

McGrath Newsagents 5m 2012

Place	Name	Club	Category	Time	Pace
1	HARTY, Philip	West Waterford A.C	S/M	0:27:54	05:34.7
2	KLAVA, Dzintars	West Waterford A.C	S/M	0:29:35	05:54.9
3	BENNETT, Tom		S/M	0:29:49	05:57.7
4	SMITH, Andrew	Coolquin A.C	S/M	0:30:03	06:00.5
5	RYAN, Alan	West Waterford A.C	M/40	0:30:04	06:00.7
6	FEENEY, Des	West Waterford A.C	S/M	0:30:54	06:10.7
7	MURPHY, Sean	United Striders	S/M	0:31:19	06:15.7
8	TRAVERS, Jason	N/A	S/M	0:31:22	06:16.3
9	GOUGH, Joe	West Waterford A.C	M/55	0:31:41	06:20.1
10	MULLANY, Shane	Thurles AC	S/M	0:31:58	06:23.5
11	MCCANN, Angela	Clonmel AC	F/40	0:32:02	06:24.3
12	MCGRATH, John	United Striders	M/40	0:32:46	06:33.1
13	CULLEN, Alan	West Waterford A.C	S/M	0:32:47	06:33.3
14	STAFFORD, Colin	United Striders	M/45	0:32:53	06:34.5
15	ASPEL, Brendan	Waterford A.C	M/45	0:33:22	06:40.3
16	HAHESY, Ray	West Waterford A.C	M/45	0:33:39	06:43.7
17	CANTWELL, Gerry	West Waterford A.C	M/50	0:34:18	06:51.5
18	DWYER, Dermot	West Waterford A.C	M/40	0:34:29	06:53.7
19	MCCARTHY, Vinny	N/A	S/M	0:34:49	06:57.7
20	HACKETT, Michael		S/M	0:35:15	07:02.8
21	RIORDAN, John	Waterford A.C	S/M	0:35:16	07:03.0
22	LYONS, Colin	West Waterford A.C	M/55	0:35:16	07:03.0
23	CLIFFE, Mark	West Waterford A.C	S/M	0:35:18	07:03.4
24	PHELAN, Conor	N/A	S/M	0:35:34	07:06.6
25	MORRISSEY, John	N/A	S/M	0:35:39	07:07.6
26	WALSH, Conor		J/M	0:35:40	07:07.8
27	O'LEARY, Ted	West Waterford A.C	M/40	0:36:15	07:14.8
28	NI CHEARBHAILL, Deirdre	Crusaders	F/35	0:36:32	07:18.2
29	O'NEILL, Conor	West Waterford A.C	M/40	0:36:49	07:21.6
30	PRENDERGAST, Noel	Clonmel AC	M/40	0:36:54	07:22.6
31	SMITH, Lesley	Coolquin A.C	M/55	0:36:58	07:23.4
32	WALSH, Ian		J/M	0:37:12	07:26.2
33	KAVANAGH, Liam	West Waterford A.C	M/50	0:37:19	07:27.6
34	CALLAGHAN, Micheal	West Waterford A.C	M/40	0:37:30	07:29.8
35	WALSH, Stephen		S/M	0:37:54	07:34.6
36	O'CALLAGHAN, Declan		S/M	0:38:21	07:40.0
37	O'MAHONEY, Orla	West Waterford A.C	S/F	0:38:23	07:40.4
38	UI CHUIRRIN, Josie	West Waterford A.C	F/50	0:38:32	07:42.2
39	ASPEL, Adrian	Waterford A.C	M/40	0:38:41	07:44.0
40	O'CUIRRIN, Michael	West Waterford A.C	M/50	0:39:03	07:48.4
41	HOGAN, Stephan		S/M	0:39:41	07:56.0
42	HOGAN, Willie		M/40	0:39:44	07:56.6
43	CURRAN, Rosaleen		S/F	0:40:04	08:00.6
44	MCGRATH, Paul	West Waterford A.C	M/45	0:40:06	08:01.0
45	HOGAN, Tom	N/A	S/M	0:40:08	08:01.4
46	BOLAND, Maurice	Clonmel AC	M/55	0:40:14	08:02.6
47	NAGLE, Donna	Clonmel AC	S/F	0:40:38	08:07.4
48	CONNAUGHTON, Pat	West Waterford A.C	M/60	0:40:49	08:09.6
49	GALLAGHER, John		M/40	0:40:56	08:11.0
50	CUNNINGHAM, Peter		S/M	0:41:16	08:15.0
51	MCNALLY, David	N/A	M/40	0:41:18	08:15.4
52	YOUNG, Shay	N/A	S/M	0:41:24	08:16.6
53	DORAN, Eddie	West Waterford A.C	M/40	0:41:38	08:19.4
54	WALSH, Aidan	West Waterford A.C	S/M	0:41:39	08:19.6
55	CULLEN, Annette		S/F	0:41:40	08:19.8
56	HOGAN, Noel	N/A	S/M	0:41:53	08:22.4
57	CUNNINGHAM, Maud	N/A	F/35	0:42:03	08:24.4
58	RONAN, Catherine	United Striders	F/40	0:42:05	08:24.8
59	PHELAN, Mary		F/35	0:42:23	08:28.4
60	CUMMINS, Graham		S/M	0:42:51	08:34.0
61	KIELY, Catriona	West Waterford A.C	F/40	0:42:58	08:35.4
62	POWER, Nicky	N/A	S/M	0:43:01	08:36.0

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63	MURRAY, Liz	N/A	F/35	0:43:03	08:36.4
64	NOCTOR, Jenny	N/A	F/35	0:43:04	08:36.6
65	MCCARTHY, Michael (57)	N/A	M/55	0:43:57	08:47.2
66	PROCTOR, Pascal F.	West Waterford A.C	M/60	0:44:22	08:52.2
67	GRANT, Joe		S/M	0:44:49	08:57.6
68	HOULIHAN, Ger	Carrick-on-Suir AC	F/50	0:44:57	08:59.2
69	HIGGINS, Sharon	West Waterford A.C	S/F	0:45:09	09:01.6
70	HYNES, Michelle		S/F	0:45:10	09:01.8
71	RUSSELL, Caroline	West Waterford A.C	F/40	0:45:41	09:08.0
72	O'KEEFFE, Cliona		S/M	0:46:21	09:16.0
73	HOGAN, Nuala		S/F	0:46:22	09:16.2
74	MOORE, Pat	N/A	M/60	0:46:37	09:19.2
75	NI CHEIRIN, Grainne		S/F	0:47:15	09:26.8
76	SANDFORD, Liam	West Waterford A.C	M/60	0:47:20	09:27.8
77	BARRON, Aidan		M/60	0:47:20	09:27.8
78	CONWAY, Ruairi			0:47:39	09:31.6
79	CONWAY, Joe	N/A	S/M	0:47:40	09:31.8
80	O'KEEFFE, Tim		M/60	0:48:43	09:44.4
81	MOLONEY, Pearse	West Waterford A.C	M/55	0:49:15	09:50.8
82	WALSH, Marie	West Waterford A.C	F/35	0:49:45	09:56.8
83	MULLIGAN, Una		S/F	0:49:47	09:57.2
84	GARCIA, Linda	West Waterford A.C	F/40	0:52:18	10:27.4
85	GOUGH, Terri	West Waterford A.C	F/60	0:53:42	10:44.2
86	GENC, Sue	West Waterford A.C	F/40	0:55:54	11:10.6
87	HAHESY, Deirdre	West Waterford A.C	F/40	0:56:44	11:20.6
88	DEE, Irene		F/40	0:56:44	11:20.6
89	CUMMINS, Ger		M/40	0:58:29	11:41.6