

Deise College Dungarvan 10k, 11th March 2018

Place	Name	Club	Time	Category	P/Mile
1	CONNICK, Andrew	Ferrybank A.C.	0:32:37	Male Senior	05:14.8
2	MURPHY, Noel	Waterford A.C.	0:34:48	Male Senior	05:35.9
3	FLYNN, Anthony	West Waterford A.C.	0:35:00	Male Senior	05:37.8
4	ZAKIS, Raivis	West Waterford A.C.	0:35:52	Male Senior	05:46.2
5	DEVERAUX, Stephen	Youghal A.C.	0:39:09	M50	06:17.9
6	CROTTY, T.J	N/A	0:39:18	Male Senior	06:19.4
7	FORRISTAL, Sally	St Josephs A.C	0:39:23	Female Senior	06:20.2
8	O'RIORDAN, Cian	West Waterford A.C.	0:39:32	Male Junior	06:21.6
9	WHELAN, James	West Waterford A.C.	0:39:44	M40	06:23.5
10	RADLEY, Mark	N/A	0:39:54	M40	06:25.1
11	NICHOL, Jason	Cork Tri Club	0:39:56	Male Senior	06:25.5
12	DWYER, Sean	N/A	0:39:58	M45	06:25.8
13	KITSON, Jack	N/A	0:39:59	Male Senior	06:26.0
14	FITZGERALD, Pat	West Waterford A.C.	0:40:17	Male Senior	06:28.9
15	CULLEN, Alan	West Waterford A.C.	0:41:02	M40	06:36.1
16	RYAN, Billy	West Waterford A.C.	0:41:18	Male Senior	06:38.7
17	CONNORS, Jimmy	West Waterford A.C.	0:41:21	Male Senior	06:39.1
18	HALLEY, Paschal	Waterford A.C.	0:41:24	M45	06:39.6
19	KEANE, Kieran	N/A	0:41:26	Male Senior	06:40.0
20	PONCE DE LEON, Miguel	Carrick On Suir A.C.	0:41:32	M40	06:40.9
21	MORGAN, Louise	Ferrybank A.C.	0:41:47	F35	06:43.3
22	REGAN, Jonathan	N/A	0:41:50	Male Senior	06:43.8
23	HOGAN, Alan	West Waterford A.C.	0:41:50	Male Senior	06:43.8
24	HAHESY, Ray	West Waterford A.C.	0:42:06	M50	06:46.4
25	O'SULLIVAN, John	Balance Fitness	0:42:11	Male Senior	06:47.2
26	O'MEARA, Fergal	Midleton A.C.	0:42:27	M45	06:49.8
27	COLLINS, Stephen	N/A	0:42:33	Male Senior	06:50.7
28	HEAVIN, Aidan	Midleton A.C.	0:42:42	M40	06:52.2
29	BRAZIL, Jonathan	Waterford A.C.	0:42:45	Male Senior	06:52.7
30	GLEESON, Cathal E.	West Waterford A.C.	0:42:51	M40	06:53.6
31	KENNEALLY, Julie	Youghal A.C.	0:42:53	Female Senior	06:54.0
32	RYAN, Alan	West Waterford A.C.	0:42:58	M45	06:54.8
33	CLIFFE, Mark	West Waterford A.C.	0:43:38	Male Senior	07:01.2
34	FLYNN, Mark	N/A	0:43:43	Male Senior	07:02.0
35	ISLEY, Ron	N/A	0:43:43	M55	07:02.0
36	BRANIGAN, Sinead	Waterford A.C.	0:43:45	Female Senior	07:02.3
37	HOGAN, Tom	West Waterford A.C.	0:43:54	M40	07:03.8
38	MOYNIHAN, Mick	N/A	0:43:57	Male Senior	07:04.2
39	HEALY, Vincent	N/A	0:44:02	M45	07:05.1
40	CANTWELL, Gerry	West Waterford A.C.	0:44:12	M60	07:06.7
41	ROZANSKI, Emanuel	Swaby Sessions	0:44:18	Male Senior	07:07.6
42	JOHNSON, Stephanie	N/A	0:44:18	F45	07:07.6
43	O'CONNOR, Paul	N/A	0:44:56	M40	07:13.7
44	CHIZHIKOV, Yevgeniy	West Waterford A.C.	0:45:12	M45	07:16.3
45	POPE, Gareth	West Waterford A.C.	0:45:24	M40	07:18.2
46	CONCANNON, Mick	West Waterford A.C.	0:45:30	M55	07:19.2
47	CLINCE, Liam	West Waterford A.C.	0:45:32	M55	07:19.5
48	ISLEY, Stephanie	N/A	0:45:44	F55	07:21.5
49	KEANE, Colin	N/A	0:45:45	Male Senior	07:21.6
50	BARRY, Joe	West Waterford A.C.	0:45:47	Male Senior	07:21.9

51	MOYA ROSA, Emilio	West Waterford A.C.	0:45:50	Male Senior	07:22.4
52	MURRAY, Conor	West Waterford A.C.	0:45:59	M50	07:23.9
53	CONNOLLY, Fergal	West Waterford A.C.	0:46:24	M45	07:27.9
54	COWMING, Craig	N/A	0:46:28	Male Senior	07:28.5
55	CAMPBELL, Judith	N/A	0:46:46	Female Junior	07:31.4
56	DROHAN, Eveleen	West Waterford A.C.	0:46:50	F40	07:32.1
57	O'MARA, Clodagh	Tramore AC	0:47:23	F35	07:37.4
58	MC NALLY, David	West Waterford A.C.	0:47:58	M45	07:43.0
59	NUGENT, Sharon	West Waterford A.C.	0:48:21	F35	07:46.7
60	BARRY, Jim	West Waterford A.C.	0:48:22	M40	07:46.9
61	KENNEDY, Claire	West Waterford A.C.	0:48:41	Female Senior	07:49.9
62	O'NEILL, Eoghan	N/A	0:48:42	Male Senior	07:50.1
63	KIELY, Catriona	West Waterford A.C.	0:49:00	F45	07:53.0
64	TOBIN, Martin	West Waterford A.C.	0:49:04	M50	07:53.6
65	FITZGERALD, Liam	West Waterford A.C.	0:49:15	M45	07:55.4
66	TRAYNOR, Dave	Saturday Road Runners	0:49:27	M40	07:57.3
67	POWER, Simone	West Waterford A.C.	0:49:28	F40	07:57.5
68	KAVANAGH, Liam	West Waterford A.C.	0:49:30	M55	07:57.8
69	POWER, Onra	West Waterford A.C.	0:50:03	F50	08:03.1
70	O'DONOGHUE, Donal	Little Island	0:50:11	M50	08:04.4
71	COFFEY, Brigid	West Waterford A.C.	0:50:14	F45	08:04.9
72	MC CARTHY, Michael	N/A	0:50:29	M60	08:07.3
73	FOLEY, Linda	N/A	0:50:32	Female Senior	08:07.8
74	BULLEN, Katie	West Waterford A.C.	0:50:42	F35	08:09.4
75	POWER, Patrick	West Waterford A.C.	0:50:44	M55	08:09.7
76	PRENDERGAST, Bernie	West Waterford A.C.	0:51:02	F55	08:12.6
77	KENNEALLY, Eoin	N/A	0:51:03	Male Senior	08:12.8
78	BERESFORD, Meabh	N/A	0:51:14	Female Junior	08:14.6
79	O'RIORDAN, Tierney	N/A	0:51:17	Male Senior	08:15.0
80	O'ROURKE, Joe	West Waterford A.C.	0:51:56	M55	08:21.3
81	LEONARD, John	N/A	0:51:58	M50	08:21.6
82	HIGGINS, Sharon	West Waterford A.C.	0:52:50	F35	08:30.0
83	BOURKE, Jim	N/A	0:52:51	M55	08:30.2
84	GALLAGHER, John	N/A	0:52:57	M45	08:31.1
85	WHELAN, Annette	N/A	0:53:10	F35	08:33.2
86	ROCHE, John	West Waterford A.C.	0:53:12	M45	08:33.5
87	HOGAN, Nuala	West Waterford A.C.	0:53:40	F35	08:38.1
88	NI FHOGHLU, Grainne	N/A	0:53:52	F40	08:40.0
89	NI MHURCHÚ, Cait	Youghal A.C.	0:54:02	F40	08:41.6
90	CHIZHIKOVA, Diana	West Waterford A.C.	0:54:15	F35	08:43.7
91	KENNEDY, Kate	Ballymore Cobh A.C.	0:55:05	Female Senior	08:51.7
92	FOLEY, Mairead	N/A	0:55:14	F45	08:53.2
93	MORRISSON, Kevin	Midleton A.C.	0:55:35	M50	08:56.6
94	DONNELLY, Pat	West Waterford A.C.	0:55:49	M40	08:58.8
95	DONNELLY, Ciara	West Waterford A.C.	0:55:50	F35	08:59.0
96	MITCHELL, Kate	N/A	0:56:34	Female Senior	09:06.0
97	HAYES, Jillian	West Waterford A.C.	0:56:44	F35	09:07.7
98	RADLEY, Sinead	N/A	0:57:31	F35	09:15.2
99	COAKLEY, Michael	West Waterford A.C.	0:57:36	M50	09:16.0
100	POWER, Rose	West Waterford A.C.	0:57:46	F45	09:17.6
101	MORRISSEY, Pat	West Waterford A.C.	0:57:59	M45	09:19.7

102	O'BRIEN, Maria	N/A	0:58:33	F50	09:25.2
103	FINNIGAN, Michelle	West Waterford A.C.	0:58:40	F45	09:26.3
104	TUTTY, Michael	West Waterford A.C.	0:59:13	M55	09:31.6
105	DEEGAN, Michael	West Waterford A.C.	0:59:13	M60	09:31.6
106	O'BRIEN, Fiona	N/A	0:59:52	F35	09:37.9
107	GUIRY, Michelle	Touraneena Road Runners	0:59:52	Female Senior	09:37.9
108	FOGARTY, Christine	West Waterford A.C.	0:59:57	F35	09:38.7
109	MC GRATH, Joanie	West Waterford A.C.	0:59:59	F45	09:39.0
110	MURRAY, Marita	West Waterford A.C.	1:00:38	F35	09:45.3
111	BURKE, Tom	West Waterford A.C.	1:01:58	M60	09:58.2
112	DE COURCY, Anna	Waterford A.C.	1:02:53	F45	10:07.0
113	ROCHE, Margaruite	N/A	1:03:32	Female Senior	10:13.3
114	FOLEY, Linda	Greenway Joggers	1:03:33	F35	10:13.5
115	CURRAN, Eamonn	West Waterford A.C.	1:03:39	M45	10:14.4
116	KEARNS, Clodagh	Touraneena Road Runners	1:04:12	Female Senior	10:19.7
117	PRENDERGAST, Louise	Touraneena Road Runners	1:04:23	Female Senior	10:21.5
118	SHEEHAN, Jackie	N/A	1:05:23	Female Senior	10:31.2
119	POWER HICKEY, Therese	West Waterford A.C.	1:05:35	F35	10:33.1
120	TOBIN, Cheyanne	N/A	1:07:56	Female Senior	10:55.8
121	TOBIN, Davy	West Waterford A.C.	1:07:56	M55	10:55.8
122	HALLINAN, Grainne	Touraneena Road Runners	1:08:05	F45	10:57.2
123	CLANCY, Deirdre	West Waterford A.C.	1:08:32	F55	11:01.6
124	CONWAY, Noelle	West Waterford A.C.	1:10:16	F55	11:18.3
125	MOORE, Marie	West Waterford A.C.	1:10:16	F55	11:18.3