

**Deise College Dungarvan 10K  
Dungarvan 10K**

Place	Name	Team	Category	Time	Pace	No.
1	MAUNSELL, William	Clonmel AC	S/M	0:32:01	05:09.7	219
2	MANSFIELD, David	Clonliffe Harriers	S/M	0:32:23	05:13.3	189
3	POWER, Trevor	Waterford A.C	S/M	0:33:10	05:20.9	221
4	ZAKIS, Raivis	West Waterford A.C	S/M	0:33:28	05:23.8	170
5	QUINLAN, Frank	N/A	O40/M	0:33:57	05:28.4	685
6	SMITH, Danny	Balnonty	S/M	0:34:13	05:31.0	174
7	HARTY, Tony	Riocht	S/M	0:34:19	05:32.0	169
8	O REGAN, Michael P	Leevale	S/M	0:34:43	05:35.8	175
9	SIMCOX, Shane	N/A	O40/M	0:35:27	05:42.9	185
10	SWABY, Brian	Waterford A.C	S/M	0:35:37	05:44.6	229
11	O'BYRNE, Ian	Waterford A.C	S/M	0:35:56	05:47.6	266
12	KENNEALLY, Kevin	West Waterford A.C	S/M	0:36:19	05:51.3	343
13	RYAN, Culm	Clonmel AC	S/M	0:37:03	05:58.4	178
14	FEENEY, Des	West Waterford A.C	O40/M	0:37:27	06:02.3	291
15	LEAHY, Tom	West Waterford A.C	S/M	0:37:39	06:04.2	212
16	CROTTY, TJ	West Waterford A.C	S/M	0:38:26	06:11.8	307
17	HAYES, Martin	West Waterford A.C	O50/M	0:38:32	06:12.8	666
18	O'ROURKE, John	Tried & Tested	S/M	0:38:32	06:12.8	197
19	CULLEN, Alan	West Waterford A.C	O40/M	0:38:56	06:16.6	346
20	MAHONY, Thomas	West Waterford A.C	O45/M	0:39:04	06:17.9	342
21	DEVEREUX, Stephen	Youghal A.C	O50/M	0:39:06	06:18.3	193
22	HOGAN, Alan	West Waterford A.C	S/M	0:39:25	06:21.3	314
23	HAHESY, Raymond	West Waterford A.C	O50/M	0:39:26	06:21.5	329
24	FORRISTAL, Sally	St Josephs A.C	S/L	0:39:43	06:24.2	207
25	WHELAN, James	West Waterford A.C	O40/M	0:39:56	06:26.3	117
26	BARRY, Thomas	Youghal A.C	S/M	0:39:57	06:26.5	194
27	CHIZHIKOV, Yevgeniy	West Waterford A.C	O45/M	0:39:59	06:26.8	293
28	MOLONEY, Michael	Tried & Tested	S/M	0:40:10	06:28.6	213
29	FITZGERALD, Pat	West Waterford A.C	S/M	0:40:19	06:30.0	313
30	O'MEAR, Fergal	Midleton A.C	O45/M	0:40:21	06:30.4	271
31	WALSH, Billy		O50/M	0:40:25	06:31.0	284
32	DWYER, Dermot	West Waterford A.C	O40/M	0:40:58	06:36.3	338
33	CURRAN, Stephen	West Waterford A.C	S/M	0:41:14	06:38.9	687
34	RADLEY, Mark	N/A	S/M	0:41:18	06:39.5	292
35	CANTWELL, Gerry	West Waterford A.C	O55/M	0:41:29	06:41.3	181
36	O'LEARY, Ted	West Waterford A.C	O45/M	0:41:33	06:42.0	208
37	DONNELLY, Enda		O40/M	0:41:41	06:43.3	344
38	VEALE, Kate	West Waterford A.C	S/L	0:41:50	06:44.7	345
39	BARRY, Niall	Tried & Tested	S/M	0:42:03	06:46.8	200
40	CONNORS, Jimmy	West Waterford A.C	S/M	0:42:04	06:47.0	671
41	CONDON, Trevor	Midleton A.C	S/M	0:42:05	06:47.1	168
42	PRENDERGAST, Sandra	West Waterford A.C	S/L	0:42:15	06:48.7	201
43	KIRBY, Dan		S/M	0:42:18	06:49.2	341
44	DWANE, Cathal		S/M	0:42:30	06:51.2	304
45	QUINLAN, William	Saturday Road Runners	O40/M	0:42:31	06:51.3	688
46	O REGAN, Ger	Midleton A.C	O45/M	0:42:33	06:51.6	143
47	MURRAY, Paul	Waterford A.C	O50/M	0:42:35	06:52.0	306
48	KAVANAGH, Liam	West Waterford A.C	O50/M	0:42:42	06:53.1	316
49	CLIFFE, Mark	West Waterford A.C	S/M	0:42:58	06:55.7	260
50	MORONEY, Tom	West Waterford A.C	O55/M	0:43:10	06:57.6	206
51	LYONS, Colin	West Waterford A.C	O55/M	0:43:11	06:57.8	241
52	BATTYE, Edward	Waterford A.C	S/M	0:43:20	06:59.2	247
53	WINDROSS, Mark	Touraneena Road Runners	S/M	0:43:28	07:00.5	205
54	MURPHY, Gerard	Carrick-on-Suir AC	S/M	0:43:36	07:01.8	214
55	HICKEY, Brendan	St Catherines	S/M	0:43:41	07:02.6	209
56	DROHAN, Noel	West Waterford A.C	O45/M	0:43:51	07:04.2	274

57	KEANE, Mush	West Waterford A.C	S/M	0:43:53	07:04.5	315
58	MURPHY, Trevor	Saturday Road Runners	O40/M	0:44:17	07:08.4	682
59	HOGAN, Noel	West Waterford A.C	S/M	0:44:35	07:11.3	319
60	MURPHY, Esther	Midleton A.C	O40/L	0:44:42	07:12.4	256
61	DOWNEY, John	West Waterford A.C	O45/M	0:44:44	07:12.8	276
62	TOBIN, Martin	West Waterford A.C	O50/M	0:44:48	07:13.4	196
63	WHELAN, Trevor	Waterford A.C	O40/M	0:44:50	07:13.7	286
64	RAINER, Mark	Waterford Triathlon	S/M	0:45:05	07:16.1	191
65	JOHNSTON, Stephanie		O40/L	1:45:17	16:58.6	270
66	HOGAN, Tom	West Waterford A.C	O40/M	0:45:36	07:21.1	684
67	QUINN, JJ	N/A	S/M	0:45:36	07:21.1	679
68	KENNEDY, Ned	Tried & Tested	O40/M	0:45:43	07:22.3	204
69	CLINCE, Liam	West Waterford A.C	O50/M	0:45:44	07:22.4	273
70	QUINLAN, John	Clonmel Tri	S/M	0:45:46	07:22.8	283
71	MCGOWAN, Sean	Waterford A.C	O55/M	0:45:49	07:23.2	251
72	DEANE, Joe	No Club	S/M	0:45:55	07:24.2	172
73	MURPHY, Jennifer	No Club	O40/L	0:46:10	07:26.6	680
74	O'CALLAGHAN, Declan	N/A	O40/M	0:46:24	07:28.9	269
75	BARRY, Joe	West Waterford A.C	S/M	0:46:44	07:32.1	245
76	BRENNAN, Colin	Youghal A.C	O40/M	0:47:04	07:35.3	195
77	GLEESON, Cathal E	N/A	O40/M	0:47:07	07:35.8	324
78	DEMPSEY, Ken		S/M	0:47:14	07:37.0	243
79	CONNOLLY, Fergal	West Waterford A.C	O45/M	0:47:26	07:38.9	305
80	COOGAN, Darren		O40/M	0:47:27	07:39.0	225
81	CHIZHIKOVA, Diana	West Waterford A.C	S/L	0:47:28	07:39.2	294
82	MCGINN-MURPHY, Libby		O50/L	0:47:46	07:42.1	323
83	MCGLENNON, Nicola		O35/L	0:48:00	07:44.4	309
84	DRENNAN, Angeline	West Waterford A.C	O35/L	0:48:26	07:48.6	224
85	O'SULLIVAN, Paddy		S/M	0:48:28	07:48.9	670
86	FLYNN, Carolan		S/L	0:48:31	07:49.4	277
87	O'CONNOR, Gerry	West Waterford A.C	O50/M	0:48:32	07:49.5	672
88	TOBIN, Seamus		S/M	0:48:34	07:49.9	668
89	MOYNIHAN, Micheal		O55/M	0:48:43	07:51.3	231
90	DWYER, Tracy	West Waterford A.C	O40/L	0:48:44	07:51.5	336
91	HEARNE, Ger	No Club	O45/M	0:48:49	07:52.3	232
92	FITZGERALD, Adrian	West Waterford A.C	S/M	0:48:59	07:53.9	255
93	WAGNER, Simon		S/M	0:49:14	07:56.3	317
94	ORMONDE, Brian	West Waterford A.C	O40/M	0:49:30	07:58.9	333
95	O'CUIRRIN, Michael	West Waterford A.C	O55/M	0:49:35	07:59.7	347
96	WALSH, Colm		S/M	0:49:39	08:00.3	250
97	RYAN, Karen	West Waterford A.C	O40/L	0:49:39	08:00.3	192
98	HOGAN, William	West Waterford A.C	O45/M	0:49:56	08:03.1	328
99	UI CHUIRRIN, Josie	West Waterford A.C	O50/L	0:49:58	08:03.4	348
100	DWYER, Liam	No Club	O55/M	0:49:59	08:03.6	227
101	BARRY, Colm	West Waterford A.C	S/M	0:50:24	08:07.6	242
102	HALLEY, Corinne		S/L	0:50:42	08:10.5	282
103	KIELY, Catriona	West Waterford A.C	O40/L	0:50:50	08:11.8	249
104	PYRE, Mark		O45/M	0:51:08	08:14.7	335
105	CASEY, Roger		S/M	0:51:17	08:16.1	281
106	CASEY, Kevin	West Waterford A.C	S/M	0:51:18	08:16.3	262
107	DEEGAN, Michael	West Waterford A.C	O55/M	0:52:15	08:25.5	238
108	KENNEDY, Claire	West Waterford A.C	S/L	0:52:22	08:26.6	124
109	HENNEBRY, Ruth		O35/L	0:52:45	08:30.3	230
110	MORRISON, Kevin	Midleton A.C	O50/M	0:52:50	08:31.1	248
111	WHELAN, Gillian	Touraneena Road Runners	S/L	0:52:53	08:31.6	289
112	CURRAN, Eamonn	West Waterford A.C	O40/M	0:53:06	08:33.7	675
113	COLLINS, Ciara		S/L	1:53:18	18:16.2	686
114	BEGLEY, Pdraig		O40/M	0:53:21	08:36.1	244
115	ORMONDE, Fiona	N/A	O35/L	0:53:40	08:39.2	332
116	MCGLENNON, Chris		O40/M	0:53:57	08:41.9	310

117	GAFFNEY, Andrea	West Waterford A.C	O45/L	0:53:58	08:42.1	218
118	HIGGINS, Sharon	West Waterford A.C	O35/L	0:54:07	08:43.5	141
119	BARRY, Geraldine	West Waterford A.C	O40/L	0:54:10	08:44.0	667
120	NUGENT, Sharon	West Waterford A.C	O35/L	0:54:12	08:44.4	349
121	POWER, Onra	West Waterford A.C	O45/L	0:54:13	08:44.5	339
122	MOORE, Sandra	West Waterford A.C	O40/L	0:54:14	08:44.7	299
123	DYER, Mary	Touraneena Road Runners	S/L	0:54:21	08:45.8	222
124	O'ROURKE, Eileen	Tried & Tested	S/L	0:54:41	08:49.0	198
125	PROCTOR, Pascal F.	West Waterford A.C	O55/M	0:54:45	08:49.7	216
126	POWER, Rose	West Waterford A.C	O40/L	0:55:00	08:52.1	280
127	MOORE, Aine	Ballymac	O45/L	0:55:07	08:53.2	220
128	CASEY, Eleanor	West Waterford A.C	O40/L	0:55:14	08:54.4	295
129	RUSSELL, Caroline	West Waterford A.C	O45/L	0:55:17	08:54.8	683
130	CONDON, Catherine	West Waterford A.C	O50/L	0:55:32	08:57.3	296
131	POWER, Clifford		O40/M	0:55:44	08:59.2	311
132	CROWLEY, Ray		O40/M	0:56:04	09:02.4	308
133	MANSFIELD, Amanda	West Waterford A.C	O40/L	0:56:35	09:07.4	183
134	COONEY, Amanda	Midleton A.C	O50/L	0:56:47	09:09.3	259
135	DIXON, Lorraine	No Club	O40/L	0:56:58	09:11.1	303
136	MACKEY, Peter		O40/M	0:57:30	09:16.3	267
137	CONWAY, Margaret	West Waterford A.C	O50/L	0:57:36	09:17.3	139
138	ENRIGHT, Ciara	No Club	O35/L	0:57:44	09:18.5	173
139	MORRISON, John	St Catherines	O45/M	0:59:12	09:32.7	228
140	HALLIGAN, Deirdre		O45/L	0:59:47	09:38.4	236
141	HALLIGAN, Eamonn		O45/M	0:59:48	09:38.5	237
142	BURKE, Tom	West Waterford A.C	O55/M	1:00:59	09:50.0	279
143	BURKE, Thomas		S/M	1:02:13	10:01.9	278
144	WALSH, Mary	Touraneena Road Runners	O45/L	1:02:25	10:03.9	325
145	GENC, Sue	West Waterford A.C	O40/L	1:03:03	10:10.0	350
146	LANDY RYAN, Ruth	West Waterford A.C	S/L	1:03:47	10:17.1	669
147	LYONS, Anne	West Waterford A.C	O50/L	1:04:16	10:21.8	239
148	CONWAY, Noelle	West Waterford A.C	O50/L	1:04:21	10:22.6	320
149	HALLAHAN, Grainne	Touraneena Road Runners	O45/L	1:04:37	10:25.1	330
150	GOUGH, Jason	West Waterford A.C	S/M	1:04:57	10:28.4	275
151	MANSFIELD, Cathy	Clonmel AC	O40/L	1:07:01	10:48.4	190
152	TOBIN, Kate	Touraneena Road Runners	O45/L	1:08:35	11:03.5	321
153	HOGAN, Mary	West Waterford A.C	O50/L	1:08:37	11:03.8	337
154	RYAN, Claire	N/A	O35/L	1:09:16	11:10.1	340
155	FOTRELL, Michael	United Striders	O55/M	1:10:45	11:24.5	263