

Clashmore 5k 2018

Place	Name	Team	Catego	Time	Pace per	Entry
1	LEDINGHAM, James	Kilkenny City Harriers	SM	0:15:56	05:07.6	139
2	LEARY, Kevin	East Cork	SM	0:16:17	05:14.4	35
3	ZAKIS, Raivis	West Waterford A.C.	SM	0:16:54	05:26.3	134
4	HENNESSY, Pat	West Waterford A.C.	SM	0:17:16	05:33.3	133
5	FLEET, Andy	West Waterford A.C.	SM	0:17:20	05:34.6	81
6	KEOGH, Mossie	West Waterford A.C.	M40	0:17:32	05:38.5	136
7	HOGAN, Alan	West Waterford A.C.	SM	0:17:53	05:45.2	95
8	KITSON, Jack	Waterford A.C.	SM	0:17:56	05:46.2	202
9	HOGAN, Steve	Waterford A.C.	SM	0:18:14	05:52.0	162
10	CULLEN, Alan	West Waterford A.C.	M40	0:18:20	05:53.9	178
11	HAHESY, Ray	West Waterford A.C.	M50	0:18:30	05:57.2	26
12	DROHAN, Walter	West Waterford A.C.	M40	0:18:46	06:02.3	94
13	WHELAN, James	West Waterford A.C.	M40	0:18:51	06:03.9	60
14	SALMON, Joe	West Waterford A.C.	M45	0:18:54	06:04.9	99
15	O'LOUGHLIN, Gerard	N/A	M45	0:19:04	06:08.1	174
16	CLIFFE, Mark	West Waterford A.C.	SM	0:19:36	06:18.4	153
17	STILWELL, Sean	West Waterford A.C.	SM	0:19:45	06:21.3	149
18	CHIZHIKOV, Yevgeniy	West Waterford A.C.	M45	0:19:49	06:22.6	65
19	KELLY, Joe	West Waterford A.C.	M45	0:19:53	06:23.9	31
20	GLEESON, Cathal E.	West Waterford A.C.	M40	0:19:57	06:25.1	191
21	RYAN, Dermot	West Waterford A.C.	M40	0:19:57	06:25.1	135
22	KENNEDY, Pdraig	N/A	SM	0:20:08	06:28.7	80
23	BLOCKI, Damien	West Waterford A.C.	SM	0:20:12	06:30.0	172
24	BARBER, Alana	West Waterford A.C.	SF	0:20:13	06:30.3	173
25	PRENDERGAST, Emmett	Clonmel A.C.	SM	0:20:15	06:30.9	198
26	HOGAN, Tom	West Waterford A.C.	M40	0:20:16	06:31.3	187
27	REGAN, Jonathan	N/A	SM	0:20:17	06:31.6	155
28	MURPHY, Kieran	St. Catherines	M40	0:20:31	06:36.1	184
29	O'LEARY, Ted	West Waterford A.C.	M45	0:20:33	06:36.7	152
30	CASHMAN, John	Midleton A.C.	M50	0:20:34	06:37.1	141
31	KENNEALLY, Julie	Youghal A.C.	SF	0:20:37	06:38.0	32
32	O'REGAN, Eddie	Youghal A.C.	M55	0:20:38	06:38.3	100
33	HOGAN, John Paul	West Waterford A.C.	SM	0:21:07	06:47.7	159
34	ILSLEY, Ron	N/A	M55	0:21:10	06:48.6	143
35	TOBIN, Martin	West Waterford A.C.	M50	0:21:13	06:49.6	55
36	CASEY, Kevin	West Waterford A.C.	SM	0:21:16	06:50.6	7
37	TWOMEY, Bill	N/A	SM	0:21:19	06:51.5	147
38	ILSLEY, Stephanie	N/A	F50	0:21:28	06:54.4	145
39	DWYER, Anthony	West Waterford A.C.	M55	0:21:30	06:55.1	20
40	GOSS, Frank	St. Catherines	M45	0:21:35	06:56.7	170
41	KAVANAGH, Liam	West Waterford A.C.	M55	0:21:37	06:57.3	131
42	MURRAY, Conor	West Waterford A.C.	M50	0:21:39	06:58.0	37
43	FITZGERALD, Liam	West Waterford A.C.	M45	0:21:49	07:01.2	23
44	DROHAN, Eveleen	West Waterford A.C.	F40	0:21:50	07:01.5	19
45	NYHAN, Mark	Grange/Fermoy A.C.	M50	0:21:56	07:03.4	167
46	O'MAHOONEY, Tony	West Waterford A.C.	M50	0:22:01	07:05.1	42
47	KENNEDY, Sean	N/A	SM	0:22:02	07:05.4	109
48	O'CALLAGHAN, Declan	West Waterford A.C.	M40	0:22:12	07:08.6	44
49	DUDEK, Stan	N/A	SM	0:22:22	07:11.8	150
50	CLINCE, Liam	West Waterford A.C.	M55	0:22:25	07:12.8	9
51	CONCANNON, Mick	West Waterford A.C.	M55	0:22:33	07:15.4	193
52	BRUNNOCK, Paul	West Waterford A.C.	M50	0:22:43	07:18.6	146
53	O'MAHOONEY, Declan	N/A	M40	0:22:46	07:19.5	137
54	DWYER, Tony	West Waterford A.C.	JM	0:22:46	07:19.5	138
55	O'MAHOONY, Sylvie	Youghal A.C.	M55	0:22:52	07:21.5	175
56	FITZGERALD, Alice	West Waterford A.C.	F50	0:22:56	07:22.8	161
57	BUDDS, Liam	N/A	M40	0:22:58	07:23.4	199
58	HOGAN, Noel	West Waterford A.C.	M40	0:23:00	07:24.0	168

59	CHIZHIKOVA, Diana	West Waterford A.C.	F35	0:23:05	07:25.6	66
60	DRENNAN, Angeline	West Waterford A.C.	F40	0:23:09	07:26.9	18
61	COLLINS, Pat	N/A	M50	0:23:10	07:27.3	190
62	COFFEY, Brigid	West Waterford A.C.	F45	0:23:12	07:27.9	119
63	FOLEY, Linda	West Waterford A.C.	SF	0:23:14	07:28.5	151
64	NI FHAOLAIN, Sinead	West Waterford A.C.	SF	0:23:21	07:30.8	39
65	MESKELL, Kate	West Waterford A.C.	SF	0:23:26	07:32.4	82
66	PRENDERGAST, Bernie	West Waterford A.C.	F50	0:23:27	07:32.7	120
67	POWER, Onra	West Waterford A.C.	F50	0:23:32	07:34.3	50
68	BUCKLEY, Mark	N/A	SM	0:23:35	07:35.3	79
69	NUGENT, Sharon	West Waterford A.C.	F35	0:23:40	07:36.9	40
70	DOHERTY, Debra	West Waterford A.C.	F35	0:23:42	07:37.6	17
71	O'DONOGHUE, Donal	Little Island	M50	0:23:54	07:41.4	47
72	LEE, Catriona	West Waterford A.C.	F35	0:23:55	07:41.7	114
73	FOLEY, Mary	N/A	SF	0:24:03	07:44.3	200
74	WALL, Claire	West Waterford A.C.	F35	0:24:04	07:44.6	188
75	KENNEALLY, Eoin	N/A	SM	0:24:09	07:46.2	34
76	O'CONNOR, Brendan	N/A	SM	0:24:21	07:50.1	160
77	MOORE, Sandra	West Waterford A.C.	F45	0:24:30	07:53.0	87
78	VERLING, Cait	West Waterford A.C.	F40	0:24:33	07:54.0	61
79	SHALLOE, Kelly	West Waterford A.C.	F35	0:24:42	07:56.9	180
80	O'BRIEN, Paul	Youghal A.C.	M50	0:24:47	07:58.5	229
81	LEDINGHAM, Dermot	Youghal A.C.	M55	0:24:48	07:58.8	169
82	MASSEY, Anne	West Waterford A.C.	F45	0:24:49	07:59.1	132
83	LYONS, Kieran	N/A	M40	0:25:01	08:03.0	177
84	MOYNIHAN, Micheal	West Waterford A.C.	M55	0:25:03	08:03.6	148
85	NICOLAY, Cate	Armagh A.C.	F35	0:25:07	08:04.9	72
86	MC GEE, Vicki	Youghal A.C.	F40	0:25:09	08:05.6	203
87	BULLEN, Katie	West Waterford A.C.	F35	0:25:19	08:08.8	5
88	FITZGERALD, Molly	West Waterford A.C.	F45	0:25:20	08:09.1	22
89	SHEEHAN, Billy	N/A	M40	0:25:21	08:09.4	158
90	GAFFNEY, Andrea	West Waterford A.C.	F45	0:25:22	08:09.7	103
91	NOCTOR, Jenny	N/A	F40	0:25:25	08:10.7	205
92	CROWLEY, Hazel	West Waterford A.C.	F35	0:25:31	08:12.6	171
93	FOLEY, Timmy	N/A	M55	0:25:34	08:13.6	176
94	NI FHOGHLU, Grainne	N/A	F40	0:25:34	08:13.6	228
95	FLYNN, Mairead	West Waterford A.C.	F50	0:25:38	08:14.9	25
96	EICHELHANN-DALY, Patrycja	West Waterford A.C.	F40	0:25:58	08:21.3	15
97	WADE, Michael	West Waterford A.C.	M55	0:26:00	08:22.0	77
98	O'REILLY, Breda	N/A	F40	0:26:08	08:24.5	230
99	POWER, Rose	West Waterford A.C.	F45	0:26:13	08:26.1	62
100	MORRISSON, John	St. Catherines	M45	0:26:22	08:29.0	83
101	TUTTY, Vincent	West Waterford A.C.	M50	0:26:25	08:30.0	154
102	O'CONNOR, Gerry	West Waterford A.C.	M55	0:26:33	08:32.6	197
103	O'CONNOR, Karen	N/A	F35	0:26:35	08:33.2	78
104	KELLY, Christopher	West Waterford A.C.	M50	0:26:42	08:35.5	233
105	COAKLEY, Michael	West Waterford A.C.	M50	0:26:46	08:36.8	140
106	NOCTOR, Ian	N/A	M45	0:26:48	08:37.4	204
107	KINSELLA, Rose	N/A	F35	0:26:53	08:39.0	232
108	CONWAY, Margaret	West Waterford A.C.	F50	0:26:55	08:39.7	12
109	WHELAN, Margaret	West Waterford A.C.	F50	0:27:17	08:46.7	84
110	HAYES, Jillian	West Waterford A.C.	F35	0:27:25	08:49.3	28
111	PRENDERGAST, Gillian	Clonmel A.C.	F35	0:27:31	08:51.2	231
112	KEOGH, Catherine	Youghal A.C.	F35	0:28:29	09:09.9	110
113	REILLY, Olivia	West Waterford A.C.	F40	0:28:42	09:14.1	52
114	BERESFORD, Evelyn	West Waterford A.C.	F45	0:28:59	09:19.6	4
115	KEATING, Marie	Touraneena Road Runners	SF	0:29:00	09:19.9	194
116	LENIHAN, Tommy	West Waterford A.C.	M55	0:29:20	09:26.3	67
117	BRITTON, Maeve	N/A	SF	0:29:26	09:28.3	201
118	BURKE, Gayle	N/A	SF	0:29:33	09:30.5	107
119	WALSH, Mary	Touraneena Road Runners	F50	0:29:45	09:34.4	59

120	CURRAN, Eamonn	West Waterford A.C.	M45	0:29:52	09:36.6	195
121	RYAN, Denis	West Waterford A.C.	SM	0:29:53	09:36.9	54
122	POWER HICKEY, Therese	West Waterford A.C.	F35	0:30:03	09:40.2	30
123	HALLINAN, Esther	Touraneena Road Runners	F45	0:30:42	09:52.7	196
124	MURRAY, Marita	West Waterford A.C.	F35	0:30:54	09:56.6	121
125	O'LEARY, Tina	N/A	SF	0:30:58	09:57.9	105
126	O'LEARY, David	West Waterford A.C.	M40	0:31:17	10:04.0	102
127	MURPHY, Elaine	West Waterford A.C.	F35	0:31:25	10:06.5	98
128	TUTTY, Mary	West Waterford A.C.	F40	0:31:25	10:06.5	92
129	VEALE, Trish	N/A	F45	0:32:25	10:25.9	192
130	HALLINAN, Grainne	Touraneena Road Runners	F45	0:32:26	10:26.2	1
131	COTTER, Una	West Waterford A.C.	F50	0:32:56	10:35.8	181
132	DWYER, Liam	N/A	M55	0:32:57	10:36.2	179
133	MURPHY, Lorna	N/A	SF	0:33:25	10:45.2	108
134	WALSH, Tina	N/A	SM	0:34:14	11:00.9	104
135	MORRISSEY, Dearbhla	N/A	F40	0:40:15	12:57.1	73
136	TUTTY, Stephen	N/A	M55	0:40:15	12:57.1	75