CHUIRRIN, Josie	West Waterford A.C.	Female O/50	0:39:53	12:07:59 AM
88	CURRAN, Eamonn	West Waterford A.C.	Male O/40	0:39:54	12:07:59 AM
89	CAREY, Andrew	N/A	Senior Male	0:39:56	12:07:59 AM
90	RYAN, Eamonn	N/A	Senior Male	0:39:57	12:07:59 AM
91	KIELY, Catriona	West Waterford A.C.	Female O/40	0:40:00	12:08:00 AM
92	FLAVIN, Cyril	N/A	Senior Male	0:40:05	12:08:01 AM
93	ORMONDE, Fiona	West Waterford A.C.	Female O/35	0:40:11	12:08:02 AM
94	PROCTOR, Paschal	West Waterford A.C.	Male O/60	0:40:21	12:08:04 AM
95	BREE, Angela	West Waterford A.C.	Female O/40	0:40:33	12:08:07 AM
96	EICHELMAN-DALY, Patrycja	Youghal A.C.	Female O/40	0:40:36	12:08:07 AM
97	WALSH, Eoin	N/A	Senior Male	0:40:54	12:08:11 AM
98	CUNNINGHAM, Michelle	West Waterford A.C.	Senior Female	0:41:00	12:08:12 AM
99	CONWAY, Laura	West Waterford A.C.	Senior Female	0:41:06	12:08:13 AM
100	DONOVAN, Vince	West Waterford A.C.	Male O/55	0:41:08	12:08:14 AM
101	KEATING, Grainne	West Waterford A.C.	Senior Female	0:41:17	12:08:15 AM
102	MURRAY, Serena	N/A	Female O/40	0:41:19	12:08:16 AM
103	COSGRAVE, Padraig	N/A	Senior Male	0:41:26	12:08:17 AM
104	MORRISSEY, Pat	West Waterford A.C.	Male O/45	0:41:28	12:08:18 AM
105	HOULIHAN, Ger	Carrick On Suir A.C.	Female O/50	0:41:44	12:08:21 AM
106	SUPPLE, Michael	N/A	Senior Male	0:41:55	12:08:23 AM
107	POWER, Rose	West Waterford A.C.	Female O/45	0:41:57	12:08:23 AM
108	NUGENT, Sharon	West Waterford A.C.	Female O/35	0:41:59	12:08:24 AM
109	KINSELLA, Rose	N/A	Senior Female	0:42:05	12:08:25 AM
110	WADE, Michael	West Waterford A.C.	Male O/55	0:42:07	12:08:25 AM
111	POPE, Carol	West Waterford A.C.	Female O/40	0:42:10	12:08:26 AM
112	FITZPATRICK, Claire	West Waterford A.C.	Female O/40	0:42:17	12:08:27 AM
113	RUSSELL, Caroline	West Waterford A.C.	Female O/45	0:42:21	12:08:28 AM
114	CONDON, Catherine	West Waterford A.C.	Female O/50	0:42:31	12:08:30 AM
115	MORRISSEY, Maria	N/A	Female O/45	0:42:45	12:08:33 AM
116	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:42:46	12:08:33 AM
117	BARRY, Geraldine (74)	West Waterford A.C.	Female O/40	0:42:51	12:08:34 AM
118	CONWAY, Margaret	West Waterford A.C.	Female O/55	0:42:54	12:08:35 AM
119	COLLIINS, Paula	West Waterford A.C.	Female O/40	0:43:09	12:08:38 AM
120	QUILTY, Liam	Aglish Fit 4 Life	Male O/45	0:43:12	12:08:38 AM
121	DUFFIN, Ciara	West Waterford A.C.	Female O/35	0:43:59	12:08:48 AM
122	GENC, Sue	West Waterford A.C.	Female O/45	0:44:33	12:08:55 AM
123	KEANE, Orna	N/A	Junior Female	0:44:35	12:08:55 AM
124	GOUGH, Jason	West Waterford A.C.	Senior Male	0:44:38	12:08:56 AM
125	BARRY, Geraldine (75)	West Waterford A.C.	Female O/40	0:45:00	12:09:00 AM
126	PHELAN, Niamh	Touranneena Road Runners	Senior Female	0:45:42	12:09:08 AM
127	BRITTON, Maeve	N/A	Senior Female	0:46:24	12:09:17 AM
128	O'CARROLL, Eileen	West Waterford A.C.	Female O/45	0:46:37	12:09:19 AM
129	PRENDERGAST, Gillian	Aglish Fit 4 Life	Female O/40	0:46:53	12:09:23 AM
130	O'BRIEN, Jillian	Aglish Fit 4 Life	Female O/40	0:46:54	12:09:23 AM
131	LANDY-RYAN, Ruth	West Waterford A.C.	Senior Female	0:47:26	12:09:29 AM
132	BURKE, Thomas	N/A	Senior Male	0:47:52	12:09:34 AM
133	BURKE, Tom	West Waterford A.C.	Male O/65	0:47:52	12:09:34 AM
134	RYAN, Tricia	N/A	Female O/40	0:48:41	12:09:44 AM
135	MURRAY, Orna	N/A	Female O/45	0:49:21	12:09:52 AM
136	HALLINAN, Grainne	Touranneena Road Runners	Female O/45	0:49:41	12:09:56 AM
137	REILLY, Olivia	N/A	Female O/40	0:50:17	12:10:03 AM
138	CONNORS, Frances	N/A	Female O/40	0:50:31	12:10:06 AM
139	TOBIN, Kate	Touranneena Road Runners	Female O/45	0:53:57	12:10:47 AM
140	HOGAN, Mary	West Waterford A.C.	Female O/50	0:57:29	12:11:30 AM
141	MOORE, Marie	West Waterford A.C.	Female O/60	0:58:01	12:11:36 AM
142	CONWAY, Noelle	West Waterford A.C.	Female O/60	0:58:02	12:11:36 AM