

GSK Dungarvan 5 Mile 2016

Place	Name	Team	Category	Time	Pace	No.
1	LEDINGHAM, James	West Waterford A.C	S/M	0:27:03	05:24.5	61
2	SMYTH, Danny	Balnonty	S/M	0:27:26	05:29.1	83
3	RYAN, David	Clonmel AC	M/40	0:27:32	05:30.3	101
4	O'DONNELL, Ruari	Ferrybank	S/M	0:28:14	05:38.7	91
5	MURPHY, John	Grange/Fermoy	M/45	0:28:15	05:38.9	121
6	KENNEALLY, Kevin	West Waterford A.C	S/M	0:28:20	05:39.9	195
7	KLAVA, Dzintars	West Waterford A.C	S/M	0:28:29	05:41.7	134
8	SCOLLARD, PJ	Waterford A.C	M/40	0:28:30	05:41.9	158
9	SHEEHAN, Nigel	Youghal A.C	S/M	0:28:32	05:42.3	210
10	COSTELLO, Colm	Brothers Pearse AC	M/40	0:28:42	05:44.3	44
11	FLYNN, Anthony	West Waterford A.C	S/M	0:28:51	05:46.1	155
12	RYAN, Colm	Clonmel AC	S/M	0:28:54	05:46.7	156
13	KEOGH, Mossie	West Waterford A.C	M/40	0:28:58	05:47.5	178
14	RYAN, Michael	Dundrum A.C	S/M	0:29:00	05:47.9	138
15	KINSELLA, Alan	No Club	S/M	0:29:20	05:51.9	110
16	O'LEARY, Kevin	N/A	S/M	0:29:30	05:53.9	58
17	BYRNE, Brian	West Waterford A.C	S/M	0:29:38	05:55.5	125
18	LYNCH, Kevin	No Club	M/40	0:29:42	05:56.3	200
19	BLACKWELL, Niall	West Waterford A.C	J/M	0:29:46	05:57.1	43
20	HAHESY, Raymond	West Waterford A.C	M/50	0:29:47	05:57.3	38
21	PYNE, DON	Grange/Fermoy	S/M	0:29:49	05:57.7	183
22	O'DONOVAN, Dermot	West Waterford A.C	S/M	0:29:50	05:57.9	74
23	FLAVIN, Marc	West Waterford A.C	S/M	0:29:51	05:58.1	11
24	GRANT, Gary	Clonmel AC	M/40	0:29:52	05:58.3	141
25	CUDDIHY, Brian	Waterford A.C	S/M	0:29:52	05:58.3	95
26	HAYES, Martin	West Waterford A.C	M/50	0:29:55	05:58.9	186
27	KEARNS, Daryl	No Club	S/M	0:29:59	05:59.7	196
28	MALONE, Sylvia	Waterford A.C	F/40	0:30:01	06:00.1	147
29	WALSH, Adele	St. Senans A.C	F/40	0:30:09	06:01.7	105
30	O'RIORDAN, Shane	West Waterford A.C	J/M	0:30:11	06:02.1	71
31	DUNFORD, Michael	West Waterford A.C	M/50	0:30:13	06:02.5	30
32	MURRAY, Ger	No Club	M/45	0:30:15	06:02.9	137
33	FITZGERALD, Pat	West Waterford A.C	S/M	0:30:27	06:05.3	21
34	TRAVERS, Jason	West Waterford A.C	M/40	0:30:33	06:06.5	140
35	O'GORMAN, Richard	Clonmel AC	M/50	0:30:39	06:07.7	132
36	DUGGAN, Peter	St Josephs A.C	M/45	0:30:44	06:08.7	86
37	O'HAGAN, Brian	Grange/Fermoy	S/M	0:30:48	06:09.5	77
38	MAHONY, Thomas	West Waterford A.C	M/45	0:30:52	06:10.3	67
39	MOLONEY, Michael	Tried & Tested	S/M	0:30:57	06:11.3	124
40	LANGFORD, Mark	No Club	S/M	0:31:06	06:13.1	73
41	CULLEN, Alan	West Waterford A.C	M/40	0:31:10	06:13.9	108
42	CHIZHIKOV, Yevgeniy	West Waterford A.C	M/45	0:31:15	06:14.9	6
43	TOWEY, David	West Waterford A.C	M/40	0:31:29	06:17.7	203
44	ENNIS, Joan	Grange/Fermoy	F/50	0:31:48	06:21.5	189
45	HAHESY, Benny	Carrick-on-Suir AC	M/40	0:31:52	06:22.3	209
46	DROHAN, Walter	West Waterford A.C	M/40	0:32:12	06:26.3	119
47	DOYLE, Paul	Grange/Fermoy	M/40	0:32:14	06:26.7	92
48	O'LEARY, Ted	West Waterford A.C	M/45	0:32:18	06:27.5	131
49	O'DONOGHUE, Eddie	Clonmel AC	S/M	0:32:23	06:28.5	97
50	O'SULLIVAN, John	Balance Fitness	S/M	0:32:27	06:29.3	113
51	O'SULLIVAN, Sean	Midleton A.C	M/45	0:32:32	06:30.3	148
52	FLYNN, John (1967)	West Waterford A.C	M/45	0:32:40	06:31.9	82
53	ASPEL, Brendan	Waterford A.C	M/45	0:32:46	06:33.1	142
54	POPE, Gareth	West Waterford A.C	S/M	0:32:48	06:33.5	4
55	CONNORS, Jimmy	West Waterford A.C	S/M	0:32:50	06:33.9	129
56	MASON, Trevor	West Waterford A.C	M/40	0:32:54	06:34.7	127
57	FLYNN, Darren	Grange/Fermoy	M/40	0:33:07	06:37.3	187
58	MCCARTHY, Sean	Clonmel AC	M/45	0:33:15	06:38.9	151
59	GOUGH, Joe	West Waterford A.C	M/60	0:33:22	06:40.3	185
60	WHELAN, James	West Waterford A.C	M/40	0:33:22	06:40.3	176
61	O'DRISCOLL, Keith	Waterford A.C	S/M	0:33:27	06:41.3	136
62	BYRNE, John	N/A	M/40	0:33:36	06:43.1	163
63	DONNELLY, Enda	West Waterford A.C	M/40	0:33:41	06:44.1	201
64	O'BRIEN, Peter	Grange/Fermoy	S/M	0:33:49	06:45.7	122
65	DOWNEY, John	West Waterford A.C	M/45	0:33:51	06:46.1	96
66	CANTWELL, Gerry	West Waterford A.C	M/55	0:33:54	06:46.7	72
67	GLEESON, Cathal E	West Waterford A.C	M/40	0:33:56	06:47.1	109
68	DROHAN, Noel	West Waterford A.C	M/45	0:33:57	06:47.3	37
69	BARRY, Joe	West Waterford A.C	S/M	0:34:07	06:49.3	149

Place	Name	Team	Category	Time	Pace	No.
70	BLACKWELL, Conor	West Waterford A.C	M/45	0:34:11	06:50.1	42
71	KENNEALLY, Trevor	No Club	S/M	0:34:12	06:50.3	70
72	COSTIGAN, Pat	No Club	M/45	0:34:13	06:50.5	166
73	HICKEY, Brendan	St Catherines	M/40	0:34:14	06:50.7	191
74	HOGAN, Tom	West Waterford A.C	M/40	0:34:15	06:50.9	27
75	TOBIN, Martin	West Waterford A.C	M/50	0:34:19	06:51.7	25
76	CASEY, Kevin	West Waterford A.C	S/M	0:34:31	06:54.1	174
77	CARLIN, Anthony	West Waterford A.C	M/40	0:34:34	06:54.7	16
78	COONAN, Justin	West Waterford A.C	M/45	0:34:37	06:55.3	36
79	DWYER, Anthony	West Waterford A.C	M/55	0:34:48	06:57.5	80
80	KELLY, Richard	West Waterford A.C	M/50	0:34:49	06:57.7	135
81	BRUNNOCK, Paul	West Waterford A.C	M/45	0:34:49	06:57.7	112
82	KENNEDY, Daniel	Clonmel AC	S/M	0:34:50	06:57.9	167
83	BRANNIGAN, Sinead	Waterford A.C	S/F	0:34:55	06:58.9	47
84	CONDON, David John	No Club	S/M	0:34:59	06:59.7	23
85	BEDELL, Toby	Tried & Tested	M/40	0:34:59	06:59.7	146
86	KEANE, Mush	West Waterford A.C	S/M	0:35:05	07:00.9	162
87	HOGAN, Noel	West Waterford A.C	S/M	0:35:08	07:01.5	19
88	MOLLOY, Mary	Carrick-on-Suir AC	F/35	0:35:12	07:02.3	128
89	BYRNE, Anna	Clonmel AC	F/50	0:35:16	07:03.0	193
90	FLAVIN, Laura	West Waterford A.C	F/35	0:35:23	07:04.4	29
91	CUNNINGHAM, Peter	West Waterford A.C	S/M	0:35:25	07:04.8	2
92	FLYNN, Caolan	No Club	S/M	0:35:32	07:06.2	159
93	SHANAHAN, Sean	Galtee Runners	M/50	0:35:37	07:07.2	85
94	ORMONDE, Brian	West Waterford A.C	M/40	0:35:40	07:07.8	45
95	O'MAHONEY, Jason	N/A	S/M	0:35:49	07:09.6	130
96	WALSH, Angela	Clonmel AC	S/F	0:35:52	07:10.2	172
97	LEE, Catriona	West Waterford A.C	F/35	0:36:02	07:12.2	9
98	COLEMAN, Tomas	West Waterford A.C	M/45	0:36:03	07:12.4	194
99	MURPHY, Linda	Grange/Fermoy	F/40	0:36:08	07:13.4	126
100	PHELAN, Rachel	No Club	S/F	0:36:10	07:13.8	116
101	PHELAN, Eamon	West Waterford A.C	M/50	0:36:11	07:14.0	117
102	BUCKLEY, Keith	Grange/Fermoy	S/M	0:36:18	07:15.4	188
103	MCNALLY, David	West Waterford A.C	M/45	0:36:22	07:16.2	75
104	HOGAN, Stephen	West Waterford A.C	S/M	0:36:28	07:17.4	31
105	CONDON, Maria	West Waterford A.C	F/40	0:36:40	07:19.8	59
106	CONNOLLY, Fergal	West Waterford A.C	M/45	0:36:50	07:21.8	114
107	PYNE, Mark	Grange/Fermoy	M/40	0:36:55	07:22.8	182
108	O'MAHONEY, Sylvie	Youghal A.C	M/60	0:36:56	07:23.0	133
109	LEDINGHAM, Dermot	Youghal A.C	M/55	0:36:58	07:23.4	98
110	LAWN, Charlie		M/60	0:37:03	07:24.4	207
111	O'REILLY, Stephen	No Club	S/M	0:37:09	07:25.6	79
112	HOGAN, John Paul	West Waterford A.C	S/M	0:37:11	07:26.0	103
113	SHARP, Gavin	N/A	M/60	0:37:27	07:29.2	87
114	CHIZHIKOVA, Diana	West Waterford A.C	F/35	0:37:29	07:29.6	8
115	PRATT, Michael	Grange/Fermoy	M/55	0:37:33	07:30.4	123
116	DONNELLY, Lloyd	N/A	S/M	0:37:36	07:31.0	202
117	COSTIN, Liam	West Waterford A.C	M/45	0:37:42	07:32.2	139
118	FRISBY, Pat	West Waterford A.C	M/45	0:37:48	07:33.4	165
119	FENNELL, Una	West Waterford A.C	F/40	0:37:50	07:33.8	65
120	NUGENT, Sharon	West Waterford A.C	F/35	0:37:56	07:35.0	1
121	O'CONNELL, Hillary	Waterford A.C	S/F	0:38:02	07:36.2	104
122	BULMAN, George	Youghal A.C	M/55	0:38:04	07:36.6	192
123	BOLAND, Maurice	Clonmel AC	M/60	0:38:16	07:39.0	94
124	KENNEDY, Claire	West Waterford A.C	S/F	0:38:17	07:39.2	35
125	COFFEY, Brigid	No Club	F/45	0:38:24	07:40.6	78
126	MOYNIHAN, Micheal	West Waterford A.C	M/60	0:38:31	07:42.0	93
127	MOORE, Sandra	West Waterford A.C	F/40	0:38:34	07:42.6	15
128	MCCARTHY, Niall	Clonmel AC	M/40	0:38:39	07:43.6	143
129	CURRAN, Eamonn	West Waterford A.C	M/45	0:38:41	07:44.0	99
130	KINSELLA, Rose	West Waterford A.C	S/F	0:39:03	07:48.4	111
131	CONWAY, Laura	West Waterford A.C	S/F	0:39:08	07:49.4	63
132	HIGGINS, Sharon	West Waterford A.C	F/35	0:39:14	07:50.6	28
133	MOLONEY, Simon	West Waterford A.C	S/M	0:39:16	07:51.0	153
134	DROHAN, Eveleen	No Club	F/35	0:39:22	07:52.2	14
135	POWER, Onra	West Waterford A.C	F/50	0:39:25	07:52.8	179
136	MOORE, Sinead	West Waterford A.C	F/40	0:39:34	07:54.6	204
137	CUNNINGHAM, Michelle	West Waterford A.C	S/F	0:39:35	07:54.8	3
138	WADE, Michael	West Waterford A.C	M/55	0:39:38	07:55.4	81
139	STONE, Seamus	Youghal A.C	M/55	0:39:43	07:56.4	198

Place	Name	Team	Category	Time	Pace	No.
140	MASSEY, Anne	West Waterford A.C	F/40	0:39:46	07:57.0	48
141	LENIHAN, Mark	West Waterford A.C	M/45	0:40:13	08:02.4	64
142	ORMONDE, Fiona	West Waterford A.C	F/35	0:40:15	08:02.8	46
143	DOOCEY, Michael	Clonmel AC	M/40	0:40:21	08:04.0	197
144	O'ROURKE, Joe	West Waterford A.C	M/50	0:40:26	08:05.0	41
145	FITZPATRICK, Claire	Touraneena Road Runners	F/40	0:40:35	08:06.8	34
146	PROCTOR, Pascal F.	West Waterford A.C	M/60	0:40:40	08:07.8	145
147	MCGUINNESS, Janet	No Club	F/45	0:40:44	08:08.6	88
148	O'MAHONEY, Shirley	Youghal A.C	F/50	0:40:47	08:09.2	157
149	HICKEY, Ken	No Club	S/M	0:40:53	08:10.4	154
150	MURPHY, Emma	West Waterford A.C	S/F	0:40:59	08:11.6	39
151	MURPHY, Jenny	West Waterford A.C	F/35	0:41:03	08:12.4	40
152	KIELY, Catriona	West Waterford A.C	F/40	0:41:07	08:13.2	24
153	HOGAN, Nuala	West Waterford A.C	F/35	0:41:20	08:15.8	177
154	QUILTY, Liam	No Club	M/45	0:41:24	08:16.6	68
155	CONWAY, Margaret	West Waterford A.C	F/55	0:41:27	08:17.2	22
156	POWER, Rose	West Waterford A.C	F/45	0:41:28	08:17.4	18
157	UI CHUIRRIN, Josie	West Waterford A.C	F/55	0:41:32	08:18.2	118
158	LENIHAN, Emma	No Club	S/F	0:41:43	08:20.4	120
159	COSGRAVE, Pdraig	N/A	S/M	0:41:54	08:22.6	106
160	POPE, Carol	West Waterford A.C	F/40	0:41:56	08:23.0	5
161	DUFFIN, Ciara	West Waterford A.C	F/35	0:41:57	08:23.2	32
162	EICHELMANN DALY, Patryja	Youghal A.C	F/40	0:41:58	08:23.4	57
163	BEGLEY, Pdraig	No Club	M/40	0:41:59	08:23.6	171
164	COLLINS, Paula	West Waterford A.C	F/40	0:42:04	08:24.6	51
165	MURRAY, Tracey	Youghal A.C	F/40	0:42:17	08:27.2	100
166	HENNEBRY, Ruth	Waterford Huffers & Puffers	F/35	0:42:26	08:29.0	160
167	HARNEDY, Shane	No Club	M/40	0:42:32	08:30.2	54
168	BARRY, Geraldine	West Waterford A.C	F/40	0:42:37	08:31.2	60
169	HARTY, Pauline	No Club	F/35	0:42:41	08:32.0	152
170	FITZPATRICK, Annette	No Club	M/45	0:42:52	08:34.2	76
171	DWYER, Liam	No Club	M/60	0:43:12	08:38.2	175
172	MURRAY, John	N/A	M/55	0:43:15	08:38.8	62
173	KEANE, Orna	No Club	J/F	0:43:17	08:39.2	169
174	DONOVAN, Vince	West Waterford A.C	M/55	0:43:25	08:40.8	84
175	KENNEDY, Kathleen	Waterford A.C	F/55	0:43:34	08:42.6	102
176	SPINK, Troy	Grange/Fermoy	M/45	0:43:44	08:44.6	190
177	BULLEN, Katie	West Waterford A.C	S/F	0:43:47	08:45.2	170
178	CONNOLLY, Paul	Waterford Huffers & Puffers	M/45	0:43:56	08:47.0	161
179	DOWLEY, Michelle	No Club	S/F	0:43:57	08:47.2	115
180	FITZPATRICK, Hannah	No Club	J/F	0:43:59	08:47.6	69
181	LENIHAN, Siobhan	West Waterford A.C	F/45	0:44:03	08:48.4	150
182	BOLAND, Maurice (T&T)	Tried & Tested	M/40	0:44:17	08:51.2	144
183	BRITTON, Maeve	No Club	S/F	0:44:18	08:51.4	168
184	O'DONOGHUE, Donal	Little Island	M/45	0:45:07	09:01.2	180
185	MURPHY, Sally	Ferrybank	F/50	0:45:15	09:02.8	199
186	FRANCIS, Mary	No Club	F/60	0:45:16	09:03.0	173
187	BALLOTT, Anna	No Club	S/F	0:45:19	09:03.6	20
188	REILLY, Olivia	West Waterford A.C	F/40	0:45:48	09:09.4	10
189	PYNE, Niamh	No Club	F/35	0:46:01	09:12.0	184
190	MANSFIELD, Amanda	West Waterford A.C	F/40	0:46:49	09:21.6	26
191	CARROLL, Emma	No Club	S/F	0:47:01	09:24.0	89
192	KELLY, Yvonne	West Waterford A.C	F/40	0:47:33	09:30.4	52
193	FLYNN, Linda	No Club	F/45	0:47:34	09:30.6	53
194	WALSH, Patricia	No Club	F/50	0:48:37	09:43.2	164
195	LANDY RYAN, Ruth	West Waterford A.C	S/F	0:48:55	09:46.8	12
196	O'CARROLL, Eileen	West Waterford A.C	F/45	0:49:34	09:54.6	208
197	LANIGAN, Thomas	No Club	M/45	0:49:56	09:59.0	55
198	MANIFOLD, Paula	No Club	F/45	0:49:56	09:59.0	56
199	O'RIORDAN, Lynn	West Waterford A.C	F/35	0:50:20	10:03.8	49
200	BRESLIN, Grace	No Club	S/F	0:50:25	10:04.8	90
201	HALLINAN, Grainne	Touraneena Road Runners	F/45	0:51:02	10:12.2	13
202	BANNON, Orla	West Waterford A.C	F/45	0:52:09	10:25.6	7
203	BARRY, Angela	West Waterford A.C	F/40	0:52:13	10:26.4	50
204	COAKLEY, Michael	West Waterford A.C	M/50	0:55:57	11:11.2	181
205	MURPHY, Elaine	No Club	F/40	0:55:58	11:11.4	66
206	MOORE, Marie	West Waterford A.C	F/60	0:56:19	11:15.6	205
207	CONWAY, Noelle	West Waterford A.C	F/60	0:56:20	11:15.8	206
208	HOGAN, Mary	West Waterford A.C	F/50	0:59:58	11:59.4	33