

O'Reilly Butchers Kilmacthomas 4 Mile Road Race

Mens Results

1st Man	Sean Mc Grath	East Cork A.C.	20.35
2nd Man	Brian Murphy	Carrick On Suir A.C.	20.47
3rd Man	Eoin Lyons	Focus On Fitness	21.05
1st O/40 Male	Frank Quinlan	Waterford A.C.	21.35
1st O/45 Male	Sean Dwyer	West Waterford A.C.	25.00
1st O/50 Male	Ray Haahesy	West Waterford A.C.	24.44
1st O/55 Male	Joe Gough	West Waterford A.C.	24.37

Ladies Results

1st Lady	Lorna Davy Fitzgerald	Mallow A.C.	25.18
2nd Lady	Naomi Doonan	Saturday Road Runners	25.38
3rd Lady	Kate Veale	West Waterford A.C.	25.42
1st O/35 Female	Louise Morgan	Ferrybank A.C.	25.56
1st O/40 Female	Martina O'Dwyer	Carrick on Suir A.C.	25.48
1st O/45 Female	Maria Griffin	St Joseph's A.C.	27.04
1st O/50 Female	Onra Power	West Waterford A.C.	31.07