

Deise College Dungarvan 10K 19/03/2017

| Pos. | Bib # | First Name | Last name | Club | Gender | Category | Pace | Time |
|------|-------|------------|--------------|--------------------|--------|----------|----------|----------|
| 1 | 11 | David | Mansfield | Clonliffe Harriers | M | Snr | 00:05:08 | 00:31:52 |
| 2 | 27 | Damian | Murphy | West Waterford AC | M | Snr | 00:05:18 | 00:32:51 |
| 3 | 147 | Noel | Murphy | Waterford AC | M | Snr | 00:05:26 | 00:33:41 |
| 4 | 14 | Eoin | Lyons | Ferrybank AC | M | Snr | 00:05:30 | 00:34:07 |
| 5 | 58 | Anthony | Flynn | West Waterford AC | M | Snr | 00:05:41 | 00:35:14 |
| 6 | 75 | Warren | Roche | Ferrybank AC | M | Snr | 00:05:45 | 00:35:37 |
| 7 | 38 | Colm | Costello | Brothers Pearce | M | O/40 | 00:05:47 | 00:35:53 |
| 8 | 10 | Mossie | Keogh | West Waterford AC | M | O/40 | 00:05:51 | 00:36:17 |
| 9 | 126 | Kevin | Kenneally | West Waterford AC | M | Snr | 00:05:54 | 00:36:35 |
| 10 | 53 | Dermot | Ryan | West Waterford AC | M | O/40 | 00:05:56 | 00:36:47 |
| 11 | 151 | Mark | Langford | Waterford AC | M | O/35 | 00:06:02 | 00:37:26 |
| 12 | 108 | John | O' Rourke | Tried & Tested TC | M | O/35 | 00:06:04 | 00:37:36 |
| 13 | 16 | Sally | Foristal | St. Joesephs | F | Snr | 00:06:08 | 00:37:59 |
| 14 | 28 | Pat | Grant | Ferrybank AC | M | O/35 | 00:06:08 | 00:38:00 |
| 15 | 25 | Tom | Bennett | Individual | M | O/35 | 00:06:08 | 00:38:03 |
| 16 | 129 | Pat | Fitzgerald | West Waterford AC | M | O/35 | 00:06:09 | 00:38:10 |
| 17 | 22 | Jason | Travers | West Waterford AC | M | O/40 | 00:06:11 | 00:38:18 |
| 18 | 139 | Enda | Donnelly | Individual | M | O/40 | 00:06:13 | 00:38:31 |
| 19 | 77 | Shane | O' Riordan | West Waterford AC | M | Jnr | 00:06:15 | 00:38:45 |
| 20 | 63 | Ray | Haahesy | West Waterford AC | M | O/50 | 00:06:20 | 00:39:16 |
| 21 | 71 | Niall | Barry | Tried & Tested TC | M | O/35 | 00:06:23 | 00:39:37 |
| 22 | 155 | Alan | Cullen | West Waterford AC | m | O/40 | 00:06:25 | 00:39:44 |
| 23 | 65 | Yev | Chizikov | West Waterford AC | M | O/45 | 00:06:25 | 00:39:45 |
| 24 | 29 | Tom | Leahy | West Waterford AC | M | O/35 | 00:06:26 | 00:39:54 |
| 25 | 31 | John | O' Sullivan | Balance Fitness | M | O/35 | 00:06:28 | 00:40:07 |
| 26 | 21 | James | Whelan | West Waterford AC | M | O/40 | 00:06:31 | 00:40:26 |
| 27 | 111 | Jacob | Kramer | Individual | M | Snr | 00:06:38 | 00:41:07 |
| 28 | 120 | Dan | Kirby | Individual | M | Snr | 00:06:39 | 00:41:12 |
| 29 | 40 | Kate | Veale | West Waterford AC | F | Snr | 00:06:40 | 00:41:21 |
| 30 | 92 | Francisco | Granell | Individual | M | O/45 | 00:06:42 | 00:41:33 |
| 31 | 1 | Gerry | Cantwell | West Waterford AC | M | O/55 | 00:06:44 | 00:41:47 |
| 32 | 152 | Dermot | Dwyer | West Waterford AC | M | O/40 | 00:06:45 | 00:41:50 |
| 33 | 9 | Ron | Isley | Individual | M | O/55 | 00:06:50 | 00:42:21 |
| 34 | 101 | Sinead | Brannigan | Waterford AC | F | Snr | 00:06:52 | 00:42:32 |
| 35 | 37 | John | Cashman | Midelton AC | M | O/50 | 00:06:54 | 00:42:45 |
| 36 | 160 | Ed | Battye | Waterford AC | M | Snr | 00:06:54 | 00:42:47 |
| 37 | 102 | Kevin | Casey | West Waterford AC | M | O/35 | 00:06:57 | 00:43:04 |
| 38 | 104 | Mark | Cliffe | West Waterford AC | M | O/35 | 00:06:57 | 00:43:06 |
| 39 | 20 | Louise | Morgan | Ferrybank AC | F | O/35 | 00:07:02 | 00:43:36 |
| 40 | 140 | Mush | Keane | West Waterford AC | M | O/35 | 00:07:02 | 00:43:39 |
| 41 | 121 | John | Downey | West Waterford AC | M | O/45 | 00:07:05 | 00:43:54 |
| 42 | 76 | Tom | Hogan | West Waterford AC | M | O/40 | 00:07:06 | 00:43:59 |
| 43 | 95 | Martin | Tobin | West Waterford AC | M | O/50 | 00:07:08 | 00:44:14 |
| 44 | 145 | Caolan | Flynn | Individual | M | Snr | 00:07:09 | 00:44:18 |
| 45 | 13 | Ken | Dickinson | Focus on Fitness | M | Snr | 00:07:11 | 00:44:31 |
| 46 | 15 | John | Tierney | Waterford AC | M | O/45 | 00:07:14 | 00:44:52 |
| 47 | 56 | Toby | Bedell | Individual | M | O/45 | 00:07:15 | 00:44:55 |
| 48 | 83 | Tony | O' Mahony | West Waterford AC | M | O/45 | 00:07:16 | 00:45:03 |
| 49 | 24 | Stephanie | Johnson | Individual | F | O/45 | 00:07:18 | 00:45:13 |
| 50 | 128 | Declan | O' Callaghan | West Waterford AC | M | O/40 | 00:07:21 | 00:45:33 |
| 51 | 91 | Catherine | Henley | Individual | F | Jnr | 00:07:25 | 00:46:00 |
| 52 | 144 | Laura | Flavin | West Waterford AC | F | O/35 | 00:07:26 | 00:46:05 |

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| 53 | 105 | Cathal | Gleeson | West Waterford AC | M | O/40 | 00:07:26 | 00:46:07 |
| 54 | 32 | George | Bulman | Youghal AC | M | O/55 | 00:07:28 | 00:46:16 |
| 55 | 115 | Davy | Tobin | West Waterford AC | M | O/55 | 00:07:31 | 00:46:37 |
| 56 | 122 | Ger | Nolan | Waterford TC | M | O/50 | 00:07:36 | 00:47:09 |
| 57 | 161 | Johnny | Burken | West Waterford AC | M | Snr | 00:07:40 | 00:47:29 |
| 58 | 57 | Michael | Hayes | West Waterford AC | M | O/55 | 00:07:42 | 00:47:42 |
| 59 | 146 | Evelyn | Drohan | Individual | F | O/35 | 00:07:42 | 00:47:47 |
| 60 | 159 | Jim | Barry | West Waterford AC | M | O/40 | 00:07:43 | 00:47:51 |
| 61 | 81 | Fergal | Connolly | West Waterford AC | M | O/45 | 00:07:44 | 00:47:56 |
| 62 | 113 | Catherina | Lee | West Waterford AC | F | O/35 | 00:07:45 | 00:48:03 |
| 63 | 134 | Brigid | Coffey | Individual | F | O/45 | 00:07:45 | 00:48:03 |
| 64 | 148 | Jane | Murphy | Waterford AC | F | Snr | 00:07:46 | 00:48:08 |
| 65 | 70 | Eanna | Farrell | Crusaders | M | O/35 | 00:07:49 | 00:48:26 |
| 66 | 41 | John | Leonard | Individual | M | O/50 | 00:07:50 | 00:48:36 |
| 67 | 117 | Angeline | Drennan | West Waterford AC | F | O/40 | 00:07:51 | 00:48:40 |
| 68 | 118 | Darren | Coogan | West Waterford AC | M | O/40 | 00:07:54 | 00:49:02 |
| 69 | 130 | Jamie | Organ | Individual | M | Snr | 00:07:55 | 00:49:06 |
| 70 | 12 | Joe | O' Rourke | West Waterford AC | M | O/50 | 00:07:55 | 00:49:07 |
| 71 | 2 | Brian | O' Reilly | Clonmel AC | M | O/40 | 00:07:58 | 00:49:24 |
| 72 | 69 | Sharon | Nugent | West Waterford AC | F | O/35 | 00:07:59 | 00:49:29 |
| 73 | 142 | Eamonn | Curran | West Waterford AC | M | O/45 | 00:07:59 | 00:49:32 |
| 74 | 67 | Diana | Chizikova | West Waterford AC | F | O/35 | 00:08:02 | 00:49:50 |
| 75 | 72 | Micheal | O' Cuirrin | West Waterford AC | M | O/55 | 00:08:02 | 00:49:50 |
| 76 | 35 | Tom | McCaul | Youghal AC | M | O/45 | 00:08:03 | 00:49:56 |
| 77 | 124 | Sandra | Moore | West Waterford AC | M | O/40 | 00:08:04 | 00:50:02 |
| 78 | 78 | Pauline | Hartley | Individual | F | O/35 | 00:08:12 | 00:50:51 |
| 79 | 156 | Gerry | O' Connor | West Waterford AC | M | O/50 | 00:08:13 | 00:50:59 |
| 80 | 125 | Roseanna | White | Individual | F | Snr | 00:08:14 | 00:51:02 |
| 81 | 94 | Liam | Dwyer | Individual | M | O/55 | 00:08:20 | 00:51:37 |
| 82 | 141 | Onra | Power | West Waterford AC | F | O/50 | 00:08:22 | 00:51:53 |
| 83 | 112 | Katie | Bullen | West Waterford AC | F | O/35 | 00:08:26 | 00:52:15 |
| 84 | 59 | Mairead | Flynn | West Waterford AC | F | O/50 | 00:08:27 | 00:52:21 |
| 85 | 7 | Clodagh | O' Meara | Tramore AC | F | O/35 | 00:08:29 | 00:52:38 |
| 86 | 138 | Michelle | Finnegan | West Waterford AC | F | O/45 | 00:08:34 | 00:53:05 |
| 87 | 18 | Catriona | Kiely | West Waterford AC | F | O/45 | 00:08:36 | 00:53:18 |
| 88 | 98 | Paschal | Proctor | West Waterford AC | M | O/55 | 00:08:39 | 00:53:36 |
| 89 | 19 | Linda | Garcia | West Waterford AC | F | O/40 | 00:08:39 | 00:53:40 |
| 90 | 143 | Eoghan | Power | West Waterford AC | M | O/40 | 00:08:41 | 00:53:53 |
| 91 | 68 | Arthur | Chizikov | West Waterford AC | M | Jnr | 00:08:44 | 00:54:07 |
| 92 | 154 | Nuala | Hogan | West Waterford AC | F | O/35 | 00:08:45 | 00:54:14 |
| 93 | 157 | Margaret | Power | West Waterford AC | F | O/55 | 00:08:45 | 00:54:18 |
| 94 | 99 | Debra | Doherty | Individual | F | Snr | 00:08:46 | 00:54:22 |
| 95 | 123 | John | Foley | West Waterford AC | M | O/55 | 00:08:49 | 00:54:41 |
| 96 | 30 | Rosie | Stapleton | Individual | F | O/35 | 00:08:56 | 00:55:20 |
| 97 | 153 | Emma | Power | Individual | F | O/35 | 00:08:56 | 00:55:25 |
| 98 | 158 | Caroline | Russel | West Waterford AC | F | O/45 | 00:08:58 | 00:55:38 |
| 99 | 127 | Siobhain | Lenihan | Individual | F | O/45 | 00:09:04 | 00:56:12 |
| 100 | 3 | Breda | O' Reilly | Malin AC | F | O/35 | 00:09:04 | 00:56:12 |
| 101 | 49 | Sophie | Tobin | Individual | F | O/40 | 00:09:15 | 00:57:19 |
| 102 | 135 | Denise | Conway | West Waterford AC | F | Snr | 00:09:18 | 00:57:42 |
| 103 | 97 | Sharon | Higgins | West Waterford AC | F | O/35 | 00:09:18 | 00:57:42 |
| 104 | 136 | Margaret | Conway | West Waterford AC | F | O/55 | 00:09:18 | 00:57:42 |
| 105 | 44 | Juani | Robles | Individual | F | O/45 | 00:09:21 | 00:57:59 |
| 106 | 52 | Donal | O' Donoghue | Individual | M | O/50 | 00:09:27 | 00:58:34 |
| 107 | 107 | Caroline | O'Leary | Individual | F | Snr | 00:09:32 | 00:59:09 |

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| 108 | 82 | Joanne | Leahy | West Waterford AC | F | Snr | 00:09:33 | 00:59:15 |
| 109 | 100 | Evelyn | Beresford | Individual | F | O/45 | 00:09:33 | 00:59:15 |
| 110 | 45 | Honor | Roddy | Individual | F | O/35 | 00:09:34 | 00:59:16 |
| 111 | 93 | Sarah | Duffy | Individual | F | O/35 | 00:09:34 | 00:59:16 |
| 112 | 36 | Grainne | Lane | Individual | F | Jnr | 00:09:37 | 00:59:40 |
| 113 | 64 | Joanie | Mcgrath | West Waterford AC | F | O/45 | 00:09:41 | 01:00:02 |
| 114 | 106 | Olivia | Blackett | Individual | F | Snr | 00:10:19 | 01:04:00 |
| 115 | 60 | Mary | Walsh | Tournena Road Runners | F | O/50 | 00:10:27 | 01:04:50 |
| 116 | 109 | Christine | Fogarty | Individual | F | O/35 | 00:10:41 | 01:06:17 |
| 117 | 61 | Deirdre | Hahey | West Waterford AC | F | O/45 | 00:10:43 | 01:06:24 |
| 118 | 131 | Irene | Dee | West Waterford AC | F | O/45 | 00:10:43 | 01:06:26 |
| 119 | 80 | Maire | Moore | West Waterford AC | F | O/55 | 00:10:43 | 01:06:29 |
| 120 | 79 | Noelle | Conway | West Waterford AC | F | O/55 | 00:10:44 | 01:06:31 |