

Touraneena 5k Road Race						
Place	Name	Team	Category	Time	Pace	No.
1	MC CARTHY, David	West Waterford A.C.	Senior Male	0:15:01	04:49.9	180
2	CURRAN, Sean	West Waterford A.C.	Senior Male	0:15:39	05:02.1	184
3	SHEIL, Niall	St Killians A.C.	Male O/40	0:15:57	05:07.9	28
4	BLACKWELL, Niall	West Waterford A.C.	Junior Male	0:16:11	05:12.4	13
5	O'LEARY, Kevin	East Cork	Senior Male	0:16:30	05:18.5	122
6	STILWELL, Sean	West Waterford A.C.	Senior Male	0:16:44	05:23.0	197
7	FLYNN, Anthony	West Waterford A.C.	Senior Male	0:16:58	05:27.5	236
8	ROWE, Mark	West Waterford A.C.	Male O/40	0:17:04	05:29.5	207
9	HENNESSY, Pat	N/A	Senior Male	0:17:08	05:30.8	240
10	KENNEALLY, Kevin	West Waterford A.C.	Senior Male	0:17:10	05:31.4	390
11	RYAN, Colm	Touraneena Road Runners	Senior Male	0:17:13	05:32.4	384
12	KEOGH, Mossie	West Waterford A.C.	Male O/40	0:17:17	05:33.7	189
13	RYAN, Michael	N/A	Senior Male	0:17:34	05:39.1	405
14	KINSELLA, Alan	West Waterford A.C.	Senior Male	0:17:36	05:39.8	379
15	HAHESY, Ray	West Waterford A.C.	Male O/50	0:17:53	05:45.2	370
16	DONNELLY, Enda	West Waterford A.C.	Male O/40	0:18:03	05:48.5	388
17	FITZGERALD, Pat	West Waterford A.C.	Senior Male	0:18:10	05:50.7	78
18	CULLEN, Alan	West Waterford A.C.	Male O/40	0:18:13	05:51.7	366
19	GRANT, Pat	Ferrybank A.C.	Male O/40	0:18:14	05:52.0	87
20	DROHAN, Walter	West Waterford A.C.	Male O/40	0:18:24	05:55.2	375
21	MURRAY, Conor	N/A	Senior Male	0:18:31	05:57.5	223
22	KEANE, Jack	N/A	Junior Male	0:18:40	06:00.4	247
23	CARTY, Jackie	Kilmore A.C.	Female o/40	0:18:42	06:01.0	134
24	ROCHE, Patrick	Carrick On Suir A.C.	Senior Male	0:18:43	06:01.3	40
25	BARRY, Niall	Tried and Tested	Senior Male	0:18:44	06:01.7	380
26	TRAVERS, Jason	West Waterford A.C.	Male O/40	0:18:55	06:05.2	270
27	VAHEY, John	Track Attack	Male O/40	0:18:56	06:05.5	355
28	WHELAN, James	West Waterford A.C.	Male O/40	0:18:57	06:05.8	20
29	SHALLOE, Mark	West Waterford A.C.	Senior Male	0:18:58	06:06.2	312
30	O'GORMAN, Richard	Clonmel A.C.	Male O/50	0:19:04	06:08.1	11
31	CONNORS, Jimmy	West Waterford A.C.	Senior Male	0:19:12	06:10.7	295
32	O'LEARY, Ted	West Waterford A.C.	Male O/45	0:19:13	06:11.0	249
33	DENN, James	Clonmel A.C.	Male O/40	0:19:17	06:12.3	72
34	KIRBY, Dan	N/A	Senior Male	0:19:25	06:14.9	7
35	KENNEALLY, Jonathan	St. Catherines	Senior Male	0:19:28	06:15.8	296
36	RYAN, Austin	Thurles	Male O/45	0:19:29	06:16.1	26
37	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male O/45	0:19:31	06:16.8	35
38	ROCHE, Aine	Clonmel A.C.	Senior Female	0:19:37	06:18.7	9
39	BROWNE, John	Clonmel A.C.	Male O/40	0:19:40	06:19.7	322
40	KENNEDY, John F.	Borris Track Attack	Male O/50	0:19:42	06:20.3	123
41	GOUGH, Joe	West Waterford A.C.	Male O/60	0:19:43	06:20.6	265
42	PROVAN, Neil	Clonmel A.C.	Male O/50	0:19:44	06:21.0	222
43	VEALE, Kate	West Waterford A.C.	Senior Female	0:19:56	06:24.8	217
44	O'KEEFFE, Bill	St. Catherines	Male O/50	0:19:58	06:25.5	299
45	THORGAN, Barry	N/A	Male O/40	0:19:59	06:25.8	482
46	LENIHAN, Paul	West Waterford A.C.	Male O/50	0:19:59	06:25.8	225
47	MC CARTHY, Richard	N/A	Male O/55	0:20:00	06:26.1	174
48	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:20:00	06:26.1	378
49	REILLY, Gerard	N/A	Male O/45	0:20:05	06:27.7	95
50	BEDELL, Toby	N/A	Male O/45	0:20:21	06:32.9	381
51	PRENDERGAST, Sandra	West Waterford A.C.	Senior Female	0:20:30	06:35.8	203
52	TOBIN, Martin	West Waterford A.C.	Male O/50	0:20:34	06:37.1	219
53	CASEY, Kevin	West Waterford A.C.	Senior Male	0:20:35	06:37.4	399
54	KEATING, Diarmuid	N/A	Junior Male	0:20:37	06:38.0	387
55	KELLY, Joe	West Waterford A.C.	Male O/45	0:20:46	06:40.9	481

56	CALLAGHAN, Micheal	West Waterford A.C.	Male O/45	0:20:49	06:41.9	241
57	MC CARTHY, Denis	East Cork	Male O/50	0:20:51	06:42.5	216
58	KEANE, Mush	West Waterford A.C.	Senior Male	0:20:52	06:42.8	349
59	BURKIN, Johnny	N/A	Senior Male	0:20:59	06:45.1	377
60	CUNNINGHAM, Peter	West Waterford A.C.	Senior Male	0:21:08	06:48.0	140
61	KENNEDY, Noel	Track Attack	Male O/40	0:21:09	06:48.3	308
62	WHITE, Maria	West Waterford A.C.	Female o/40	0:21:11	06:49.0	328
63	MURRAY, Conor	West Waterford A.C.	Male O/50	0:21:24	06:53.1	363
64	THORGAN, Elaine	N/A	Female O/35	0:21:28	06:54.4	479
65	MC GRATH, Johnny	N/A	Male O/40	0:21:31	06:55.4	394
66	RYAN, Paddy	Borris Track Attack	Male O/45	0:21:40	06:58.3	19
67	KIELY, Leonora	West Waterford A.C.	Senior Male	0:21:48	07:00.9	317
68	BARRY, Joe	West Waterford A.C.	Senior Male	0:21:54	07:02.8	199
69	HOGAN, Tom	West Waterford A.C.	Male O/40	0:21:56	07:03.4	58
70	O'BRIEN, Michael	Track Attack	Senior Male	0:22:01	07:05.1	310
71	HEYLIN, Siobhain	Waterford A.C.	Senior Female	0:22:14	07:09.2	318
72	MULLALLY, Emmet	N/A	Senior Male	0:22:20	07:11.2	362
73	MOYA, Emilio	N/A	Senior Male	0:22:22	07:11.8	406
74	SANDFORD, Martin	West Waterford A.C.	Male O/60	0:22:38	07:17.0	232
75	BROWNE, Fionn	Clonmel A.C.	Junior Male	0:22:39	07:17.3	323
76	KEANE, Pat	Track Attack	Male O/40	0:22:41	07:17.9	356
77	CURRAN, Eamonn	West Waterford A.C.	Male O/45	0:22:42	07:18.2	109
78	TOBIN, Gemma	N/A	Senior Female	0:22:42	07:18.2	480
79	GEE, Micheal	N/A	Senior Male	0:22:50	07:20.8	25
80	COFFEY, Brigid	Tried and Tested	Female O/45	0:22:53	07:21.8	108
81	O'MEARA, Sinead	Borris Track Attack	Senior Female	0:22:55	07:22.4	128
82	HOGAN, Noel	West Waterford A.C.	Senior Male	0:22:57	07:23.1	264
83	FLYNN, Noel	N/A	Senior Male	0:23:04	07:25.3	242
84	O'DOHERTY, Marie	Borris Track Attack	Female O/35	0:23:04	07:25.3	93
85	MURPHY, Jane	Waterford A.C.	Senior Female	0:23:12	07:27.9	354
86	SLATTERY, Christy	Track Attack	Male O/50	0:23:31	07:34.0	306
87	WALL, Kate	Clonmel A.C.	Female o/40	0:23:33	07:34.7	382
88	CHIZHIKOV, Arthur	N/A	Junior Male	0:23:44	07:38.2	38
89	NUGENT, Sharon	West Waterford A.C.	Female O/35	0:23:48	07:39.5	1
90	HARTE, Sinead	Waterford A.C.	Female O/35	0:23:50	07:40.1	315
91	CHIZHIKOVA, Diana	West Waterford A.C.	Female O/35	0:23:52	07:40.8	37
92	HOGAN, John Paul	West Waterford A.C.	Senior Male	0:23:54	07:41.4	77
93	MOORE, Sandra	West Waterford A.C.	Female o/40	0:24:02	07:44.0	55
94	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:24:08	07:45.9	112
95	POWER, Onra	West Waterford A.C.	Female O/50	0:24:28	07:52.4	91
96	O'DONOGHUE, Donal	Little Island	Male O/50	0:24:29	07:52.7	372
97	RYAN, Donal	Borris Track Attack	Male O/45	0:24:29	07:52.7	121
98	POWER, Alice	St. Finbarr's	Senior Female	0:24:37	07:55.3	374
99	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:24:38	07:55.6	368
100	BEATTY, Brian	West Waterford A.C.	Male O/40	0:24:39	07:55.9	89
101	JACKMAN, Brian	Saturday Road Runners	Male O/45	0:24:39	07:55.9	485
102	EICHELMANN-DALY,	Youghal A.C.	Female o/40	0:24:41	07:56.5	74
103	CUNNINGHAM, Michelle	West Waterford A.C.	Female O/35	0:24:42	07:56.9	386
104	MC GUIRE, Martin	N/A	Senior Male	0:24:45	07:57.8	32
105	PROCTOR, Paschal	West Waterford A.C.	Male O/60	0:24:47	07:58.5	302
106	SHALLOE, Triona	West Waterford A.C.	Senior Female	0:24:50	07:59.4	350
107	GAFFNEY, Andrea	West Waterford A.C.	Female O/45	0:24:52	08:00.1	304
108	COSGRAVE, Pdraig	N/A	Senior Male	0:24:53	08:00.4	393
109	HIGGINS, Sharon	West Waterford A.C.	Female O/35	0:24:53	08:00.4	65
110	DOHERTY, Debra	West Waterford A.C.	Senior Female	0:24:54	08:00.7	369
111	RYAN, Theresa	Track Attack	Female O/50	0:24:58	08:02.0	305
112	BULLEN, Katie	West Waterford A.C.	Female O/35	0:24:58	08:02.0	15

113	FAHEY, Deirdre	Clonmel A.C.	Female O/50	0:25:10	08:05.9	131
114	CONNORS, David	N/A	Male O/45	0:25:12	08:06.5	395
115	O'CONNELL, Hilary	Waterford A.C.	Senior Female	0:25:19	08:08.8	353
116	MASSEY, Anne	West Waterford A.C.	Female O/45	0:25:24	08:10.4	102
117	MOLONEY, Simon	West Waterford A.C.	Senior Male	0:25:31	08:12.6	47
118	DEMPSEY, John	Blackwater A.C.	Senior Male	0:25:43	08:16.5	138
119	CONDON, Tom	Touraneena Road Runners	Male O/60	0:25:44	08:16.8	215
120	BLANCHFIELD, J.P.	N/A	Male O/40	0:25:45	08:17.1	360
121	RYAN, Mary	Track Attack	Female O/45	0:25:46	08:17.5	320
122	KIELY, Catriona	West Waterford A.C.	Female O/45	0:25:47	08:17.8	16
123	POWER, Rose	West Waterford A.C.	Female O/45	0:25:49	08:18.4	126
124	O'DWYER, Nessa	N/A	Female O/35	0:25:58	08:21.3	326
125	WHELAN, Gillian	Touraneena Road Runners	Female O/35	0:26:01	08:22.3	194
126	FLYNN, Mairead	West Waterford A.C.	Female O/50	0:26:06	08:23.9	84
127	KELLY, Christopher	N/A	Male O/50	0:26:11	08:25.5	389
128	MC CARTHY, Danielle	N/A	Senior Female	0:26:15	08:26.8	478
129	BENNETT, Sean	N/A	Male O/55	0:26:19	08:28.1	66
130	MORRISSEY, Pat	West Waterford A.C.	Male O/45	0:26:20	08:28.4	257
131	MINOGUE, Jacqueline	Track Attack	Female O/35	0:26:23	08:29.4	358
132	HOULIHAN, Ger	Carrick On Suir A.C.	Female O/50	0:26:35	08:33.2	235
133	WHELAN, Margaret	N/A	Female O/55	0:26:43	08:35.8	50
134	GOUGH, Sarah	Kilkenny City Harriers	Senior Female	0:26:46	08:36.8	294
135	KENNEALLY, Marie	N/A	Female o/40	0:26:48	08:37.4	383
136	RYAN, Julie	N/A	Senior Female	0:26:48	08:37.4	404
137	RUSSELL, Caroline	West Waterford A.C.	Female O/45	0:26:58	08:40.6	396
138	RYAN, Noreen	Borris Track Attack	Female O/45	0:27:09	08:44.2	120
139	FITZGERALD, Ciara	N/A	Senior Female	0:27:38	08:53.5	361
140	GUIRY, Michelle	Touraneena Road Runners	Senior Female	0:27:39	08:53.8	402
141	BERESFORD, Evelyn	West Waterford A.C.	Female O/45	0:27:44	08:55.4	86
142	LEAHY, Joanne	West Waterford A.C.	Senior Female	0:27:50	08:57.4	48
143	BENNETT, Colm	N/A	Senior Male	0:27:53	08:58.3	484
144	DUFFY, Sarah	N/A	Female O/35	0:27:54	08:58.6	400
145	FENNELL, Tracey	N/A	Female o/40	0:27:56	08:59.3	1000
146	PURCELL, Catherine	N/A	Female o/40	0:27:57	08:59.6	321
147	SHEEHAN, Noreen	N/A	Female o/40	0:28:01	09:00.9	268
148	CONWAY, Margaret	West Waterford A.C.	Female O/55	0:28:24	09:08.3	85
149	BARRY, Geraldine (75)	West Waterford A.C.	Female o/40	0:28:25	09:08.6	24
150	CASEY, Eleanor	West Waterford A.C.	Female o/40	0:28:25	09:08.6	391
151	CAHILL, Mary	West Waterford A.C.	Female O/45	0:28:48	09:16.0	392
152	COSGRAVE, Vanessa	N/A	Female O/35	0:28:49	09:16.3	261
153	CUMMINS, Joan	Track Attack	Female O/35	0:28:52	09:17.3	307
154	GARCIA, Linda	West Waterford A.C.	Female o/40	0:28:53	09:17.6	255
155	MANSFIELD, Amanda	West Waterford A.C.	Female o/40	0:28:58	09:19.2	92
156	FITZPATRICK, Claire	Touraneena Road Runners	Female o/40	0:28:59	09:19.6	397
157	DYER, Mary	N/A	Female o/40	0:29:00	09:19.9	398
158	SLATTERY, Betty	Track Attack	Senior Female	0:29:18	09:25.7	303
159	O'DONOGHUE, Agnes	Blackwater A.C.	Female o/40	0:29:35	09:31.2	401
160	FOGARTY, Christine	West Waterford A.C.	Female O/35	0:29:36	09:31.5	107
161	MC GRATH, Joanie	West Waterford A.C.	Female O/45	0:29:51	09:36.3	111
162	BURKE, Tom	West Waterford A.C.	Male O/60	0:29:52	09:36.6	191
163	TOBIN, Sophie	N/A	Female o/40	0:29:53	09:36.9	5
164	KENNEDY, Lorraine	Clonmel A.C.	Female O/35	0:29:54	09:37.3	68
165	HAYES, Gillian	N/A	Female O/35	0:29:54	09:37.3	237
166	SHANAHAN, Elaine	N/A	Female o/40	0:30:05	09:40.8	239
167	POWER HICKEY, Therese	West Waterford A.C.	Female O/35	0:30:06	09:41.1	21
168	WALSH, Mary	Touraneena Road Runners	Female O/50	0:30:09	09:42.1	325
169	MASON, Phil	Track Attack	Male O/55	0:30:09	09:42.1	301

170	MURRAY, Caroline	Track Attack	Female o/40	0:30:10	09:42.4	319
171	O'ROURKE, Chandler	N/A	Junior Male	0:30:10	09:42.4	371
172	FULLER BUCKLEY, Brigid	Blackwater A.C.	Female O/45	0:30:20	09:45.6	212
173	KEATING, Marie	N/A	Senior Female	0:30:35	09:50.5	90
174	HODGKISS, Vanessa	Sheffield	Senior Female	0:30:36	09:50.8	56
175	DEEGAN, Michael	West Waterford A.C.	Male O/60	0:30:39	09:51.7	220
176	LONERGAN, Nicole	N/A	Senior Female	0:30:42	09:52.7	313
177	WALTON, Lyndsay	N/A	Female O/35	0:30:43	09:53.0	30
178	MC CARTHY, Brandon	N/A	Junior Male	0:30:43	09:53.0	33
179	LENIHAN, Tommy	West Waterford A.C.	Male O/55	0:30:45	09:53.7	214
180	HOULIHAN, Catherine	Blackwater A.C.	Female O/50	0:30:48	09:54.6	226
181	LONERGAN, Paula	Touraneena Road Runners	Senior Male	0:30:50	09:55.3	260
182	MURRAY, Orna	N/A	Female O/50	0:30:52	09:55.9	201
183	O'FLYNN, Anne Marie	Touraneena Road Runners	Female O/45	0:30:55	09:56.9	365
184	WALL, Mecca	N/A	Senior Female	0:30:57	09:57.5	403
185	GOONAN, Honor	Touraneena Road Runners	Female O/35	0:31:03	09:59.5	364
186	HICKEY, Stephanie	Touraneena Road Runners	Female O/45	0:31:38	10:10.7	367
187	MURPHY, Siobhan	N/A	Female O/35	0:31:39	10:11.1	477
188	O'BRIEN, John	N/A	Male O/55	0:32:04	10:19.1	300
189	FEENEY, Noelle	Blackwater A.C.	Female o/40	0:32:07	10:20.1	227
190	KINLEY, Paddy	Track Attack	Male O/60	0:32:15	10:22.6	359
191	CLANCY, Deirdre	West Waterford A.C.	Female O/55	0:32:17	10:23.3	73
192	DEE, Irene	West Waterford A.C.	Female o/40	0:32:40	10:30.7	253
193	HAHESY, Deirdre	West Waterford A.C.	Female O/45	0:32:41	10:31.0	233
194	SANDFORD, Liam	West Waterford A.C.	Male O/60	0:33:07	10:39.4	206
195	KELLEHER, Orlagh	West Waterford A.C.	Female O/35	0:33:15	10:41.9	3
196	MURPHY, Lorna	N/A	Senior Female	0:33:18	10:42.9	49
197	CLIFFE, Martina	Blackwater A.C.	Female O/50	0:33:30	10:46.8	245
198	HORGAN, Laurissa	N/A	Senior Female	0:33:41	10:50.3	373
199	MORRISSEY, Amanda	N/A	Female O/35	0:33:44	10:51.3	80
200	BENNETT, Diane	N/A	Senior Female	0:34:11	11:00.0	483
201	MOORE, Marie	West Waterford A.C.	Female O/55	0:34:28	11:05.4	115
202	FITZGERALD, Aideen	West Waterford A.C.	Female O/50	0:34:30	11:06.1	221
203	CONWAY, Noelle	West Waterford A.C.	Female O/55	0:34:32	11:06.7	114
204	O'ROURKE, Lorraine	West Waterford A.C.	Female O/50	0:34:41	11:09.6	110
205	O'ROURKE, Madison	West Waterford A.C.	Senior Female	0:34:42	11:09.9	113
206	READE, Emma	West Waterford A.C.	Senior Female	0:35:21	11:22.5	2
207	FOLEY, John	West Waterford A.C.	Male O/60	0:35:30	11:25.4	209
208	HALLAHAN, Aisling	Touraneena Road Runners	Senior Female	0:36:01	11:35.4	297
209	BARRY, Laura	Touraneena Road Runners	Senior Female	0:36:01	11:35.4	298
210	KEARNS, Clodagh	Touraneena Road Runners	Senior Female	0:36:02	11:35.7	105
211	LONERGAN, Danielle	N/A	Senior Female	0:36:07	11:37.3	352
212	LONERGAN, Rose	N/A	Female O/55	0:36:10	11:38.3	314