	Ras Na Rinne	Friday 30 June 2	017. 7:30 pm			
Place	Name	Team	Category	Time	Avg	No
1	BLACKWELL, Niall	West Waterford A.C.	Male Junior	0:33:48	05:37.9	
2	STILWELL, Sean	West Waterford A.C.	Male Senior	0:34:15	05:42.4	
3	KEOGH, Mossie	West Waterford A.C.	Male O/40	0:34:17	05:42.7	54
4	O'ROURKE, John	Tried and Tested	Male Senior	0:35:36	05:55.9	
5	O'RIORDAN, Shane	West Waterford A.C.	Male Senior	0:36:43	06:07.0	
6	DUGGAN, Peter	St Josephs A.C	Male O/45	0:37:02	06:10.2	
7	DUNFORD, Michael	West Waterford A.C.	Male O/50	0:37:07	06:11.0	
8	HAHESY, Ray	West Waterford A.C.	Male O/50	0:37:13	06:12.0	
9	BARRY, Niall	Tried and Tested	Male Senior	0:37:23	06:13.7	
10	BASQVILLE, Mark	Mayo A.C,	Male Senior	0:37:35	06:15.7	55
11	WHELAN, James	West Waterford A.C.	Male O/40	0:37:48	06:17.9	
12	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male O/45	0:37:50	06:18.2	
13	MAHONY, Tomas	West Waterford A.C.	Male O/45	0:38:09	06:21.4	
14	CONNORS, Jimmy	West Waterford A.C.	Male Senior	0:38:23	06:23.7	59
15	GOUGH, Joe	West Waterford A.C.	Male O/60	0:38:27	06:24.4	
16	O'LEARY, Ted	West Waterford A.C.	Male O/45	0:38:29	06:24.7	55
17	CASHIN, Eamonn	West Waterford A.C.	Male Senior	0:39:15	06:32.4	
18	LEAHY, Tom	West Waterford A.C.	Male Senior	0:39:42	06:36.9	
19	TIDESWELL, Kealy	Clonmel A.C.	Female Senior	0:39:47	06:37.7	55
20	FITZGERALD, Pat	West Waterford A.C.	Male Senior	0:40:02	06:40.2	33
21	BREEN, Pat	Waterford A.C.	Male Senior	0:40:10	06:41.5	60
22	REILLY, Gerard	N/A	Male O/45	0:40:17	06:42.7	42
23	DOWLING, Dan	Saturday Road Runners	Male Senior	0:40:47	06:47.7	
24	CLIFFE, Mark	West Waterford A.C.	Male Senior	0:41:04	06:50.5	33
25	VEALE, Kate	West Waterford A.C.	Female Senior	0:41:05	06:50.7	57
26	HOGAN, Alan	West Waterford A.C.	Male Senior	0:41:09	06:51.4	59
27	O'REGAN, Eddie	Youghal A.C.	Male O/55	0:41:38	06:56.2	60
28	HOGAN, Tom	West Waterford A.C.	Male O/40	0:41:44	06:57.2	56
29	CALLAGHAN, Micheal	West Waterford A.C.	Male O/45	0:41:46	06:57.5	54
30	CANTWELL, Gerry	West Waterford A.C.	Male O/55	0:41:51	06:58.4	583
31	DWYER, Anthony	West Waterford A.C.	Male O/60	0:41:57	06:59.4	54
32	CASEY, Kevin	West Waterford A.C.	Male Senior	0:42:12	07:01.9	59
33	O'MUIRI, Lorcan	N/A	Male O/40	0:42:20	07:03.2	58
34	BURKIN, Johnny	N/A	Male Senior	0:42:26	07:04.2	56
35	CLINCE, Liam	West Waterford A.C.	Male O/55	0:42:27	07:04.4	60
36	PRENDERGAST, Sandra	West Waterford A.C.	Female Senior	0:42:34	07:05.5	54
37	KELLY, Joe	West Waterford A.C.	Male O/45	0:43:06	07:10.9	60
38	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:43:07	07:11.0	59
39	TOBIN, Martin	West Waterford A.C.	Male O/50	0:43:54	07:18.9	
40	BARRY, Joe	West Waterford A.C.	Male Senior	0:43:59	07:19.7	
41	BUCKLEY, John	N/A	Male O/45	0:44:16	07:22.5	
42	WHITE, Maria	West Waterford A.C.	Female O/40	0:44:21	07:23.4	
43	MAHONY, Ciaran	N/A	Male Junior	0:44:37	07:26.0	
44	MOYA ROSA, Emilio	West Waterford A.C.	Male Senior	0:44:43	07:27.0	
45	ORMONDE, Brian	West Waterford A.C.	Male O/45	0:45:01	07:30.0	
46	TWOMEY, John	N/A	Male Senior	0:45:03	07:30.4	
47	HOGAN, Steve	Waterford A.C.	Male Senior	0:45:19	07:33.0	
48	COSTIN, Liam	West Waterford A.C.	Male O/45	0:45:42	07:36.9	
49	CHIZHIKOVA, Diana	West Waterford A.C.	Female O/35	0:45:45	07:37.4	
50	MURPHY, Gerard	Carrick On Suir A.C.	Male Senior	0:46:08	07:41.2	
51	DROHAN, Eveleen	N/A	Female O/35	0:46:13	07:42.0	
52	KENT, Brendan	N/A	Male O/45	0:46:31	07:45.0	
53	TRAYNOR, Dave	Saturday Road Runners	Male O/40	0:46:42	07:46.9	
54	LEE, Catriona	West Waterford A.C.	Female O/35	0:46:43	07:47.0	
55	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:47:05	07:50.7	
56	YOUNG, Shay	West Waterford A.C.	Male O/40	0:47:14	07:52.2	
57	MC GINN MURPHY, Libby	West Waterford A.C.	Female O/50	0:47:14	07:52.2	
58	TIDESWELL, Julie	Clonmel A.C.	Female O/50	0:47:23	07:53.7	
59	O'CHUIRRIN, Micheal	West Waterford A.C.	Male O/55	0:47:23	07:55.7	
60	GEE, Micheal	N/A	Male Senior	0:47:35	07:55.7	
	NUGENT, Sharon	West Waterford A.C.	Female O/35			
61	JACKMAN, Brian	Saturday Road Runners	Male O/45	0:47:43 0:47:59	07:57.0 07:59.7	

63	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:48:19	08:03.0	583
64	POWER, Onra	West Waterford A.C.	Female O/50	0:48:24	08:03.9	572
65	O'DONOGHUE, Donal	Little Island	Male O/50	0:48:36	08:05.9	347
66	FLAVIN, Cyril	N/A	Male Senior	0:48:43	08:07.0	554
67	EICHELMANN-DALY, Patrycja	Youghal A.C.	Female O/40	0:48:50	08:08.2	265
68	BRUNNOCK, Paddy	N/A	Male Senior	0:48:50	08:08.2	592
69	BRUNNOCK, Paul	West Waterford A.C.	Male O/45	0:48:51	08:08.4	591
70	CROWLEY, Hazel	N/A	Female Senior	0:49:33	08:15.4	564
71	BULLEN, Katie	West Waterford A.C.	Female O/35	0:49:33	08:15.4	409
72	O'CONNOR, Gerry	West Waterford A.C.	Male O/50	0:49:53	08:18.7	601
73	FITZGERALD, Liam	West Waterford A.C.	Male O/45	0:50:03	08:20.4	410
74	ORMONDE, Fiona	West Waterford A.C.	Female O/35	0:50:09	08:21.4	400
75	FLYNN, Mairead	West Waterford A.C.	Female O/50	0:50:27	08:24.4	279
76	MOORE, Sandra	West Waterford A.C.	Female O/45	0:50:29	08:24.7	299
77	TUTTY, Vicent	West Waterford A.C.	Male O/50	0:50:33	08:25.4	556
78	HIGGINS, Sharon	West Waterford A.C.	Female O/35	0:50:41	08:26.7	283
79	BEER, Mark	Blackwater A.C.	Male O/45	0:50:58	08:29.5	579
80	UI CHUIRRIN, Josie	West Waterford A.C.	Female O/55	0:51:03	08:30.3	406
81	LYONS, Kieran	N/A	Male O/40	0:51:05	08:30.7	590
82	O'DONNELL, Jill	West Waterford A.C.	Female Senior	0:51:15	08:32.3	594
83	PROCTOR, Paschal	West Waterford A.C.	Male O/60	0:51:13	08:33.5	401
84	O'GORMAN, Paul	West Waterford A.C.	Male O/50	0:51:27	08:34.3	562
85	MASSEY, Anne	West Waterford A.C.	Female O/45	0:51:37	08:36.0	298
86	WALSH, Aidan	West Waterford A.C.	Male O/40	0:51:48	08:37.8	587
87	GAFFNEY, Andrea	West Waterford A.C.	Female O/45	0:52:28	08:44.5	340
88	MORRISSEY, Pat	West Waterford A.C.	Male O/45	0:52:42	08:46.8	542
89	CONNORS, David	N/A	Male 0/45			605
	COSGRAVE, Padraig	N/A	Male Senior	0:52:44	08:47.2	
90 91	CONWAY, Margaret	West Waterford A.C.	Female O/55	0:53:00	08:49.8	569
			·	0:54:31	09:05.0	206
92	RUSSELL, Caroline	West Waterford A.C. N/A	Female O/45 Male O/50	0:54:31	09:05.0	403
93	O'GORMAN, David	N/A	Female O/40	0:55:08	09:11.2	563
94	TOBIN, Sophie	,		0:55:19	09:13.0	408
95	WALSH, Marie	West Waterford A.C.	Female O/40	0:55:22	09:13.5	586
96	LEAHY, Joanne	West Waterford A.C.	Female Senior	0:55:45	09:17.3	417
97	COLLINS, Paula	West Waterford A.C.	Female O/40	0:56:24	09:23.8	413
98	DEEGAN, Michael	West Waterford A.C.	Male O/60	0:57:04	09:30.5	551
99	MOORE, Marie	West Waterford A.C.	Female O/55	0:57:41	09:36.7	574
100	FOGARTY, Christine	West Waterford A.C.	Female O/35	0:57:55	09:39.0	281
101	FOLEY, John	West Waterford A.C.	Male O/60	0:58:02	09:40.2	338
102	CONWAY, Noelle	West Waterford A.C.	Female O/55	0:58:38	09:46.2	575
103	MC GRATH, Joanie	West Waterford A.C.	Female O/45	0:59:01	09:50.0	411
104	FENTON, John	N/A	Male O/60	1:01:35	10:15.7	565
105	FOLEY, Samantha	N/A	Female O/40	1:01:43	10:17.0	596
106	WALSH, Mary	Touraneena Road Runners	Female O/50	1:01:47	10:17.7	566
107	POWER HICKEY, Therese	West Waterford A.C.	Female O/35	1:02:03	10:20.3	416
108	COAKLEY, Michael	West Waterford A.C.	Male O/50	1:03:25	10:34.0	540
109	FULLER BUCKLEY, Brigid	Blackwater A.C.	Female O/45	1:03:59	10:39.7	339
110	O'DONNELL, Deirdre	Blackwater A.C.	Female O/50	1:04:00	10:39.8	597
111	SHEIL, Jacinta	West Waterford A.C.	Female O/55	1:05:17	10:52.7	584
112	MANSFIELD, Jackie	Ardmore Road Runners	Female O/45	1:05:19	10:53.0	573
113	CLANCY, Deirdre	West Waterford A.C.	Female O/55	1:06:02	11:00.2	332
114	SANDFORD, Liam	West Waterford A.C.	Male O/60	1:06:03	11:00.3	578
115	HAHESY, Deirdre	West Waterford A.C.	Female O/45	1:07:28	11:14.5	555
116	DEE, Irene	West Waterford A.C.	Female O/40	1:07:28	11:14.5	585