

GSK Dungarvan 5, 8 July 2011

Place	Name	Team	Cat	Time	Pace
1	ZAKIS, Raivis	West Waterford A.C	S/M	0:25:50	05:09.9
2	MURPHY, Brian	Carrick-on-Suir AC	S/M	0:26:07	05:13.3
3	QUINLAN, Frank	Waterford A.C	S/M	0:26:15	05:14.9
4	KLAVA, Dzintars	West Waterford A.C	S/M	0:26:35	05:18.9
5	BURKE, Edmund	Waterford A.C	M/40	0:27:22	05:28.3
6	O'DRISCOLL, James	CIT	S/M	0:28:10	05:37.9
7	LEAHY, John	West Waterford A.C	S/M	0:28:15	05:38.9
8	WATERS, David	Carrick-on-Suir AC	S/M	0:28:23	05:40.5
9	MCCARTHY, Martin	West Waterford A.C	M/45	0:28:26	05:41.1
10	COLLINS, John	CIT	S/M	0:28:39	05:43.7
11	SMITH, Kevin	Midleton A.C	S/M	0:28:46	05:45.1
12	FALCONER, Tommy	Carrick-on-Suir AC	S/M	0:28:54	05:46.7
13	BALDWIN, Jim	Waterford A.C	M/40	0:28:56	05:47.1
14	TOWEY, David		S/M	0:29:01	05:48.1
15	CUNNINGHAM, David	Waterford A.C	S/M	0:29:04	05:48.7
16	LEARY, Andrew	West Waterford A.C	M/45	0:29:08	05:49.5
17	MALONE, Kevin	Waterford A.C	S/M	0:29:11	05:50.1
18	O'CONNOR, Johnny	West Waterford A.C	M/40	0:29:19	05:51.7
19	DUGGAN, Peter	St Josephs A.C	M/40	0:29:28	05:53.5
20	LINARES, Andy	Waterford A.C	J/M	0:29:29	05:53.7
21	GOUGH, Joe	West Waterford A.C	M/55	0:29:30	05:53.9
22	MASON, Trevor	West Waterford A.C	S/M	0:29:35	05:54.9
23	MURPHY, Michael	Carrick-on-Suir AC	S/M	0:29:36	05:55.1
24	LEAHY, Tom	West Waterford A.C	S/M	0:29:49	05:57.7
25	O'SULLIVAN, Ian		S/M	0:29:51	05:58.1
26	MCCANN, Angela	Clonmel AC	F/40	0:29:53	05:58.5
27	CANTWELL, Gerry	West Waterford A.C	M/50	0:30:06	06:01.1
28	CANAVAN, Darragh	Midleton A.C	S/M	0:30:08	06:01.5
29	MCCORMACK, Gary	West Waterford A.C	M/45	0:30:09	06:01.7
30	CRONIN, Brendan		M/50	0:30:09	06:01.7
31	O'GORMAN, Richard	Clonmel AC	M/45	0:30:10	06:01.9
32	LYNCH, Kevin		S/M	0:30:11	06:02.1
33	WALSH, Corinna	West Waterford A.C	F/35	0:30:13	06:02.5
34	O'REGAN, Michael Pat	CIT	S/M	0:30:19	06:03.7
35	GRANT, Gary	Clonmel AC	S/M	0:30:23	06:04.5
36	HAYES, Martin	West Waterford A.C	M/45	0:30:25	06:04.9
37	MALONE, Sylvia	Waterford A.C	F/35	0:30:27	06:05.3
38	BARCOE, Lyndon	Gowran A.C	S/M	0:30:34	06:06.7
39	RYAN, Dermot	West Waterford A.C	S/M	0:30:40	06:07.9
40	WALL, Norma	West Waterford A.C	F/35	0:30:40	06:07.9
41	ROCHE, Patrick	Carrick-on-Suir AC	S/M	0:30:52	06:10.3
42	FEENEY, Des	West Waterford A.C	S/M	0:31:04	06:12.7
43	DWYER, Michael	non-affiliated	M/40	0:31:05	06:12.9
44	O'CONNELL, Michael	Carrick-on-Suir AC	S/M	0:31:08	06:13.5
45	CAHILL, Tommy	Clonmel AC	M/55	0:31:10	06:13.9
46	LEE, Michael			0:31:22	06:16.3
47	KELLY, Joe	non-affiliated	M/40	0:31:24	06:16.7
48	MURRAY, Ger		M/40	0:31:30	06:17.9
49	ASPEL, Brendan	Waterford A.C	M/40	0:31:34	06:18.7
50	BURNS, Thomas	Waterford A.C	M/50	0:31:36	06:19.1
51	LANNAN, Patrick		S/M	0:31:41	06:20.1

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52	WALTER, Stephen	Leevale		0:31:44	06:20.7
53	COLLINS, Gary	West Waterford A.C	S/M	0:31:48	06:21.5
54	MOTHERWAY, David		S/M	0:31:52	06:22.3
55	MURRAY, Conor	West Waterford A.C	M/40	0:31:53	06:22.5
56	DWYER, Sean	non-affiliated	M/40	0:31:57	06:23.3
57	O'CONNELL, John	Midleton A.C	S/M	0:32:03	06:24.5
58	DUGGAN, Sharon	West Waterford A.C	F/35	0:32:22	06:28.3
59	CASHMAN, John	Midleton A.C	M/45	0:32:22	06:28.3
60	FAHEY, Kieran		M/40	0:32:34	06:30.7
61	CARMODY, Stephen		S/M	0:32:36	06:31.1
62	MURPHY, Mick	Midleton A.C	M/40	0:32:38	06:31.5
63	BROWN, John	N/A	S/M	0:32:40	06:31.9
64	CROTTY, Tv		S/M	0:32:40	06:31.9
65	BYRNE, Garrett	West Waterford A.C	S/M	0:32:43	06:32.5
66	RYAN, Michael		S/M	0:32:44	06:32.7
67	WARD, Seamus	Carrick-on-Suir AC	M/40	0:32:46	06:33.1
68	DROHAN, Walter		S/M	0:32:47	06:33.3
69	O'LEARY, Ted	West Waterford A.C	M/40	0:32:48	06:33.5
70	HALLEY, David	West Waterford A.C	S/M	0:32:50	06:33.9
71	O'RIORDAN, Eoin	West Waterford A.C	S/M	0:32:59	06:35.7
72	CONNOLLY, Mark	Carrick-on-Suir AC	M/40	0:33:01	06:36.1
73	MORONEY, Tom	West Waterford A.C	M/50	0:33:07	06:37.3
74	O'GORMAN, Michael	N/A	S/M	0:33:11	06:38.1
75	WALSH, Adele	St. Senans A.C	F/35	0:33:12	06:38.3
76	FITZGERALD, Pat	West Waterford A.C	S/M	0:33:14	06:38.7
77	KELLY, Richard	West Waterford A.C	M/45	0:33:16	06:39.1
78	BEHAN, Diane	Waterford A.C	F/40	0:33:18	06:39.5
79	NOLAN, Pat	Waterford A.C	S/M	0:33:18	06:39.5
80	TYNAN, Michael		S/M	0:33:19	06:39.7
81	EVANS, Darrell	N/A	M/40	0:33:24	06:40.7
82	SULLIVAN, Dermot	East Cork	M/45	0:33:28	06:41.5
83	BRENNAN, Tom (63)	Waterford A.C	M/45	0:33:31	06:42.1
84	BARRY, Joe	West Waterford A.C	S/M	0:33:33	06:42.5
85	RUSSELL, Kieran	West Waterford A.C	S/M	0:33:39	06:43.7
86	COLEMAN, Tomas	West Waterford A.C	M/40	0:33:45	06:44.9
87	COLLINS, Niall	N/A	S/M	0:33:50	06:45.9
88	HAYES, Kevin	St Catherines	S/M	0:33:51	06:46.1
89	DOWNEY, John	West Waterford A.C	M/40	0:33:52	06:46.3
90	BURKE, Ray	West Waterford A.C	M/45	0:33:55	06:46.9
91	NOLAN, Liz	Waterford A.C	F/45	0:34:07	06:49.3
92	COFFEY, Brendan	Clonmel AC	S/M	0:34:10	06:49.9
93	WALSH, Nicholas	N/A	S/M	0:34:11	06:50.1
94	CLIFFE, Mark	West Waterford A.C	S/M	0:34:15	06:50.9
95	GOUGH, Catriona	Waterford A.C	F/35	0:34:20	06:51.9
96	COFFEY, Pat	Clonmel AC	M/45	0:34:22	06:52.3
97	BARRY, Eddie	St Finbars A.C	M/55	0:34:23	06:52.5
98	FLYNN, John (1967)	West Waterford A.C	M/40	0:34:28	06:53.5
99	BARRY, Jim	West Waterford A.C	S/M	0:34:29	06:53.7
100	MURPHY, Donal		M/65	0:34:31	06:54.1
101	O'MAHONEY, Tony	non-affiliated	M/40	0:34:32	06:54.3
102	O'GRADY, Billy	Clonmel AC	M/45	0:34:36	06:55.1
103	O'CONNELL, Colm	N/A	S/M	0:34:38	06:55.5

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104	RYAN, Karen	West Waterford A.C	F/35	0:34:41	06:56.1
105	FRISBY, Pat	West Waterford A.C	M/40	0:34:43	06:56.5
106	WALSH, Trevor	non-affiliated	S/M	0:34:47	06:57.3
107	COLEMAN, Kieran	West Waterford A.C	S/M	0:34:49	06:57.7
108	WALL, Triona	West Waterford A.C	F/35	0:34:56	06:59.1
109	CALLAGHAN, Micheal	West Waterford A.C	M/40	0:35:06	07:01.1
110	DWYER, Anthony	West Waterford A.C	M/50	0:35:13	07:02.4
111	FARRELL, Eanna	CIT	S/M	0:35:14	07:02.6
112	WYLEY, Ger	West Waterford A.C	M/45	0:35:16	07:03.0
113	LEDINGHAM, Dermot	Youghal A.C	M/45	0:35:20	07:03.8
114	GRANT, John		S/M	0:35:23	07:04.4
115	O'CONNOR, Gerry	non-affiliated	M/45	0:35:40	07:07.8
116	WALL, Damien		S/M	0:35:43	07:08.4
117	BRUNNOCK, Paul	West Waterford A.C	M/40	0:35:45	07:08.8
118	CURRAN, Alan (88)	N/A	S/M	0:35:53	07:10.4
119	O'MAHONEY, John	Youghal A.C	M/45	0:35:55	07:10.8
120	WADE, Michael	West Waterford A.C	M/50	0:35:56	07:11.0
121	DILLON, John	N/A	S/M	0:35:57	07:11.2
122	DRENNAN, Angeline	West Waterford A.C	F/35	0:35:59	07:11.6
123	NOLAN, Ger	Waterford A.C	M/45	0:36:02	07:12.2
124	DUNFORD, Pat	West Waterford A.C	M/45	0:36:04	07:12.6
125	FITZGERALD, Anne	Waterford A.C	F/50	0:36:20	07:15.8
126	UI CHUIRRIN, Josie	West Waterford A.C	F/45	0:36:24	07:16.6
127	TUTTY, Vincent	West Waterford A.C	M/45	0:36:26	07:17.0
128	HALLISSEY, Brian		J/M	0:36:29	07:17.6
129	O'GORMAN, Alan		S/M	0:36:30	07:17.8
130	MULLARKEY, Martin	non-affiliated	M/40	0:36:32	07:18.2
131	LONGAN, TOM	West Waterford A.C	S/M	0:36:43	07:20.4
132	RYAN, George		S/M	0:36:51	07:22.0
133	POWER, Kevin	Youghal A.C	M/45	0:36:57	07:23.2
134	O'MAHONEY, Maurice		M/45	0:37:01	07:24.0
135	MCGINN-MURPHY, Libby		F/45	0:37:02	07:24.2
136	MURPHY, Edel		M/45	0:37:07	07:25.2
137	BYRNE, Tom	N/A	S/M	0:37:13	07:26.4
138	STREET, Paddy	non-affiliated	M/45	0:37:16	07:27.0
139	O'MAHONEY, Orla		S/F	0:37:20	07:27.8
140	LANIGAN, Paul	Waterford A.C	S/M	0:37:21	07:28.0
141	CONNOLLY, Fergal	West Waterford A.C	M/40	0:37:24	07:28.6
142	BRADATAN, Angela	N/A	S/F	0:37:30	07:29.8
143	O'DONOGHUE, Donal		M/40	0:37:34	07:30.6
144	BRENNAN, Melissa		F/35	0:37:37	07:31.2
145	CASEY, Rosie	Clonmel AC	S/F	0:37:42	07:32.2
146	ARNOTT, Pat	Youghal A.C	M/55	0:37:43	07:32.4
147	PRENDERGAST, Bernie	West Waterford A.C	F/50	0:37:58	07:35.4
148	CURRAN, P.J.	West Waterford A.C	M/50	0:38:00	07:35.8
149	COFFEY, Brigid	West Waterford A.C	F/40	0:38:00	07:35.8
150	COGGIN, Tim		S/M	0:38:01	07:36.0
151	CURRAN, Ray	West Waterford A.C	M/40	0:38:05	07:36.8
152	O'CUIRRIN, Michael	West Waterford A.C	M/50	0:38:07	07:37.2
153	O'CALLAGHAN, Declan		S/M	0:38:09	07:37.6
154	NICHOLSON, Gordon	Youghal A.C	M/50	0:38:11	07:38.0
155	EATON, KIERAN	Waterford Triathlon	M/45	0:38:16	07:39.0

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156	MOORE, Liam		S/M	0:38:18	07:39.4
157	MULHEARNE, Camille	non-affiliated	F/35	0:38:21	07:40.0
158	DWYER, Tracy	West Waterford A.C	F/35	0:38:23	07:40.4
159	MORRISSEY, Pat	West Waterford A.C	M/40	0:38:25	07:40.8
160	DEEGAN, Michael	West Waterford A.C	M/55	0:38:28	07:41.4
161	O'GORMAN, Miriam	Clonmel AC	F/40	0:38:37	07:43.2
162	TWOMEY, Paul	N/A	M/45	0:38:38	07:43.4
163	WALSH, Clare	West Waterford A.C	S/F	0:38:45	07:44.8
164	BURKE, Mary Anne		S/F	0:38:51	07:46.0
165	HEFFERNAN, Geraldine	West Waterford A.C	F/35	0:38:54	07:46.6
166	CLEARY, Emma		S/F	0:39:03	07:48.4
167	DEE, Kieran		S/M	0:39:09	07:49.6
168	CONDON, Tony		M/45	0:39:14	07:50.6
169	GAFFNEY, Andrea	West Waterford A.C	F/40	0:39:24	07:52.6
170	RYAN, Caroline	N/A	S/F	0:39:30	07:53.8
171	DONNELLY, Honor		F/35	0:39:31	07:54.0
172	POWER, Richie (59)	West Waterford A.C	M/50	0:39:32	07:54.2
173	POWER, Shane (72)		S/M	0:39:34	07:54.6
174	MASSEY, Anne	West Waterford A.C	F/35	0:39:37	07:55.2
175	FOLEY, Tim	N/A	M/50	0:39:39	07:55.6
176	NOLAN, Kate	Waterford A.C	J/F	0:39:40	07:55.8
177	HOULIHAN, Ger	Carrick-on-Suir AC	F/45	0:39:46	07:57.0
178	O'GORMAN, Paul	N/A	M/45	0:39:54	07:58.6
179	BYRNE, Ciaran		S/M	0:39:55	07:58.8
180	MCCARTHY, Danny	Midleton A.C	M/60	0:40:03	08:00.4
181	CROWLEY, Eamon	Clonmel CC	M/60	0:40:06	08:01.0
182	KIELY, Catriona	West Waterford A.C	F/35	0:40:07	08:01.2
183	BALLOTT, Anna	West Waterford A.C	S/F	0:40:15	08:02.8
184	POWER, Onra	West Waterford A.C	F/45	0:40:21	08:04.0
185	O'DONOVAN, Sean	Carrick-on-Suir AC	M/50	0:40:24	08:04.6
186	KENNEDY, Kathleen	Waterford A.C	F/50	0:40:25	08:04.8
187	PROCTOR, Pascal F.	West Waterford A.C	M/55	0:40:43	08:08.4
188	MCCARTHY, Michael	N/A	M/50	0:40:45	08:08.8
189	TUTTY, Michael	West Waterford A.C	J/M	0:40:50	08:09.8
190	FAHY, Brian	N/A	M/40	0:40:57	08:11.2
191	BEDELL, Toby	N/A	S/M	0:40:58	08:11.4
192	CRONIN, Ann	Carrick-on-Suir AC	F/45	0:41:10	08:13.8
193	COADY, Eilish	Waterford A.C	F/35	0:41:14	08:14.6
194	MURPHY, Mary	Waterford A.C	F/35	0:41:19	08:15.6
195	O'DONOVAN, Vince	West Waterford A.C	M/50	0:41:41	08:20.0
196	CORCORAN, Mark		S/M	0:41:42	08:20.2
197	KELLEHER, Denis	Midleton A.C	M/45	0:42:03	08:24.4
198	LENIHAN, Tommy	West Waterford A.C	M/50	0:42:05	08:24.8
199	SANDFORD, Liam	West Waterford A.C	M/55	0:42:21	08:28.0
200	CLEARY, Philip	West Waterford A.C	M/55	0:42:22	08:28.2
201	DE FAOITE, Sinead	West Waterford A.C	S/F	0:42:23	08:28.4
202	TUTTY, Pat	West Waterford A.C	M/50	0:42:24	08:28.6
203	MARTIN, Tess		F/35	0:42:49	08:33.6
204	DALTON, Sonia	Waterford A.C	F/35	0:42:50	08:33.8
205	MCMAMARA, Gillian	non-affiliated	S/F	0:43:01	08:36.0
206	O'DONOVAN, Kathryn	Carrick-on-Suir AC	F/35	0:43:07	08:37.2
207	KEANE, Kathleen	West Waterford A.C	F/50	0:43:09	08:37.6

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208	ORGAN, Kate	West Waterford A.C	F/35	0:43:12	08:38.2
209	BEATTY, Brian	N/A	S/M	0:43:17	08:39.2
210	TWOMEY, Claire		F/40	0:43:19	08:39.6
211	FOGARTY, Valerie	Craughwell	F/40	0:43:31	08:42.0
212	SWABY, Tara	St. Senans A.C	S/F	0:43:34	08:42.6
213	MOLONEY, Ann	Youghal A.C	F/40	0:43:45	08:44.8
214	MANAHAN, Seamus	West Waterford A.C	M/55	0:43:46	08:45.0
215	HAYES, Helene	West Waterford A.C	F/55	0:43:47	08:45.2
216	DALTON, Aisling	non-affiliated	F/35	0:43:48	08:45.4
217	TOBIN, Jackie	N/A	F/40	0:43:59	08:47.6
218	ASPELL, Adrian		S/M	0:44:26	08:53.0
219	POWER, Valerie	West Waterford A.C	F/40	0:44:33	08:54.4
220	O'HORA, Edwin	West Waterford A.C	S/M	0:44:35	08:54.8
221	MCGRATH, Susan	West Waterford A.C	S/F	0:44:35	08:54.8
222	DREA, Elma	N/A	S/F	0:44:42	08:56.2
223	CUNNIFFE, Nicola		F/35	0:44:50	08:57.8
224	UI CHADHLA, Brid	West Waterford A.C	S/F	0:44:55	08:58.8
225	HARTY, Josie	N/A	F/45	0:44:58	08:59.4
226	KELLY, Kevin	Youghal A.C	M/45	0:46:28	09:17.4
227	TWOMEY, Carla		F/35	0:46:36	09:19.0
228	NUGENT, Denise	West Waterford A.C	S/F	0:48:07	09:37.2
229	CRONNOLLY, Rita	West Waterford A.C	F/45	0:48:11	09:38.0
230	COLEMAN, Karen	West Waterford A.C	F/45	0:48:12	09:38.2
231	MCCARTHY, Brian		M/45	0:48:14	09:38.6
232	GOUGH, Terri	West Waterford A.C	F/65	0:48:17	09:39.2
233	SHEIL, Jacinta	West Waterford A.C	F/50	0:48:34	09:42.6
234	BUTLER, Jimmy		M/45	0:48:39	09:43.6
235	CROTTY, Greg	Youghal A.C	S/M	0:49:12	09:50.2
236	CANAVAN, Catrion	Midleton A.C	F/60	0:49:20	09:51.8
237	SLOANE, Suzanne	Midleton A.C	F/35	0:49:22	09:52.2
238	WYLEY, Lorraine	N/A	J/F	0:49:27	09:53.2
239	BURKE, Tom	West Waterford A.C	M/60	0:49:35	09:54.8
240	HARTY, Julie		S/F	0:49:37	09:55.2
241	HOOTAN, Mary	non-affiliated	F/50	0:50:02	10:00.2
242	LYONS, Anita	West Waterford A.C	F/40	0:50:42	10:08.2
243	HOULIHAN, Martin	N/A	M/45	0:50:43	10:08.4
244	GENC, Suzanne		F/40	0:51:22	10:16.2
245	MCCARTHY, Joan	Midleton A.C	F/50	0:52:18	10:27.4
246	MEEHAN, Claire		F/35	0:52:38	10:31.4
247	O'HORA, Marguerite	West Waterford A.C	S/F	0:52:42	10:32.2
248	DEE, Irene		F/40	0:52:53	10:34.4
249	BRENNAN, Deirdre		S/F	0:54:23	10:52.4
250	O'RIORDAN, Jennifer		S/F	0:55:10	11:01.8
251	O'RIORDAN, Jason	N/A	S/M	0:55:10	11:01.8
252	MCGEE, Oliver		S/M	0:56:07	11:13.2