

RÁS NA RINNE						
PLACE	NAME	TEAM	CAT.	TIME	PACE	NO.
1	LEARY, Kevin	East Cork	SM	0:31:51	05:18.4	134
2	ZAKIS, Raivis	West Waterford A.C.	SM	0:32:01	05:20.1	223
3	HENNESSY, Pat	West Waterford A.C.	SM	0:33:17	05:32.7	202
4	KEDEBE, Fkadu	N/A	SM	0:33:42	05:36.9	263
5	ROCHE, Patrick	Carrick On Suir A.C.	M40	0:34:04	05:40.6	215
6	FLEET, Andy	West Waterford A.C.	SM	0:34:28	05:44.6	204
7	LOUGHNANE, Madeline	Thurles Crokes	F35	0:36:33	06:05.4	120
8	WHELAN, James	West Waterford A.C.	M40	0:36:50	06:08.2	110
9	HAHESY, Benny	Carrick On Suir A.C.	M45	0:37:18	06:12.9	222
10	HAHESY, Ray	West Waterford A.C.	M50	0:37:23	06:13.7	126
11	GOUGH, Joe	West Waterford A.C.	M60	0:37:33	06:15.4	227
12	STILWELL, Sean	West Waterford A.C.	SM	0:37:44	06:17.2	261
13	CONNORS, Jimmy	West Waterford A.C.	SM	0:38:06	06:20.9	132
14	GOUGH, Dermot	N/A	SM	0:38:27	06:24.4	259
15	CHIZHIKOV, Yevgeniy	West Waterford A.C.	M45	0:38:31	06:25.0	201
16	VEALE, Kate	West Waterford A.C.	SF	0:38:45	06:27.4	216
17	ABERNEATHY, Michael	Midleton A.C.	SM	0:38:47	06:27.7	258
18	VEALE, Patrick	West Waterford A.C.	SM	0:39:14	06:32.2	240
19	O'LEARY, Ted	West Waterford A.C.	M45	0:39:27	06:34.4	275
20	MC DONALD, Michelle	St. Senans A.C.	SF	0:39:36	06:35.9	270
21	HORGAN, Barry	Clonmel A.C.	M40	0:39:58	06:39.5	205
22	KENNEDY, Pdraig	West Waterford A.C.	SM	0:40:05	06:40.7	209
23	CLIFFE, Mark	West Waterford A.C.	SM	0:40:22	06:43.5	277
24	KELLY, Joe	West Waterford A.C.	M45	0:40:22	06:43.5	190
25	BEDELL, Toby	N/A	M45	0:40:31	06:45.0	279
26	KENNEALLY, Julie	Youghal A.C.	SF	0:40:34	06:45.5	114
27	CASEY, Kevin	West Waterford A.C.	SM	0:40:38	06:46.2	155
28	LEAHY, Tom	West Waterford A.C.	M40	0:40:39	06:46.4	262
29	MAHONY, Tomas	West Waterford A.C.	M45	0:40:42	06:46.9	211
30	FOLEY, Gavin	N/A	SM	0:40:45	06:47.4	266
31	CANTWELL, Gerry	West Waterford A.C.	M60	0:40:46	06:47.5	199
32	WALSH, Owen	Saturday Road Runners	M40	0:40:47	06:47.7	225
33	CALLAGHAN, Micheal	West Waterford A.C.	M45	0:41:20	06:53.2	200
34	HORGAN, Elaine	Clonmel A.C.	F35	0:41:29	06:54.7	206
35	DWYER, Anthony	West Waterford A.C.	M60	0:41:42	06:56.9	136
36	TOBIN, John	N/A	M40	0:41:56	06:59.2	232
37	O'MUIRI, Lorcán	N/A	M40	0:42:01	07:00.0	260
38	O'MAHONEY, Tony	West Waterford A.C.	M50	0:42:10	07:01.5	149
39	DUNFORD, Pat	West Waterford A.C.	M50	0:42:18	07:02.9	276
40	MAHONY, Ciaran	West Waterford A.C.	JM	0:42:46	07:07.5	212
41	MURRAY, Conor	West Waterford A.C.	M50	0:43:09	07:11.4	108
42	HOGAN, Tom	West Waterford A.C.	M40	0:43:14	07:12.2	267
43	JACKMAN, Brian	Saturday Road Runners	M50	0:43:22	07:13.5	207
44	TOBIN, Martin	West Waterford A.C.	M50	0:43:35	07:15.7	111
45	BURKIN, Johnny	West Waterford A.C.	SM	0:43:39	07:16.4	282
46	MOLLOY, Mary	Carrick On Suir A.C.	F40	0:44:16	07:22.5	278
47	FITZGERALD, Liam	West Waterford A.C.	M45	0:44:20	07:23.2	148
48	O'MAHONEY, Declan	N/A	M40	0:44:21	07:23.4	280

49	O'REILLY, Stephen	West Waterford A.C.	M40	0:44:35	07:25.7	231
50	CLINCE, Liam	West Waterford A.C.	M55	0:44:50	07:28.2	125
51	HOGAN, Noel	West Waterford A.C.	M40	0:45:18	07:32.9	264
52	DEVEREUX, Pat	Tried and Tested	M40	0:45:45	07:37.4	214
53	MC NALLY, David	West Waterford A.C.	M50	0:45:54	07:38.9	271
54	NI FHAOLAIN, Sinead	West Waterford A.C.	SF	0:46:03	07:40.4	117
55	O'DONOGHUE, Donal	Little Island	M50	0:46:23	07:43.7	128
56	KAVANAGH, Liam	West Waterford A.C.	M55	0:46:30	07:44.9	208
57	BRUNNOCK, Paul	West Waterford A.C.	M50	0:46:30	07:44.9	268
58	MC GRATH, Paul	West Waterford A.C.	M50	0:47:04	07:50.5	238
59	TRAYNOR, Dave	Saturday Road Runners	M40	0:47:16	07:52.5	237
60	LEE, Catriona	West Waterford A.C.	F35	0:47:54	07:58.9	210
61	POWER, Onra	West Waterford A.C.	F50	0:47:56	07:59.2	106
62	MESKELL, Kate	West Waterford A.C.	SF	0:48:02	08:00.2	213
63	FOLEY, Linda	West Waterford A.C.	SF	0:48:06	08:00.9	235
64	HOGAN, Nuala	West Waterford A.C.	F35	0:48:23	08:03.7	228
65	FERNCOMBE, Tony	West Waterford A.C.	SM	0:49:00	08:09.9	281
66	HIGGINS, Sharon	West Waterford A.C.	F35	0:49:30	08:14.9	203
67	KENNEALLY, Eoin	N/A	SM	0:50:24	08:23.9	115
68	KELLY, Christopher	West Waterford A.C.	M50	0:50:33	08:25.4	226
69	O'GORMAN, Paul	West Waterford A.C.	M50	0:50:38	08:26.2	274
70	NUGENT, Sharon	West Waterford A.C.	F35	0:51:10	08:31.5	147
71	MASSEY, Anne	West Waterford A.C.	F45	0:51:26	08:34.2	273
72	CROWLEY, Hazel	West Waterford A.C.	F35	0:51:28	08:34.5	234
73	BULLEN, Katie	West Waterford A.C.	F35	0:51:28	08:34.5	130
74	DOHERTY, Debra	West Waterford A.C.	F35	0:51:30	08:34.8	129
75	NI FHOGHLU, Grainne	West Waterford A.C.	F40	0:51:30	08:34.8	265
76	VERLING, Cait	West Waterford A.C.	F40	0:51:31	08:35.0	217
77	MOYNIHAN, Micheal	West Waterford A.C.	M60	0:51:36	08:35.8	239
78	FLYNN, Mairead	West Waterford A.C.	F50	0:52:04	08:40.5	118
79	GATELY, Michael	Jedi Knights	M50	0:52:06	08:40.8	219
80	FINNIGAN, Michelle	West Waterford A.C.	F45	0:52:25	08:44.0	142
81	FOLEY, Samantha	N/A	F40	0:52:27	08:44.3	241
82	CONNAUGHTON, Kevin	N/A	M50	0:52:40	08:46.5	230
83	CARROLL, Ronan	Gaelic Sports Luxemburg	M45	0:53:21	08:53.3	220
84	O'REILLY, Breda	N/A	F40	0:53:42	08:56.8	221
85	BRADFIELD, Linda	West Waterford A.C.	F45	0:54:10	09:01.5	233
86	RUSSELL, Caroline	West Waterford A.C.	F45	0:54:26	09:04.2	135
87	DEEGAN, Michael	West Waterford A.C.	M60	0:54:44	09:07.2	229
88	MORRISSEY, Pat	West Waterford A.C.	M45	0:55:04	09:10.5	224
89	FITZGERALD, Molly	West Waterford A.C.	F45	0:56:22	09:23.5	139
90	WALSH, Mary	Touraneena Road Runners	F50	0:58:30	09:44.8	144
91	RYAN, Denis	West Waterford A.C.	SM	0:59:04	09:50.5	127
92	BERESFORD, Evelyn	West Waterford A.C.	F45	1:01:07	10:11.0	198
93	CARROLL, Regina	Touraneena Road Runners	F45	1:02:17	10:22.7	272
94	POWER HICKEY, Therese	West Waterford A.C.	F35	1:03:56	10:39.2	145
95	HALLINAN, Grainne	Touraneena Road Runners	F45	1:05:56	10:59.2	105

96	CLANCY, Deirdre	West Waterford A.C.	F55	1:09:50	11:38.1	107
97	GATELY, Nessa	Bannagher	F35	1:11:17	11:52.6	236
98	GATELY, Myriam	Jedi Knights	F50	1:11:17	11:52.6	269