



## 15th Annual Bausch & Lomb

### Kilmac 5 Mile

### Winners



#### Men

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	4	Andrew	Connick	Ferrybank AC	M	Snr	00:05:15	00:26:14
2	54	Niall	Sheil	St Killians	M	O/35	00:05:17	00:26:23
3	104	Brian	Murphy	Carrick On Suir AC	M	O/35	00:05:21	00:26:43

#### 0/40

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	8	Shane	Simcox	Mallow AC	M	O/40	00:05:34	00:27:51

#### 0/45

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	25	Sean	Dwyer	Individual	M	O/45	00:06:07	00:30:34

#### 0/50

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	98	Ray	Haesy	West Waterford AC	M	O/50	00:06:03	00:30:15

#### 0/55

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	121	Dermot	Power	Saturday Road Runners	M	O/55	00:06:44	00:33:38

#### Junior

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	57	Jake	Bagge	Ferrybank AC	M	Jnr	00:06:05	00:30:24

#### Ladies

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	66	Kate	Veale	West Waterford AC	F	Snr	00:06:33	00:32:44
2	26	Siobhan	Kennedy	Focus on Fitness	F	O/50	00:06:36	00:32:58
3	40	Michelle	McDonald	St Senans AC	F	Snr	00:06:48	00:33:58

#### 0/35

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	90	Laura	Flavin	West Waterford AC	F	O/35	00:07:07	00:35:35

#### 0/40

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	12	Mary	Doolin	St Josephs	F	O/40	00:07:08	00:35:40

#### 0/45

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	144	Bridget	Coffey	West Waterford AC	F	O/45	00:07:49	00:39:03

#### 0/50

Pos.	Bib #	First Name	Last name	Club	Gender	Category	Pace	Time
1	13	Phillis	Flynn	Straglers AC	F	O/50	00:06:55	00:34:37