

GSK 5									
Place	Lastname	Firstname	Gender	No	Cat	Team	Time	Cat Rank	Gen Rank
1	MURPHY	Brian	M	163	Snr	Carrick on Suir A.C.	00:26:09	1	1
2	BRALITIS	Sandis	M	184	Snr	West Waterford A.C.	00:26:19	2	2
3	SMITH	Danny	M	97	Snr	Ballynonty A.C.	00:26:46	3	3
4	QUINLAN	Frank	M	130	O40	Waterford A.C.	00:26:59	1	4
5	MURPHY	Noel	M	145	Snr	Waterford A.C.	00:27:05	4	5
6	HAYES	Frank	M	242	O45	East Cork A.C.	00:27:19	1	6
7	POWER	David	M	172	Snr	Rathfarnum A.C.	00:27:20	5	7
8	BYRNE	Brian	M	8	Snr	West Waterford A.C.	00:27:21	6	8
9	SWABY	Brian	M	125	Snr	Waterford A.C.	00:27:29	7	9
10	ROWE	Mark	M	81	O40	SOUTH O HANLON A.C.	00:27:39	2	10
11	HENNESSY	Pat	M	152	Snr	West Waterford A.C.	00:27:43	8	11
12	LEAHY	John	M	51	Snr	West Waterford A.C.	00:27:59	9	12
13	KENNEALLY	Kevin	M	228	Snr	West Waterford A.C.	00:28:09	10	13
14	MURPHY	John	M	59	O45	Grange Fermoy A.C.	00:28:22	2	14
15	CANAVAN	Darragh	M	214	Snr	Leevale A.C.	00:28:27	11	15
16	BYRNE	Michael	M	114	Snr	St. Catherine's A.C.	00:28:31	12	16
17	DOLPHIN	Mike	M	212	Snr	Leevale A.C.	00:28:47	13	17
18	FLYNN	Anthony	M	171	Snr	West Waterford A.C.	00:28:51	14	18
19	WYLEY	Rory	M	182	Snr	West Waterford A.C.	00:28:57	15	19
20	O'CONNOR	Kealan	M	66	O40	Grange Fermoy A.C.	00:29:04	3	20
21	COLLINS	Conor	M	215	Snr	Leevale A.C.	00:29:09	16	21
22	LEAHY	Tom	M	50	Snr	West Waterford A.C.	00:29:14	17	22
23	RYAN	Colm	M	195	Snr	Touraneena Road Runners	00:29:28	18	23
24	LANNON	Patrick	M	49	O40	West Waterford A.C.	00:29:35	4	24
25	COTTER	Paul	M	17	O40	Eagle A.C.	00:29:51	5	25
26	COLEMAN	Ciaran	M	154	O40	Youghal A.C.	00:29:53	6	26
27	COSTELLO	Colm	M	164	O40	BROTHERS PEARSE	00:29:54	7	27
28	REILLY	Liam	M	250	Jnr	West Waterford A.C.	00:29:55	1	28
29	MURRAY	Ger	M	179	O45	N/A	00:29:58	3	29
30	HOGAN	Alan	M	41	Snr	West Waterford A.C.	00:30:02	19	30
31	MC CARTHY	James	M	160	Jnr	Waterford A.C.	00:30:07	2	31
32	HENNESSY	TREVOR	M	151	Snr	West Waterford A.C.	00:30:15	20	32
33	CULLEN	Alan	M	216	O40	West Waterford A.C.	00:30:17	8	33
34	CODD	Vinnie	M	13	O40	Waterford A.C.	00:30:17	9	34
35	MAHONY	Tomás	M	235	O45	West Waterford A.C.	00:30:18	4	35
36	HAHESY	Ray	M	34	O50	West Waterford A.C.	00:30:19	1	36
37	KEANE	Walter	M	159	O55	Waterford A.C.	00:30:21	1	37
38	CHIZHIKOV	Yevgeniy	M	10	O45	West Waterford A.C.	00:30:36	5	38
39	O'LOUGHLIN	Gerard	M	72	O40		00:30:43	10	39
40	O'ROURKE	John	M	226	Snr	West Waterford A.C.	00:30:45	21	40
41	CONNORS	Jimmy	M	208	Snr	West Waterford A.C.	00:30:47	22	41
42	DROHAN	Walter	M	177	O40	N/A	00:30:52	11	42
43	GOUGH	Joe	M	197	O60	West Waterford A.C.	00:31:01	1	43
44	WALSH	Adele	F	126	O40	St. Senan's A.C.	00:31:03	1	1
45	DUGGAN	Peter	M	103	O40	St. Joseph's A.C.	00:31:13	12	44
46	SHALLOE	Mark	M	176	Snr	West Waterford A.C.	00:31:17	23	45
47	HACKETT	Michael	M	155	Snr		00:31:17	24	46
48	CURRAN	Steven	M	229	Snr	West Waterford A.C.	00:31:22	25	47
49	CAHILL	Maurice	M	129	Snr	Youghal A.C.	00:31:24	26	48
50	O'CONNOR	Brian	M	158	O40	Grange Fermoy A.C.	00:31:32	13	49
51	HAYES	Martin	M	236	O50	West Waterford A.C.	00:31:34	2	50
52	RYAN	Michael	M	247	Snr	West Waterford A.C.	00:31:34	27	51
53	ENNIS	Joan	F	127	O50	Grange Fermoy A.C.	00:31:38	1	2
54	HARNEY	Ken	M	37	O40	Youghal A.C.	00:31:41	14	52
55	O'DONOGHUE	Eddie	M	134	Snr	Clonmel A.C.	00:31:49	28	53
56	FORRISTAL	Sally	F	30	Snr	St. Joseph's A.C.	00:32:00	1	3
57	O'LEARY	Ted	M	104	O45	West Waterford A.C.	00:32:09	6	54
58	O'LOUGHLIN	Paul	M	83	O40	GSK	00:32:18	15	55
59	O'CONNELL	Chris	M	161	Snr	St. Catherine's A.C.	00:32:19	29	56
60	O'SULLIVAN	John	M	256	Snr	Balance Fitness	00:32:20	30	57
61	CASHMAN	John	M	186	O50	Middleton A.C.	00:32:22	3	58
62	AHERNE	Neilus	M	185	O55	Middleton A.C.	00:32:22	2	59
63	QUINLAN	William	M	79	O40	Saturday Road Runners	00:32:44	16	60
64	KELLY	Joe	M	246	O45	West Waterford A.C.	00:32:55	7	61

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65	O'DONNELL	Kenneth	M	249	O40	West Waterford A.C.	00:32:55	17	62
66	FITZGIBBON	Clotilde	F	26	O45	Grange Fermoy A.C.	00:32:58	1	4
67	HOGAN	J.P.	M	175	Snr	West Waterford A.C.	00:32:59	31	63
68	RYAN	Billy	M	223	Snr	Tried and Tested	00:33:01	32	64
69	DOYLE	Paul	M	111	O40	Grange Fermoy A.C.	00:33:10	18	65
70	CLIFFE	Mark	M	12	Snr	West Waterford A.C.	00:33:14	33	66
71	DOWNEY	John	M	110	O45	West Waterford A.C.	00:33:17	8	67
72	BURKE	RICHARD	M	131	Snr	Waterford A.C.	00:33:18	34	68
73	O'REGAN	Eddie	M	200	O55	Youghal A.C.	00:33:18	3	69
74	O'DONOVAN	Elaine	F	118	Snr	St. Joseph's A.C.	00:33:20	2	5
75	MURPHY	Gerard	M	60	Snr	Carrick on Suir A.C.	00:33:22	35	70
76	FLYNN	John	M	93	O45	West Waterford A.C.	00:33:26	9	71
77	MAHONEY	Joan	F	169	Snr	Waterford A.C.	00:33:31	3	6
78	MC NALLY	David	M	52	O45	West Waterford A.C.	00:33:33	10	72
79	PRENDERGAST	Sandra	F	77	Snr	West Waterford A.C.	00:33:38	4	7
80	SULLIVAN	Hilary	M	243	Snr	N/A	00:33:38	36	73
81	KELLY	Richie	M	173	O45	West Waterford A.C.	00:33:40	11	74
82	COFFEY	Pat	M	115	O50	Clonmel A.C.	00:33:42	4	75
83	DWYER	Anthony	M	119	O55	West Waterford A.C.	00:33:47	4	76
84	MURRAY	Conor	M	219	O45	West Waterford A.C.	00:34:06	12	77
85	SHANAHAN	Sean	M	217	O45	Galtee Runners	00:34:11	13	78
86	CUNNINGHAM	Colin	M	18	O40	St. Catherine's A.C.	00:34:17	19	79
87	MOLLOY	Mary	F	237	O35	Carrick on Suir A.C.	00:34:18	1	8
88	BEDELL	Toby	M	218	O40	Tried and Tested	00:34:21	20	80
89	BLACKWELL	Conor	M	1	O45	West Waterford A.C.	00:34:29	14	81
90	MAHONEY	Tony	M	240	O45	West Waterford A.C.	00:34:34	15	82
91	FERNCOMBE	Tony	M	89	Snr	West Waterford A.C.	00:34:48	37	83
92	PRENDERGAST	Emmet	M	106	Snr	Newcastle A.C.	00:34:54	38	84
93	HOGAN	Noel	M	91	Snr	West Waterford A.C.	00:34:55	39	85
94	KENNEDY	Daniel	M	107	Snr	Newcastle A.C.	00:35:05	40	86
95	CLINCE	Liam	M	166	O50	West Waterford A.C.	00:35:10	5	87
96	HAMILTON	Aoife	F	96	Jnr	West Waterford A.C.	00:35:16	1	9
97	BARRY	Joe	M	222	Snr	West Waterford A.C.	00:35:21	41	88
98	FITZGERALD	DAMIEN	M	167	O40		00:35:26	21	89
99	QUINLAN	Janet	F	80	Snr	Saturday Road Runners	00:35:28	5	10
100	O'CONNOR	Gerry	M	252	O50	West Waterford A.C.	00:35:29	6	90
101	CODY	Willie	M	14	O40	Grange Fermoy A.C.	00:35:30	22	91
102	BANNON	Orla	F	143	Snr	West Waterford A.C.	00:35:31	6	11
103	HAMMILL	Robert	M	36	O40	Youghal A.C.	00:35:37	23	92
104	DELANEY	John	M	139	O50	Marathon club of Ireland	00:35:40	7	93
105	O'CALLAGHAN	Declan	M	69	O40	N/A	00:35:45	24	94
106	TOBIN	Maurice	M	112	O65	Grange Fermoy A.C.	00:35:52	1	95
107	HASSETT	Kevin	M	187	Snr		00:35:57	42	96
108	O'DONOGHUE	Donal	M	71	O45	Little Island	00:35:58	16	97
109	ENNIS	Michael	M	128	O50	Grange Fermoy A.C.	00:35:59	8	98
110	BATTYE	Ed	M	196	Snr	Waterford A.C.	00:36:09	43	99
111	MC GOWAN	Sean	M	54	O55	Waterford A.C.	00:36:12	5	100
112	HUGHES	Brian	M	42	Snr		00:36:12	44	101
113	O'NEILL	Conor	M	68	O45	West Waterford A.C.	00:36:13	17	102
114	BRUNNOCK	Paul	M	4	O45	West Waterford A.C.	00:36:16	18	103
115	CLANCY	Catherine	F	124	O45	St. Catherine's A.C.	00:36:20	2	12
116	BARRY	Aidan	M	99	O40	St. Catherine's A.C.	00:36:22	25	104
117	MC CARTHY	David	M	209	O50	Youghal A.C.	00:36:35	9	105
118	ENGLISH	EAMONN	M	149	O50	Clonmel A.C.	00:36:36	10	106
119	KIELY	Leonora	F	207	Snr	West Waterford A.C.	00:36:39	7	13
120	O'MAHONY	Sylvie	M	202	O55	Youghal A.C.	00:36:39	6	107
121	FARRELL	Eanna	M	238	Snr		00:36:41	45	108
122	LANN	Charlie	M	253	O60		00:36:46	2	109
123	KEANE	Mush	M	233	Snr	West Waterford A.C.	00:36:50	46	110
124	ORMONDE	Brian	M	74	O40	West Waterford A.C.	00:36:51	26	111
125	KIRWAN	Adrian	M	87	O40	GSK	00:36:54	27	112
126	CONDON	Maria	F	15	O40	West Waterford A.C.	00:36:56	2	14
127	FLEMING	Liam	M	148	O40	N/A	00:37:05	28	113
128	MURPHY	Jane	F	188	Snr	Waterford A.C.	00:37:09	8	15
129	KELLEHER	Aidan	M	144	O40		00:37:15	29	114
130	CHIZHIKOVA	Diana	F	11	Snr	West Waterford A.C.	00:37:15	9	16

GSK 5										
131	MC GINN MURPHY	Libby	F	53	O45	N/A	00:37:18	3	17	
132	GRANT	Gary	M	117	Snr	Clonmel A.C.	00:37:20	47	115	
133	CONCANNON	Mick	M	220	O50	West Waterford A.C.	00:37:25	11	116	
134	BUCKLEY	Keith	M	5	Snr	Grange Fermoy A.C.	00:37:28	48	117	
135	MURPHY	Linda	F	108	O40	Grange Fermoy A.C.	00:37:32	3	18	
136	POWER	Patrick	M	101	O50	West Waterford A.C.	00:37:40	12	118	
137	BURKE	Ray	M	7	O50	West Waterford A.C.	00:37:44	13	119	
138	MURPHY	Oliver	M	109	O40	Grange Fermoy A.C.	00:37:57	30	120	
139	WARD	Tomas	M	105	O45	Youghal A.C.	00:38:11	19	121	
140	HEGARTY	Noel	M	88	Snr	GSK	00:38:19	49	122	
141	COFFEY	Brigid	F	180	O45	West Waterford A.C.	00:38:39	4	19	
142	BREATHNACH	Orna	F	2	O35	West Waterford A.C.	00:38:46	2	20	
143	MC CARTHY	Niall	M	116	O40	Clonmel A.C.	00:38:59	31	123	
144	HOGAN	Stephen	M	174	Snr	West Waterford A.C.	00:39:05	50	124	
145	DEVEREUX	Pat	M	21	Snr		00:39:08	51	125	
146	CURRAN	Raymond	M	82	O45	West Waterford A.C.	00:39:11	20	126	
147	O'CUIRRIN	Micheal	M	221	O55	West Waterford A.C.	00:39:14	7	127	
148	METCALFE	Lorna	F	55	Snr	GSK	00:39:20	10	21	
149	DORGAN	Emilyja	F	157	O35	Grange Fermoy A.C.	00:39:23	3	22	
150	DWYER	Liam	M	24	O60	N/A	00:39:38	3	128	
151	O'REGAN	Cecelia	F	198	O50	Youghal A.C.	00:39:43	5	23	
152	HENNEBRY	Nicky	M	156	Snr		00:39:52	52	129	
153	HYNES	Jamie	M	43	Snr		00:39:58	53	130	
154	FAHY	Brian	M	86	O45	GSK	00:39:59	21	131	
155	CONNORS	David	M	251	O45	West Waterford A.C.	00:40:01	22	132	
156	MURPHY	Emma	F	61	Snr	West Waterford A.C.	00:40:02	11	24	
157	KIELY	Catriona	F	47	O40	West Waterford A.C.	00:40:08	4	25	
158	KEANE	Ornaidh	F	146	Snr	N/A	00:40:15	12	26	
159	MURPHY	Jenny	F	62	O35	West Waterford A.C.	00:40:17	4	27	
160	HEALY	Mary Claire	F	38	O45	Grange Fermoy A.C.	00:40:18	6	28	
161	KENNEDY	Claire	F	46	Snr	West Waterford A.C.	00:40:19	13	29	
162	POWER	Rose	F	75	O40	West Waterford A.C.	00:40:22	5	30	
163	MOLONEY	Simon	M	56	Snr	West Waterford A.C.	00:40:22	54	133	
164	CASEY	Kevin	M	9	Snr	West Waterford A.C.	00:40:37	55	134	
165	O'GORMAN	Paul	M	102	O50	West Waterford A.C.	00:40:43	14	135	
166	REGAN	David	M	239	O40	West Waterford A.C.	00:40:46	32	136	
167	HOGAN	Nuala	F	92	Snr	West Waterford A.C.	00:40:50	14	31	
168	LONG	Kieran	M	248	O40	N/A	00:40:55	33	137	
169	MASSEY	Anne	F	178	O40	West Waterford A.C.	00:41:10	6	32	
170	MC CARTHY	Michael	M	133	O50	N/A	00:41:13	15	138	
171	BULLEN	Katie	F	6	Snr	West Waterford A.C.	00:41:18	15	33	
172	NI ARTA	Eibhlis	F	64	Snr	Galway City Harriers	00:41:32	16	34	
173	DENNEHY	Diarmuid	M	19	Snr	West Waterford A.C.	00:41:32	56	139	
174	HAMPLÉN	Elaine	F	35	O35	West Waterford A.C.	00:41:33	5	35	
175	MALONE	TERESA	F	135	O40	Youghal A.C.	00:41:34	7	36	
176	CROWLEY	Eamon	M	150	O65	Clonmel A.C.	00:41:51	2	140	
177	HEYLIN	Siobhan	F	211	Snr	Waterford A.C.	00:41:55	17	37	
178	CURRAN	Eamonn	M	224	O40	West Waterford A.C.	00:41:57	34	141	
179	HIGGINS	Sharon	F	39	O35	West Waterford A.C.	00:42:02	6	38	
180	O'REGAN	Niamh	F	141	O40	N/A	00:42:05	8	39	
181	BARRY	Geraldine	F	194	O40	West Waterford A.C.	00:42:12	9	40	
182	ORMONDE	Fiona	F	73	O35	West Waterford A.C.	00:42:22	7	41	
183	GARCIA	Linda	F	32	O40	West Waterford A.C.	00:42:23	10	42	
184	DONOVAN	Vince	M	90	O55	West Waterford A.C.	00:42:25	8	142	
185	KENNEDY	Kathleen	F	113	O55	Waterford A.C.	00:42:28	1	43	
186	RUSSELL	Caroline	F	241	O45	West Waterford A.C.	00:42:43	7	44	
187	HOULIHAN	Ger	F	201	O50	Carrick on Suir A.C.	00:42:52	2	45	
188	BOLAND	Lawrence	M	232	O40	Tried and Tested	00:43:00	35	143	
189	PYNE	Mark	M	181	Snr	N/A	00:43:02	57	144	
190	MULLIGAN	Una	F	58	O35	West Waterford A.C.	00:43:07	8	46	
191	BEGLEY	Padraig	M	85	O40	GSK	00:43:10	36	145	
192	COUGHLAN	Timmy	M	153	O45		00:43:13	23	146	
193	DEEGAN	Michael	M	170	O60	West Waterford A.C.	00:43:18	4	147	
194	O'BRIEN	Tommy	M	255	Snr		00:43:24	58	148	
195	O'ROURKE	Eileen	F	225	Snr	West Waterford A.C.	00:43:39	18	47	
196	KAVANAGH	Paula	F	44	O50	Waterford A.C.	00:43:50	3	48	

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197	COSTELLOE	Annameria	F	165	O40	D.S.D.	00:43:52	11	49
198	DUFFIN	Ciara	F	23	O35	West Waterford A.C.	00:44:00	9	50
199	CONDON	Catherine	F	206	O45	West Waterford A.C.	00:44:01	8	51
200	HORGAN	Aisling	F	94	O35	West Waterford A.C.	00:44:01	10	52
201	ORMONDE	Gillian	F	98	O35	West Waterford A.C.	00:44:06	11	53
202	HENNEBRY	Liam	M	191	Snr		00:44:13	59	149
203	HENINGER	Manol	M	192	Snr		00:44:13	60	150
204	GAFFNEY	Andrea	F	31	O45	West Waterford A.C.	00:44:23	9	54
205	PROCTOR	Paschal	M	78	O60	West Waterford A.C.	00:44:23	5	151
206	FAYE	Carla	F	95	O40	West Waterford A.C.	00:44:24	12	55
207	WHITMORE	DAVID	M	122	O45	Touraneena Road Runners	00:44:33	24	152
208	WHITMORE	POLLY	F	123	O40	Touraneena Road Runners	00:44:50	13	56
209	DELANEY	Mary	F	183	O45	N/A	00:44:53	10	57
210	POWER	Onra	F	100	O45	West Waterford A.C.	00:45:30	11	58
211	CONWAY	Margaret	F	16	O55	West Waterford A.C.	00:45:31	2	59
212	DENNEHY	Marion	F	20	O40	West Waterford A.C.	00:45:44	14	60
213	BYRNE	Denis	M	84	Snr	GSK	00:46:14	61	153
214	WALSH	Mary	F	231	O45	Touraneena Road Runners	00:46:16	12	61
215	LENIHAN	Siobhain	F	138	O40		00:46:16	15	62
216	NUGENT	Sharon	F	65	O35	West Waterford A.C.	00:46:17	12	63
217	COONEY	Siobhain	F	199	O50	Youghal A.C.	00:46:29	4	64
218	CASEY	Eleanor	F	203	O40	West Waterford A.C.	00:46:32	16	65
219	LEE	Lisa	F	136	O35	Youghal A.C.	00:46:36	13	66
220	O'CARROLL	Eileen	F	70	O45		00:46:40	13	67
221	MORRISSEY	Martiina	F	210	O45		00:46:46	14	68
222	FLYNN	Mag	F	28	O40	Grange Fermoy A.C.	00:46:53	17	69
223	MORRISSON	John	M	142	O45	St. Catherine's A.C.	00:46:56	25	154
224	LENIHAN	Tommy	M	147	O55	West Waterford A.C.	00:47:09	9	155
225	MILLER	Orla	F	190	Snr		00:47:17	19	70
226	O'BRIEN	Carol	F	254	O35		00:47:28	14	71
227	DALTON	Aisling	F	162	O40	N/A	00:47:36	18	72
228	WHITE	Michael	M	132	O55	Waterford A.C.	00:47:50	10	156
229	LANDY RYAN	Ruth	F	48	Snr	West Waterford A.C.	00:48:12	20	73
230	HEYLIN	Roisin	F	213	Snr	West Waterford A.C.	00:48:30	21	74
231	TOBIN	Jackie	F	189	O45	West Waterford A.C.	00:48:41	15	75
232	CARROLL	REGINA	F	121	O45	Touraneena Road Runners	00:48:42	16	76
233	FLYNN	Linda	F	27	O45	West Waterford A.C.	00:49:28	17	77
234	KELLY	Yvonne	F	45	O35	N/A	00:49:28	15	78
235	BURKE	Ber	F	205	O50		00:49:31	5	79
236	FLYNN	Tom	M	29	O50	Grange Fermoy A.C.	00:49:32	16	157
237	WHITMORE	UNA	F	120	O40	Touraneena Road Runners	00:49:35	19	80
238	HALLINAN	Grainne	F	168	O45	Touraneena Road Runners	00:49:38	18	81
239	BURKE	Tom	M	193	O60	West Waterford A.C.	00:49:40	6	158
240	DREA	Elma	F	22	O35		00:52:19	16	82
241	RANAHAN	Terrie	F	230	Snr	Tried and Tested	00:52:19	22	83
242	POWER	Sarah	F	76	O35		00:52:20	17	84
243	LESLIE	Lisa	F	140	Snr		00:52:34	23	85
244	PYNE	Niamh	F	137	O35	N/A	00:52:37	18	86
245	GOUGH	Terri	F	204	O65	West Waterford A.C.	00:52:52	1	87
246	WHYTE	Mary	F	227	O55	West Waterford A.C.	00:53:05	3	88
247	MURRAY	Orna	F	63	O45	N/A	00:53:26	19	89
248	MOORE	Marie	F	245	O60	West Waterford A.C.	00:53:50	1	90
249	CONWAY	Noelle	F	244	O55	West Waterford A.C.	00:53:51	4	91
250	GENC	Sue	F	33	O40	West Waterford A.C.	00:54:34	20	92
251	DEE	Irene	F	234	O45	West Waterford A.C.	00:54:34	20	93
252	O'DONNELL	Anne	F	67	O50	West Waterford A.C.	00:54:42	6	94
253	HOGAN	Mary	F	40	O50	West Waterford A.C.	00:55:43	7	95
254	FITZGERALD	Aideen	F	25	O50	N/A	00:58:30	8	96