MTS Broadband Ballinroad 5k Friday 7 April 2017						
PLACE	NAME	TEAM	CAT	TIME	P PER K/M	
1	BLACKWELL, Niall	West Waterford A.C.	Junior Male	0:16:13	03:14.6	
2	ZAKIS, Raivis	West Waterford A.C.	Senior Male	0:16:20	03:16.0	
3	KLAVA, Dzintars	West Waterford A.C.	Male O/40	0:16:36	03:19.2	
4	SHIELS, Conor	Waterford A.C.	Junior Male	0:16:38	03:19.6	
5	O'LEARY, Keviin	East Cork	Senior Male	0:16:47	03:21.4	
6	KENNEALLY, Kevin	West Waterford A.C.	Senior Male	0:16:51	03:22.2	
7	FLYNN, Anthony	West Waterford A.C.	Senior Male	0:17:04	03:24.8	
8	HAYDEN, John	Focus On Fitness	Senior Male	0:17:08	03:25.6	
9	O'FLAHERTY, Nigel	Clonmel A.C.	Male O/40	0:17:12	03:26.4	
10	KINSELLA, Alan	West Waterford A.C.	Senior Male	0:17:15	03:27.0	
11	O'RIORDAN, Cian	Clonmel A.C.	Junior Male	0:17:43	03:32.6	
12	KEOGH, Mossie	West Waterford A.C.	Male O/40	0:17:45	03:33.0	
13	GRANT, Pat	Ferrybank A.C.	Male O/40	0:17:48	03:33.6	
14	CULLEN, Alan	West Waterford A.C.	Male O/40	0:17:49	03:33.8	
15	CROTTY, T.J	N/A	Senior Male	0:17:51	03:34.2	
16	SHALLOE, Mark	West Waterford A.C.	Senior Male	0:17:53	03:34.6	
17	FITZGERALD, Pat	West Waterford A.C.	Senior Male	0:17:56	03:35.2	
18	BENNETT, Tom	N/A	Senior Male	0:18:02	03:36.4	
19	O'ROURKE, John	Tried and Tested	Senior Male	0:18:06	03:37.2	
20	O'RIORDAN, Shane	West Waterford A.C.	Senior Male	0:18:18	03:39.6	
21	HAHESY, Ray	West Waterford A.C.	Male O/50	0:18:19	03:39.8	
22	HENNESSY, Peter	Waterford A.C.	Male O/40	0:18:27	03:41.4	
23	BARRY, Niall	N/A	Senior Male	0:18:28	03:41.6	
24	REILLY, Liam	N/A	Junior Male	0:18:38	03:43.6	
25	DROHAN, Walter	West Waterford A.C.	Male O/40	0:18:45	03:45.0	
26	CONNORS, Jimmy	West Waterford A.C.	Senior Male	0:18:46	03:45.2	
27	FORRISTAL, Sally	St Josephs A.C	Senior Female	0:18:47	03:45.4	
28	RYAN, Billy	West Waterford A.C.	Senior Male	0:18:49	03:45.8	
29	MAHONY, Tomas	West Waterford A.C.	Male O/45	0:18:51	03:46.2	
30	O'CONNOR, Johnny	West Waterford A.C.	Male O/45	0:18:53	03:46.6	
31	MOONEY, Brendan	Focus On Fitness	Male O/45	0:18:54	03:46.8	
32	HOGAN, Alan	West Waterford A.C.	Senior Male	0:18:57	03:47.4	
33	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male O/45	0:18:59	03:47.8	
34	WINDROSS, Mark	Touraneena Road Runners	Male O/40	0:19:01	03:48.2	
35	O'SULLIVAN, John	Balance Fitness	Senior Male	0:19:02	03:48.4	
36	MC KENNA, Aidan	N/A	Junior Male	0:19:05	03:49.0	
37	HOGAN, Tom	West Waterford A.C.	Male O/40	0:19:09	03:49.8	
38	ROCHE, Aine	Clonmel A.C.	Senior Female	0:19:11	03:50.2	
39	O'GORMAN, Richard	Clonmel A.C.	Male O/50	0:19:12	03:50.4	
40	GOUGH, Joe	West Waterford A.C.	Male O/60	0:19:14	03:50.8	
41	JARABEK, Bohus	Clonmel A.C.	Male O/45	0:19:17	03:51.4	
42	DUGGAN, Peter	St Josephs A.C	Male O/45	0:19:19	03:51.8	
43	WHELAN, James	West Waterford A.C.	Male O/40	0:19:19	03:52.8	
44	CLIFFE, Mark	West Waterford A.C.	Senior Male	0:19:27	03:53.4	
45	BATTYE, Ed	Waterford A.C.	Senior Male	0:19:39	03:55.8	
46	CASHIN, Eamonn	West Waterford A.C.	Senior Male	0:19:39	03:56.8	
47	DWYER, Dermot	West Waterford A.C.	Male O/40	0:19:45	03:57.0	
48	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:19:54	03:58.8	
49	TOBIN, Martin	West Waterford A.C.	Male O/50	0:19:56	03:59.2	
50	TIDESWELL, Kealy	Clonmel A.C.	Senior Female	0:20:00	03.39.2	
51	FITZGERALD, Gerry	N/A	Male O/50	0:20:00	04:00.0	
52	PRENDERGAST, Sandra	West Waterford A.C.	Senior Female	0:20:01	04:00.2	
53	FLYNN, Caolan	N/A	Senior Male	0:20:03	04:00.0	
54	LASTE, John	Clonmel A.C.	Male O/50	0:20:10	04:02.0	
55	MORGAN, Louise	Ferrybank A.C.	Female O/35	0:20:12	04:02.4	
55	PIORGAIN, LOUISE	I CITYDAIR A.C.	I CITIBLE U/33	0.20.13	U+.U2.D	

56	DROHAN, Noel	West Waterford A.C.	Male O/45	0:20:17	04:03.4
57	O'MAHONEY, Tony	West Waterford A.C.	Male O/45	0:20:17	04:03.4
58	WALSH, Eoin	Saturday Road Runners	Male O/40	0:20:18	04:03.6
59	CASEY, Kevin	West Waterford A.C.	Senior Male	0:20:24	04:04.8
60	HURNEY, Gary	N/A	Senior Male	0:20:25	04:05.0
61	REILLY, Gerard	N/A	Male O/45	0:20:27	04:05.4
62	DWYER, Cian	West Waterford A.C.	Senior Male	0:20:29	04:05.8
63	BEDELL, Toby	N/A	Male O/45	0:20:31	04:06.2
64	KEANE, Mush	West Waterford A.C.	Senior Male	0:20:43	04:08.6
65	DONNELLY, David	Tried and Tested	Senior Male	0:20:46	04:09.2
66	LEE, Wayne	Waterford A.C.	Male O/40	0:20:53	04:10.6
67	DUGGAN, Darragh	N/A	Senior Male	0:20:54	04:10.8
68	MOORE, Jake	N/A	Junior Male	0:20:56	04:11.2
69	BLACKWELL, Conor	West Waterford A.C.	Male O/45	0:20:30	04:12.2
70	BRUNNOCK, Paul	West Waterford A.C.	Male O/45	0:21:05	04:13.0
71	BURKIN, Johnny	N/A	Senior Male	0:21:05	04:13.0
72	MOLLOY, Mary	Carrick On Suir	Female O/35	0:21:07	04:13.4
73	DWYER, Anthony	West Waterford A.C.	Male O/55	0:21:10	04:14.0
74	MOONEY, Catherine	Focus On Fitness	Female O/40	0:21:10	
75	ORMONDE, Brian	West Waterford A.C.	Male O/40	0:21:12	04:14.4 04:15.0
76	HALLISSEY, Bryan	West Waterford A.C.	Male 0/40 Male 0/40	0:21:15	04:15.0
76	ORGAN, Jamie	N/A	Senior Male		
		Clonmel A.C.		0:21:24	04:16.8
78	ENGLISH, Eamonn	Waterford A.C.	Male O/50 Senior Female	0:21:25	04:17.0
79	HEYLIN, Siobhain			0:21:27	04:17.4
80	GAFFNEY, David	West Waterford A.C.	Male O/40	0:21:36	04:19.2
81	MURRAY, Conor	West Waterford A.C.	Male O/50	0:21:43	04:20.6
82	HAYES, Michael	West Waterford A.C.	Male O/55	0:21:46	04:21.2
83	MC NALLY, David	West Waterford A.C.	Male O/45	0:21:48	04:21.6
84	COLEMAN, Tomas	West Waterford A.C.	Male O/50	0:21:51	04:22.2
0.5	CASTERA BRUGADA, Maria	N1/A	Famala 0/25	0.21.52	04-22.6
85	Angeles	N/A	Female O/35	0:21:53	04:22.6
86	KIELY, Tim	N/A	Male O/40	0:21:55	04:23.0
87	BUENAVENTURA, Ciaran	N/A	Junior Male	0:21:57	04:23.4
88	HAYDEN, Rhona	Focus On Fitness	Senior Female	0:21:57	04:23.4
89	FLAVIN, Laura	West Waterford A.C.	Female O/35	0:22:02	04:24.4
90	BARRY, Joe	West Waterford A.C.	Senior Male	0:22:04	04:24.8
91	CUSACK, Ruairi	N/A	Junior Male	0:22:07	04:25.4
92	MULLALLY, Emmet	N/A	Senior Male	0:22:08	04:25.6
93	GEE, Micheal	N/A	Senior Male	0:22:12	04:26.4
94	BURKE, Ray	West Waterford A.C.	Male O/55	0:22:14	04:26.8
95	CHIZHIKOVA Pierre	N/A	Junior Male	0:22:16	04:27.2
96	CHIZHIKOVA, Diana	West Waterford A.C.	Female O/35	0:22:17	04:27.4
97	PHELAN, Rachel	N/A	Senior Female	0:22:18	04:27.6
98	HURNEY, Laurence	N/A	Senior Male	0:22:28	04:29.6
99	COOGAN, Darren	West Waterford A.C.	Male O/40	0:22:30	04:30.0
100	BURKE, Ciara	West Waterford A.C.	Senior Female	0:22:31	04:30.2
101	PHELAN, Eamonn	N/A	Male O/50	0:22:32	04:30.4
102	CULLINANE, David	N/A	Male O/40	0:22:35	04:31.0
103	LEE, Catriona	West Waterford A.C.	Female O/35	0:22:39	04:31.8
104	CURRAN, Eamonn	West Waterford A.C.	Male O/45	0:22:41	04:32.2
105	O'BRIEN, Jason	N/A	Senior Male	0:22:43	04:32.6
106	DRENNAN, Angeline	West Waterford A.C.	Female O/40	0:22:45	04:33.0
107	FITZERALD, Alice	West Waterford A.C.	Female O/50	0:22:50	04:34.0
108	KENNEDY, Sinead	N/A	Female O/40	0:22:55	04:35.0
109	FLYNN, Sharon	Saturday Road Runners	Female O/50	0:23:01	04:36.2
110	SANDFORD, Martin	N/A	Male O/65	0:23:09	04:37.8
111	KELLEHER, Con	Waterford A.C.	Male O/65	0:23:11	04:38.2

440	WILLIE Dansey	NI/A	C	0.00.11	04.20.2
112	WHITE, Rosanna	N/A	Senior Female	0:23:11	04:38.2
113	BRADATAN, Angela	N/A	Female O/35	0:23:16	04:39.2
114	EVANS, Paul	N/A	Male O/60	0:23:17	04:39.4
115	YOUNG, Shay	West Waterford A.C.	Male O/40	0:23:18	04:39.6
116	MOYA, Emilio	N/A	Senior Male	0:23:20	04:40.0
117	COSGRAVE, Padraig	N/A	Senior Male	0:23:22	04:40.4
118	MURPHY, Graham	N/A	Senior Male	0:23:26	04:41.2
119	MOORE, Sandra	West Waterford A.C.	Female O/40	0:23:29	04:41.8
120	BULLEN, Katie	West Waterford A.C.	Female O/35	0:23:29	04:41.8
121	CUNNINGHAM, Michelle	West Waterford A.C.	Female O/35	0:23:32	04:42.4
122	JACKMAN, Brian	Saturday Road Runners	Male O/45	0:23:33	04:42.6
123	LENIHAN, Mark	West Waterford A.C.	Male O/45	0:23:35	04:43.0
124	O'CHUIRRIN, Micheal	West Waterford A.C.	Male O/55	0:23:38	04:43.6
125	JONES, Orla	N/A	Senior Female	0:23:39	04:43.8
126	FLYNN, Mairead	West Waterford A.C.	Female O/50	0:23:40	04:44.0
127	POWER, Onra	West Waterford A.C.	Female O/50	0:23:41	04:44.2
128	ORMONDE, Fiona	West Waterford A.C.	Female O/35	0:23:48	04:45.6
129	LENIHAN, Emma	N/A	Senior Female	0:23:51	04:46.2
130	CONCANNON, Mick	West Waterford A.C.	Male O/50	0:23:53	04:46.6
131	EICHELMANN-DALY, Patrycja	Youghal A.C.	Female O/40	0:23:54	04:46.8
132	CRONIN, Mike	N/A	Male O/50	0:23:55	04:47.0
133	TIDESWELL, Julie	Clonmel A.C.	Female O/50	0:23:56	04:47.2
134	HARTE, Sinead	Waterford A.C.	Female O/35	0:23:58	04:47.6
135	BEATTY, Brian	West Waterford A.C.	Male O/40	0:24:04	04:48.8
136	NUGENT, Sharon	West Waterford A.C.	Female O/35	0:24:06	04:49.2
137	GAFFENY, Andrea	West Waterford A.C.	Female O/45	0:24:08	04:49.6
138	FENNELL, Una	West Waterford A.C.	Female O/40	0:24:11	04:50.2
139	O'DONOGHUE, Donal	Little Island	Male O/50	0:24:12	04:50.4
140	REGAN, David	West Waterford A.C.	Male O/45	0:24:13	04:50.6
141	PROCTOR, Paschal	West Waterford A.C.	Male O/65	0:24:14	04:50.8
142	CROTTY, Tina	Clonmel A.C.	Female O/40	0:24:15	04:51.0
143	POWER, Owen	West Waterford A.C. West Waterford A.C.	Male O/40	0:24:16	04:51.2
144	GARCIA, Linda	West Waterford A.C.	Female O/40 Senior Male	0:24:17	04:51.4
145	HOGAN, Noel	West Waterford A.C.		0:24:26	04:53.2
146	HOGAN, Nuala		Female O/35	0:24:27	04:53.4
147	FINNIGAN, Michelle CURRAN, Ray	West Waterford A.C. West Waterford A.C.	Female O/45 Male O/50	0:24:27	04:53.4
148	MOORE MORONEY, Nicola			0:24:32	04:54.4
149	QUIGLEY, Audrey	N/A N/A	Female O/35 Female O/40	0:24:34	04:54.8
150 151	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:24:39	04:55.8
151	BEER, Mark	Blackwater A.C.	Male 0/60	0:24:47 0:24:51	04:57.4 04:58.2
152	CUNNINGHAM, Danni	West Waterford A.C.	Junior Female	0:24:51	04:58.2
153	CROWE, Adam	N/A	Senior Male	0:24:58	04:59.2
155	POWER, Emma	N/A	Female O/35	0:24:38	05:00.4
156	CUSACK, Aisling	N/A	Female 0/35	0:25:02	05:00.4
157	COOKE, Kyle	N/A	Junior Male	0:25:07	05:01.4
158	BUENAVENTURA, Jim	N/A	Male O/45	0:25:13	05:02.8
159	CUSACK, Niall	N/A	Male O/40	0:25:17	05:02.6
160	MOORE, Sinead	West Waterford A.C.	Female 0/45	0:25:18	05:03.4
161	TYNAN, Micheal	N/A	Senior Male	0:25:21	05:04.2
162	COLLINS, Liz	N/A	Female O/35	0:25:22	05:04.4
163	MASSEY, Anne	West Waterford A.C.	Female O/45	0:25:22	05:04.4
164	HIGGINS, Sharon	West Waterford A.C.	Female 0/45	0:25:24	05:04.4
165	WALSH, Carol	N/A	Senior Female	0:25:26	05:05.2
166	O'DWYER, Nessa	N/A	Female 0/35	0:25:27	05:05.2
167	RUSSELL, Caroline	West Waterford A.C.	Female 0/45	0:25:28	05:05.4
168	UI CHUIRRIN, Josie	West Waterford A.C.	Female 0/55	0:25:28	05:05.6
100	OT CHOTIVITIN, JUSIC	WCSC WALEHOLD A.C.	i chiale 0/33	0.23.20	0.00.0

LONGAN, Fiona West Waterford A.C. Female Q/45 02:533 05:06.6	160	LONGAN Figure	Woot Waterfeed A.C.	Famela 0/25	0.25.20	05.00.0
171 GOUGH, Sarah N/A Senior Female 0.25:37 05:07.8 172 POPE, Carol West Waterford A.C. Female 0/40 0:25:39 05:07.8 173 O'GORMAN, Paul West Waterford A.C. Female 0/50 0:25:41 05:08.2 174 CONWAY, Margaret West Waterford A.C. Female 0/55 0:25:41 05:08.2 175 G'DONOVAN, Vincent West Waterford A.C. Male 0/55 0:25:41 05:09.4 176 MORRISSEY, Pat West Waterford A.C. Male 0/55 0:25:53 05:10.6 177 WHELAN, Annette N/A Female 0/35 0:25:53 0:510.6 178 DE FAOITE, Sinead West Waterford A.C. Female 0/35 0:25:08 05:11.6 179 BARRY, Geraldine West Waterford A.C. Female 0/35 0:26:08 05:13.6 180 CONNELL, Fiona N/A Senior Female 0.26:22 05:16.4 181 LANE, Grainne West Waterford A.C. Female 0/35 0:26:32 05:16.4 181 CONDON, Catherine West Waterford A.C. Female 0/40 0:26:32 05:18.4 182 CONDON, Catherine West Waterford A.C. Female 0/40 0:26:33 05:19.4 183 CAHILL, Mary West Waterford A.C. Female 0/40 0:26:33 05:19.4 184 LEAHY, Joanne West Waterford A.C. Female 0/40 0:26:33 05:19.4 185 TOBIN, Sophie N/A Female 0/40 0:26:33 05:19.8 186 MANSFIELD, Amanda West Waterford A.C. Female 0/40 0:26:33 05:19.8 187 LENIHAN, Siobhan N/A Female 0/40 0:26:34 05:20.4 188 COLEMAN, Michael West Waterford A.C. Female 0/40 0:26:34 05:20.4 190 DUFFY, Sarah N/A Female 0/45 0:27:11 05:26.2 191 ORMONDE, Gillian N/A Female 0/45 0:27:12 0:52.6 191 ORMONDE, Gillian N/A Female 0/40 0:27:35 0:33.1 191 ORMONDE, Gillian N/A Female 0/40 0:27:35 0:33.1 191 DEEGAN, Michael West Waterford A.C. Female 0/40 0:27:35 0:33.1 192 DUFFY, Sarah N/A Female 0/40 0:27:35 0:33.1 193 DOSTIN, Eda Waterford A.C. Male 0/60 0:27:35 0:33.1 194 WALSH, Marie West Waterford A.C. Male		-				
POPE. Carol West Waterford A.C. Female ()/40 0:25:39 05:07.8		*				
173 O'CORMAN, Paul West Waterford A.C. Male O/50 0:25:40 05:08.2						
174		-		•		
175						
MORRISSEY, Pat West Waterford A.C. Male O/45 0:25:50 05:10.6		·				
178 DE FAOITE, Sinead West Waterford A.C. Female O/35 0:25:53 0:10.6 179 BARRY, Geraldine West Waterford A.C. Female O/40 0:26:16 0:13.5 180 CONNELL, Fiona N/A Senior Female 0:26:22 0:11.6 181 LANE, Grainne N/A Junior Female 0:26:22 0:11.6 182 CONDON, Catherine West Waterford A.C. Female O/45 0:26:32 0:11.8 183 CAHILL, Mary West Waterford A.C. Female O/45 0:26:36 0:51.9 184 LEAHY, Joanne West Waterford A.C. Senior Female 0:26:37 0:51.9 185 TOBIN, Sophie N/A Female O/45 0:26:36 0:51.9 186 MANSTELD, Amanda West Waterford A.C. Senior Female 0:26:37 0:51.9 187 LENIHAN, Siobhan N/A Female O/40 0:26:38 0:51.9 188 COLEMAN, Michael West Waterford A.C. Male O/55 0:26:42 0:20.4 189 DOWLEY, Michael West Waterford A.C. Male O/55 0:26:55 0:52.2 190 BERESFORD, Evelyn West Waterford A.C. Female O/40 0:27:11 0:526.2 191 ORMONDE, Gillian N/A Female O/40 0:27:11 0:526.4 192 DUFFY, Sarah N/A Female O/40 0:27:11 0:526.4 193 COSTIN, Eda N/A Female O/40 0:27:29 0:529.8 194 WALSH, Marie West Waterford A.C. Female O/40 0:27:29 0:529.8 195 DEEGAN, Michael West Waterford A.C. Female O/40 0:27:29 0:529.8 196 MASON, Ita N/A Female O/40 0:27:29 0:533.0 197 MC KEOWN, Martina N/A Female O/40 0:27:29 0:533.0 198 WODS, John N/A Female O/40 0:28:09 0:537.0 198 WODS, John N/A Female O/40 0:28:09 0:537.0 199 BURKE, Peter N/A Senior Male 0:28:09 0:537.8 190 BURKE, Peter N/A Senior Male 0:28:09 0:537.8 191 DEEGAN, Michael West Waterford A.C. Male O/65 0:28:14		-		The state of the s		
178 DE FAOITE, Sinead West Waterford A.C. Female O/45 0.256.08 0.513.6		•				
179 BARRY, Geraldine West Waterford A.C. Female O/40 0:26:16 05:15.2						
1810 CONNELL, Fiona N/A Senior Female 0:26:22 05:16.4				•		
181 LANE, Grainne N/A						
182		•				
183		•	•			
LEAHY, Joanne						
TOBIN, Sophie N/A						
186						
187						
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206 AHEARNE, Dermot N/A Male O/45 0:28:39 05:43.8 207 O'RIORDAN, Jennifer West Waterford A.C. Female O/35 0:28:48 05:45.6 208 REILLY, Olivia West Waterford A.C. Female O/40 0:28:50 05:46.0 209 COOKE, Lisa N/A Senior Female 0:29:11 05:50.2 210 BURKE, Tom West Waterford A.C. Male O/65 0:29:17 05:51.4 211 SANDFORD, Liam West Waterford A.C. Male O/60 0:29:18 05:51.6 212 POWER, Moya West Waterford A.C. Female O/35 0:29:45 05:57.0 213 HAYES, Lorraine N/A Female O/35 0:29:45 05:57.2 214 MC GRATH, Joanie West Waterford A.C. Female O/45 0:29:47 05:57.2 214 MC GRATH, Joanie West Waterford A.C. Female O/45 0:29:51 05:58.2 216 FULLER BUCKLEY, Brigid Blackwater A.C. Female O/45 0:29:52 05:58.4 21						
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211 SANDFORD, Liam West Waterford A.C. Male O/60 0:29:18 05:51.6 212 POWER, Moya West Waterford A.C. Female O/35 0:29:45 05:57.0 213 HAYES, Lorraine N/A Female O/35 0:29:46 05:57.2 214 MC GRATH, Joanie West Waterford A.C. Female O/45 0:29:47 05:57.4 215 O'RIORDAN, Fiona West Waterford A.C. Female O/55 0:29:51 05:58.2 216 FULLER BUCKLEY, Brigid Blackwater A.C. Female O/45 0:29:52 05:58.4 217 FOGARTY, Christine N/A Female O/35 0:30:02 06:00.4 218 LINNEEN, Anne Marie Blackwater A.C. Female O/35 0:30:05 06:01.0 219 O'FLYNN, Anne Marie Touraneena Road Runners Female O/45 0:30:10 06:02.0 220 BARRY, Angela West Waterford A.C. Female O/45 0:30:13 06:02.6 221 MURRAY, Orna N/A Female O/45 0:30:24 06:04.8						
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223 FOLEY, Maria N/A Female O/35 0:30:32 06:06.4 224 LANE, Anne N/A Female O/45 0:30:32 06:06.4			-			
224 LANE, Anne N/A Female O/45 0:30:32 06:06.4			-			
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225 HAHESY, Deirdre West Waterford A.C. Female O/45 0:30:33 06:06.6		•				
	225	HAHESY, Deirdre	West Waterford A.C.	Female O/45	0:30:33	06:06.6

226	O'CARROLL, Eileen	N/A	Female O/50	0:30:41	06:08.2
227	WALSH, Mary	Touraneena Road Runners	Female O/50	0:30:43	06:08.6
228	COSGRAVE, Vanessa	N/A	Female O/35	0:30:45	06:09.0
229	LENNIHAN, Tommy	West Waterford A.C.	Male O/55	0:30:53	06:10.6
230	DUFFIN, Ciara	West Waterford A.C.	Female O/35	0:31:00	06:12.0
231	CULLINANE, Tricia	West Waterford A.C.	Female O/35	0:31:08	06:13.6
232	BARRY, Geraldine (75)	West Waterford A.C.	Female O/40	0:31:09	06:13.8
233	BURKE, Kevin	N/A	Senior Male	0:31:10	06:14.0
234	RYAN, Una	West Waterford A.C.	Female O/40	0:31:10	06:14.0
235	O'KEEFFE, Linda	Blackwater A.C.	Female O/35	0:31:10	06:14.2
236	MORRISSEY, Deirdre	N/A	Female O/35	0:31:11	06:14.6
237	KEARNEY, Nicola	N/A	Senior Female	0:31:13	06:14.8
238	MULHALL, Lisa	N/A	Female O/40	0:31:14	06:16.4
239	CAHILL, Niamh	N/A	Senior Female	0:31:38	06:19.6
240	CASEY, Deirdre	N/A	Female O/35	0:31:43	06:20.6
241	CUNIFFE, Nicolla	West Waterford A.C.	Female O/40	0:31:48	06:21.6
		West Waterford A.C.	Female 0/55		
242 243	SHEIL, Jacinta FLYNN, Melanie	N/A	Senior Female	0:31:50 0:31:51	06:22.0 06:22.2
		-			
244	SHANAHAN, Elaine	N/A	Female O/40	0:32:17	06:27.4
245	CLIFFE, Martina	Blackwater A.C.	Female O/50	0:32:17	06:27.4
246	REGAN, Anne Marie	N/A	Female 0/45	0:32:43	06:32.6
247	MOORE, Marie	West Waterford A.C.	Female O/60	0:32:51	06:34.2
248	FLEMING, Leisa	N/A	Female O/40	0:32:59	06:35.8
249	WINDROSS, Laura	West Waterford A.C.	Female O/40	0:33:01	06:36.2
250	RIORDAN, Mary	N/A	Female O/40	0:33:14	06:38.8
251	DONNELLY, Michelle	N/A	Female O/35	0:33:19	06:39.8
252	FOLEY, Eleanor	N/A	Female O/45	0:33:22	06:40.4
253	HARTY, Philip	N/A	Senior Male	0:33:24	06:40.8
254	MURRAY, Marita	N/A	Female O/35	0:33:25	06:41.0
255	DWANE, Francis	N/A	Male O/50	0:33:26	06:41.2
256	WALSH, Myra	N/A	Female O/55	0:33:27	06:41.4
257	CONWAY, Noelle	West Waterford A.C.	Female O/60	0:33:28	06:41.6
258	FITZGERALD, Aideen	N/A	Female O/50	0:33:47	06:45.4
259	CASEY, Paul	N/A	Senior Male	0:33:48	06:45.6
260	O'ROURKE, Madison	West Waterford A.C.	Senior Female	0:33:52	06:46.4
261	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:34:13	06:50.6
262	O'ROURKE, Lorraine	West Waterford A.C.	Female O/50	0:34:15	06:51.0
263	HYSLOP, Fabiola	N/A	Female O/35	0:34:15	06:51.0
264	CROTTY, Mary	N/A	Female O/45	0:34:16	06:51.2
265	MC CARTHY, Lisa	Blackwater A.C.	Senior Female	0:34:16	06:51.2
266	NICELL, Hilda	Active Works C25K	Female O/40	0:34:17	06:51.4
267	MC CORMACK, Nicola	Blackwater A.C.	Senior Female	0:34:23	06:52.6
268	AHEARNE, Aisling	N/A	Senior Female	0:34:24	06:52.8
269	BARRON, Martina	West Waterford A.C.	Female O/40	0:34:29	06:53.8
270	DUNFORD, Noelle	N/A	Senior Female	0:34:54	06:58.8
271	FLYNN, Claire	N/A	Senior Female	0:34:56	06:59.2
272	RAHER, Michelle	N/A	Female O/40	0:34:57	06:59.4
273	FITZGERALD, Vivienne	N/A	Senior Female	0:35:06	07:01.2
274	HOGAN, Mary	West Waterford A.C.	Female O/50	0:35:07	07:01.4
275	GOONAN, Honor	Touraneena Road Runners	Female O/35	0:35:32	07:06.4
276	POWER, Mary	N/A	Female O/45	0:35:55	07:11.0
277	VEALE, Myra	N/A	Female O/55	0:46:00	09:12.0