

15th Annual Bosch & Lomb Kilmac 5 Mile

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	4	ANDREW	Connick	Ferrybank AC	M	Snr	00:05:15	00:26:14
2	54	NIALL	Sheil	St Killians	M	O/35	00:05:17	00:26:23
3	104	BRIAN	Murphy	Carrick On Suir AC	M	O/35	00:05:21	00:26:43
4	8	SHANE	Simcox	Mallow Ac	M	O/40	00:05:34	00:27:51
5	9	DZINTRAS	Klava	Individual	M	O/40	00:05:38	00:28:08
6	134	KEVIN	Kenneally	West Waterford AC	M	Snr	00:05:39	00:28:16
7	55	WARREN	Roche	Ferrybank AC	M	Snr	00:05:40	00:28:18
8	3	PAT	Grant	Ferrybank AC	M	O/35	00:05:51	00:29:16
9	147	ALAN	Kinsella	Individual	M	O/35	00:05:52	00:29:18
10	41	JOHN	O' Rourke	Tried and Tested	M	O/35	00:05:52	00:29:18
11	30	PAUL	Wise	Waterford AC	M	O/40	00:05:52	00:29:20
12	35	DAMIEN	Bourke	Individual	M	Snr	00:05:53	00:29:25
13	6	LOUIS	O' Carroll	Ferrybank AC	M	Snr	00:05:57	00:29:44
14	64	COLM	Ryan	Tournenna Road Runners	M	Snr	00:05:58	00:29:50
15	5	SHANE	O' Rahilly	Ferrybank AC	M	Snr	00:05:59	00:29:53
16	62	THOMAS	Cousins	Kilmore AC	M	Snr	00:06:00	00:30:02
17	69	GAVIN	Downey	Focus on Fitness	M	O/35	00:06:02	00:30:11
18	141	WALTER	Drohan	West Waterford AC	M	O/40	00:06:02	00:30:11
19	98	RAY	Hahesy	West Waterford AC	M	O/50	00:06:03	00:30:15
20	57	JAKE	Bagge	Ferrybank AC	M	Jnr	00:06:05	00:30:24
21	15	JASON	Travers	West Waterford AC	M	O/40	00:06:06	00:30:29
22	7	MICHAEL	Moloney	West Waterford AC	M	O/35	00:06:06	00:30:32
23	25	SEAN	Dwyer	Individual	M	O/45	00:06:07	00:30:34
24	109	NIALL	Barry	Tried and Tested	M	O/35	00:06:07	00:30:36
25	133	JOHN	Guiry	Waterford AC	M	O/40	00:06:10	00:30:48
26	95	SEAN	Stillwell	West Waterford AC	M	Snr	00:06:10	00:30:50
27	129	MARK	Shalloe	West Waterford AC	M	Snr	00:06:11	00:30:53
28	60	JAMES	Whelan	West Waterford AC	M	O/40	00:06:11	00:30:56
29	42	DAVID	Devine	Waterford Tri	M	O/35	00:06:12	00:31:00
30	39	TONY	Sullivan	Individual	M	O/35	00:06:12	00:31:01
31	91	YEV	Chizikov	West Waterford AC	M	O/45	00:06:13	00:31:06
32	73	JER	Murray	Individual	M	O/50	00:06:14	00:31:09
33	46	DAVID	Lanigan	St Josephs	M	O/40	00:06:15	00:31:13
34	10	MARK	Flynn	Individual	M	Snr	00:06:16	00:31:21
35	56	DENNIS	Culloty	Ferrybank AC	M	Snr	00:06:18	00:31:30
36	117	JIMMY	Connors	West Waterford AC	M	Snr	00:06:20	00:31:41
37	51	JACOB	Kramer	Individual	M	Snr	00:06:21	00:31:46
38	61	DARRYLE	Hayle	Waterford AC	M	O/50	00:06:22	00:31:50
39	1	DARRELL	Evans	Focus on Fitness	M	O/45	00:06:22	00:31:50
40	145	GEORGE	O' Grady	Individual	M	O/40	00:06:23	00:31:55
41	74	EAMONN	Ryan	Focus on Fitness	M	Snr	00:06:26	00:32:09
42	80	TOM	Leahy	West Waterford AC	M	O/35	00:06:27	00:32:15
43	24	DERMOT	Dwyer	West Waterford AC	M	O/40	00:06:29	00:32:25
44	53	CIAN	Dwyer	Individual	M	Snr	00:06:32	00:32:40
45	66	KATE	Veale	West Waterford AC	F	Snr	00:06:33	00:32:44
46	126	ED	Battye	Waterford AC	M	Snr	00:06:35	00:32:56
47	26	SIOBHAN	Kennedy	Focus on Fitness	F	O/50	00:06:36	00:32:58
48	18	TED	O' Leary	West Waterford AC	M	O/45	00:06:36	00:33:00
49	34	CATHAL	Gleeson	West Waterford AC	M	O/40	00:06:39	00:33:13
50	33	MARK	Cliffe	West Waterford AC	M	O/35	00:06:42	00:33:32
51	121	DERMOT	Power	Saturday Road Runners	M	O/55	00:06:44	00:33:38
52	58	JOE	Barry	West Waterford AC	M	O/35	00:06:45	00:33:45

53	65	KEVIN	Casey	West Waterford AC	M	O/35	00:06:45	00:33:46
54	81	EOIN	Walsh	Saturday Road Runners	M	O/40	00:06:45	00:33:47
55	40	MICHELLE	McDonald	St Senans AC	F	Snr	00:06:48	00:33:58
56	108	BRENDAN	Aspel	Waterford AC	M	O/45	00:06:48	00:33:59
57	107	JOHN PAUL	Williamson	Focus on Fitness	M	O/35	00:06:48	00:34:01
58	119	PAT	Fitzgerald	West Waterford AC	M	O/35	00:06:49	00:34:06
59	112	SINEAD	Branigan	Waterford AC	F	Snr	00:06:51	00:34:13
60	99	TOM	Hogan	West Waterford AC	M	O/40	00:06:51	00:34:14
61	50	GERRY	Cantwell	West Waterford AC	M	O/55	00:06:54	00:34:29
62	82	MARTIN	Tobin	West Waterford AC	M	O/50	00:06:55	00:34:34
63	48	ALAN	Hogan	West Waterford AC	M	Snr	00:06:55	00:34:36
64	13	PHILLIS	Flynn	Stragglers AC	F	O/50	00:06:55	00:34:37
65	59	ANTHONY	Dwyer	West Waterford AC	M	O/55	00:07:01	00:35:05
66	32	EOIN	Lawlor	Ferrybank Road Runners	M	O/45	00:07:04	00:35:19
67	16	DAVID	White	Waterford Tri	M	O/35	00:07:05	00:35:23
68	111	DECKAN	O' Callaghan	Individual	M	O/40	00:07:05	00:35:24
69	2	JOHN	Tierney	Individual	M	O/45	00:07:07	00:35:33
70	90	LAURA	Flavin	West Waterford AC	F	O/35	00:07:07	00:35:35
71	12	MARY	Doolin	St Josephs	F	O/40	00:07:08	00:35:40
72	132	JOHN	Frampton	Individual	M	Snr	00:07:10	00:35:50
73	137	JOHNNY	Burkin	Individual	M	Snr	00:07:14	00:36:10
74	123	LIAM	Cuddihy	Individual	M	O/45	00:07:22	00:36:52
75	135	SIOBHAN	Heylin	Waterford AC	F	Snr	00:07:23	00:36:57
76	71	GABRIELLE	Blair	Waterford AC	F	O/50	00:07:26	00:37:10
77	21	STEPHEN	Blair	Waterford AC	M	O/55	00:07:26	00:37:10
78	84	JERRY	O' Connor	West Waterford AC	M	O/50	00:07:27	00:37:14
79	93	ARTHUR	Chizikov	West Waterford AC	M	Jnr	00:07:27	00:37:16
80	105	SANDRA	Rellis	Focus on Fitness	F	Snr	00:07:28	00:37:19
81	116	JANE	Murphy	Waterford AC	F	Snr	00:07:28	00:37:20
82	92	DIANA	Chizikova	West Waterford AC	F	O/35	00:07:28	00:37:21
83	43	EMMA	Brent	Waterford AC	F	Snr	00:07:31	00:37:36
84	89	DAVID	Keating	Individual	M	O/35	00:07:36	00:38:00
85	118	IAN	Hayes	Waterford AC	M	O/35	00:07:42	00:38:29
86	83	LEONIE	Whelan	Individual	F	O/35	00:07:44	00:38:41
87	128	TRIONA	Shalloe	Individual	F	Snr	00:07:45	00:38:47
88	78	PAULINE	Hartley	Individual	F	O/35	00:07:47	00:38:54
89	38	JIM	Bourke	Individual	M	O/50	00:07:47	00:38:55
90	103	NIGEL	O' Sullivan	Focus on Fitness	M	O/45	00:07:48	00:38:58
91	144	BRIDGET	Coffey	West Waterford AC	F	O/45	00:07:49	00:39:03
92	130	DAN	Cusack	Individual	M	Snr	00:07:50	00:39:09
93	70	KAVAN	Dee	Individual	M	Snr	00:07:50	00:39:09
94	47	MARIA	White	West Waterford AC	F	O/40	00:07:50	00:39:10
95	122	SARAH JANE	Deegan	Individual	F	O/40	00:07:51	00:39:15
96	19	MYLES	Walsh	Individual	M	Snr	00:07:52	00:39:21
97	31	BRIAN	Jackman	Saturday Road Runners	M	O/45	00:07:52	00:39:21
98	110	JAMIE	Organ	Individual	M	Snr	00:07:52	00:39:22
99	102	JULIE	Monaghan	Individual	F	O/35	00:07:53	00:39:27
100	17	JOY	Kirby	Individual	F	O/35	00:07:54	00:39:29
101	131	EAMONN	Currann	West Waterford AC	M	O/35	00:07:55	00:39:35
102	114	ANN	Hennebry	Waterford Tri	F	O/50	00:07:56	00:39:39
103	75	MARTA	Balant	Individual	F	O/35	00:07:57	00:39:47
104	146	DONAL	O' Donoghue	Individual	M	O/40	00:07:58	00:39:51
105	138	ONRA	Power	West Waterford AC	F	O/50	00:08:01	00:40:06
106	140	MICHAEL	McCarthy	Individual	M	O/55	00:08:01	00:40:06
107	100	COLIN	Dunne	Waterford Tri	M	Snr	00:08:06	00:40:29

108	45	PATRICIA	Daly	Youghal AC	F	O/40	00:08:08	00:40:38
109	29	PAT	Galvin	Individual	M	O/45	00:08:09	00:40:45
110	97	MICHAEL	Whyte	Individual	M	O/45	00:08:12	00:40:58
111	143	EAMONN	Halligan	Individual	M	O/50	00:08:13	00:41:05
112	96	PASCHAL	Proctor	West Waterford AC	M	O/55	00:08:14	00:41:11
113	20	PA	Beehan	Individual	M	Snr	00:08:16	00:41:20
114	139	KATIE	Bullen	West Waterford AC	F	O/35	00:08:20	00:41:39
115	63	CATRIONA	Kiely	West Waterford AC	F	O/45	00:08:20	00:41:39
116	14	PETER	Whelan	Individual	M	O/50	00:08:21	00:41:46
117	142	DEIRDRE	Halligan	Individual	F	O/45	00:08:21	00:41:47
118	88	JOHNNY	Power	Individual	M	O/55	00:08:23	00:41:53
119	77	SANDRA	Moore	Individual	F	O/40	00:08:24	00:41:58
120	113	MAIREAD	Flynn	West Waterford AC	F	O/50	00:08:28	00:42:21
121	124	CAROLINE	Russell	West Waterford AC	F	O/45	00:08:33	00:42:44
122	115	SHARON	Nugent	West Waterford AC	F	O/35	00:08:33	00:42:44
123	68	JOHN	Foley	West Waterford AC	M	O/55	00:08:35	00:42:56
124	11	KIERAN	Kirwan	Individual	M	O/35	00:08:36	00:42:58
125	76	SHARON	Higgins	West Waterford AC	F	O/35	00:08:38	00:43:08
126	27	MARGARET	Conway	West Waterford AC	F	O/55	00:08:38	00:43:10
127	94	ELENOR	Casey	West Waterford AC	F	O/40	00:08:38	00:43:11
128	44	MARY	Cahill	West Waterford AC	F	O/45	00:08:38	00:43:11
129	87	ROSE	Power	West Waterford AC	F	O/45	00:08:40	00:43:22
130	106	JOANNE	Leahy	West Waterford AC	F	Snr	00:08:48	00:44:00
131	125	ROSIE	Vandervalk	Waterford AC	F	O/50	00:08:51	00:44:13
132	120	ROSARIO	Dwane	Individual	F	O/45	00:08:53	00:44:26
133	127	TINA	Connolly	Waterford AC	F	O/50	00:08:54	00:44:31
134	22	JOHN	O' Donoghue	Ballintotis AC	M	O/55	00:08:55	00:44:35
135	28	SIOBHAN	Lenihan	Individual	F	O/45	00:08:55	00:44:36
136	72	JAMES	O' Rourke	Individual	M	O/40	00:08:55	00:44:37
137	23	KATIE	Jacob	Focus on Fitness	F	Snr	00:08:56	00:44:39
138	49	JACKIE	Tobim	West Waterford AC	F	O/45	00:09:24	00:47:01
139	67	LIAM	Sandford	West Waterford AC	M	O/55	00:09:28	00:47:19
140	136	ROISIN	Heylin	Individual	F	Snr	00:09:29	00:47:26
141	37	JOANIE	McGrath	Individual	F	O/45	00:09:31	00:47:36
142	86	IRENE	Dee	West Waterford AC	F	O/45	00:09:42	00:48:32
143	79	CATHERINE	Collins	Individual	F	O/40	00:09:59	00:49:55
144	85	DEIRDRE	Hahey	West Waterford AC	F	O/45	00:09:59	00:49:56
145	148	ANGELA	Barry	West Waterford AC	F	O/40	00:10:12	00:50:59
146	52	MICHAEL	Fottrell	United Striders	M	O/55	00:10:16	00:51:20
147	36	CLAIRE	Meehan	West Waterford AC	F	O/40	00:10:17	00:51:24
148	101	TERRI	Gough	West Waterford AC	F	Master	00:10:44	00:53:40