

GSK 5, 6 July 2012

| Place | Name | Team | Cat | Time |
|-------|------------------------|------------------------|------|---------|
| 1 | HARTY, Philip | Donore | S/M | 0:24:52 |
| 2 | BRALITIS, Sandis | West Waterford A.C | S/M | 0:25:49 |
| 3 | QUINLAN, Frank | N/A | S/M | 0:26:33 |
| 4 | MULLANEY, Shane | Moycarjey Coolcuroo AC | S/M | 0:27:28 |
| 5 | O'DONNELL, Ruari | Limerick A.C | S/M | 0:27:29 |
| 6 | HAYES, Frank | East Cork | M/40 | 0:27:36 |
| 7 | ROWE, Mark | N/A | s/m | 0:28:09 |
| 8 | COLEMAN, Kevin | St Finbars A.C | S/M | 0:28:15 |
| 9 | MALONE, John | Youghal A.C | M/40 | 0:28:23 |
| 10 | DUGGAN, Peter | St Josephs A.C | M/40 | 0:28:29 |
| 11 | SWABY, Brian | Waterford A.C | S/M | 0:28:30 |
| 12 | RYAN, Michael | Dundrum A.C | S/M | 0:28:32 |
| 13 | LEAHY, John | West Waterford A.C | S/M | 0:28:41 |
| 14 | LEARY, Andrew | West Waterford A.C | M/45 | 0:28:43 |
| 15 | COUGHLAN, Diarmuid | | S/M | 0:28:45 |
| 16 | MCCARTHY, Martin | West Waterford A.C | M/50 | 0:28:50 |
| 17 | SHEIL, Barry | | S/M | 0:28:55 |
| 18 | CANAVAN, Darragh | Midleton A.C | S/M | 0:29:08 |
| 19 | GROARKE, Fergus | | S/M | 0:29:10 |
| 20 | MCCANN, Angela | Clonmel AC | F/40 | 0:29:23 |
| 21 | NEUMERZHITSYIY, Vasily | | M/45 | 0:29:31 |
| 22 | DALY, Tom | Mallow A.C | S/M | 0:29:35 |
| 23 | LEAHY, Tom | West Waterford A.C | S/M | 0:29:37 |
| 24 | LYNCH, Kevin | | S/M | 0:30:01 |
| 25 | RYAN, Alan | West Waterford A.C | M/40 | 0:30:10 |
| 26 | HENNESSY, Trevor | N/A | S/M | 0:30:34 |
| 27 | MAHONY, Thomas | West Waterford A.C | M/40 | 0:30:39 |
| 28 | CURLEY, Declan | Clonmel AC | M/40 | 0:30:42 |
| 29 | FAHEY, Kieran | Clonmel AC | M/45 | 0:30:49 |
| 30 | CULLEN, Alan | West Waterford A.C | S/M | 0:30:56 |
| 31 | HAYES, Kevin | St Catherines | S/M | 0:31:05 |
| 32 | CRONIN, Brendan | | M/50 | 0:31:07 |
| 33 | MANSFIELD, Sinead | | S/F | 0:31:10 |
| 34 | ASPEL, Brendan | Waterford A.C | M/45 | 0:31:18 |
| 35 | BUDDS, Liam | West Waterford A.C | S/M | 0:31:30 |
| 36 | WALSH, Corinna | West Waterford A.C | F/35 | 0:31:41 |
| 37 | CHIZHIKOV, Yevgeniy | West Waterford A.C | M/40 | 0:31:51 |
| 38 | CLIFFE, Mark | West Waterford A.C | S/M | 0:31:53 |
| 39 | FITZGERALD, Gerry | Tramore | M/45 | 0:32:06 |
| 40 | STAFFORD, Colin | United Striders | M/45 | 0:32:12 |
| 41 | MALONE, Emmett | United Striders | S/M | 0:32:22 |
| 42 | HICKEY, Alan | West Waterford A.C | S/M | 0:32:35 |
| 43 | PYNE, Don | | S/M | 0:32:36 |
| 44 | O'MEARA, Fergal | Midleton A.C | M/40 | 0:32:37 |
| 45 | DOHERTY, Tom | Carrick-on-Suir AC | M/45 | 0:32:39 |
| 46 | DOWNEY, John | West Waterford A.C | M/40 | 0:32:43 |
| 47 | CASHMAN, John | Midleton A.C | M/45 | 0:32:46 |
| 48 | CAHILL, Tommy | Clonmel AC | M/55 | 0:32:49 |
| 49 | MURPHY, Peter | Waterford A.C | S/M | 0:32:57 |
| 50 | BARRY, Eddie | St Finbars A.C | M/55 | 0:33:10 |
| 51 | O'CONNELL, Colm | N/A | S/M | 0:33:11 |
| 52 | COONEY, Albert | | M/40 | 0:33:20 |
| 53 | POWER, Cormac | N/A | S/M | 0:33:27 |
| 54 | WALSH, Nicholas | Le Cheile | S/M | 0:33:34 |
| 55 | BARRY, Joe | West Waterford A.C | S/M | 0:33:38 |
| 56 | FERNCOMBE, Tony | West Waterford A.C | S/M | 0:33:48 |
| 57 | CUNNINGHAM, Luke | West Waterford A.C | S/M | 0:33:50 |
| 58 | RIORDAN, Patrick | N/A | S/M | 0:33:59 |
| 59 | RHATIGAN, Tara | U.C.C | S/F | 0:34:00 |
| 60 | WALL, Kate | Clonmel AC | F/35 | 0:34:02 |
| 61 | NOLAN, Kate | Waterford A.C | J/F | 0:34:03 |
| 62 | O'GORMAN, Michael | N/A | S/M | 0:34:06 |

GSK 5, 6 July 2012

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| 63 | VAN DER FALK, T.J. | Waterford A.C | M/45 | 0:34:14 |
| 64 | LANDERS, Brian | Youghal A.C | S/M | 0:34:26 |
| 65 | DROHAN, Noel | West Waterford A.C | M/40 | 0:34:33 |
| 66 | BULMAN, George | Youghal A.C | M/50 | 0:34:39 |
| 67 | NYHAN, Liz | West Waterford A.C | F/35 | 0:34:41 |
| 68 | O'REGAN, Eddie | Youghal A.C | M/50 | 0:34:42 |
| 69 | HEYLIN, Colm | | M/45 | 0:34:44 |
| 70 | O'MAHONY, Shane | | S/M | 0:34:52 |
| 71 | KELLEHER, Con | Waterford A.C | M/55 | 0:35:14 |
| 72 | DELANEY, John | glanmire | M/45 | 0:35:28 |
| 73 | BARRY, Jim | West Waterford A.C | S/M | 0:35:37 |
| 74 | RYAN, Karen | West Waterford A.C | F/35 | 0:35:39 |
| 75 | BARRY, Batt | leevale | NDB | 0:35:40 |
| 76 | MALIKOVA, Zuzana | West Waterford A.C | S/F | 0:35:43 |
| 77 | CALLAGHAN, Micheal | West Waterford A.C | M/40 | 0:35:44 |
| 78 | MOORE, Liam | | S/M | 0:35:46 |
| 79 | DUNFORD, Ann | West Waterford A.C | F/45 | 0:35:47 |
| 80 | MURRAY, Vincent | Carrick-on-Suir AC | S/M | 0:35:49 |
| 81 | DILLON, John | N/A | S/M | 0:35:53 |
| 82 | DEE, Ciaran | West Waterford A.C | J/M | 0:36:02 |
| 83 | REDDY, Brendan | Waterford A.C | M/45 | 0:36:15 |
| 84 | LYNCH, Frank | Clonmel AC | S/M | 0:36:16 |
| 85 | PRENDERGAST, Noel | Clonmel AC | M/40 | 0:36:21 |
| 86 | ROGOWSKA, Anna | West Waterford A.C | S/F | 0:36:23 |
| 87 | KIELY, Stephen | | S/M | 0:36:25 |
| 88 | NOLAN, Liz | Waterford A.C | F/45 | 0:36:29 |
| 89 | LANNEN, Patrick | West Waterford A.C | M/40 | 0:36:31 |
| 90 | EARLEY, Pat | West Waterford A.C | M/40 | 0:36:32 |
| 91 | LONGAN, TOM | West Waterford A.C | S/M | 0:36:34 |
| 92 | CARROLL, Chris | St Finbars A.C | M/55 | 0:36:39 |
| 93 | O'MAHONEY, Sylvie | Youghal A.C | M/55 | 0:36:50 |
| 94 | O'DONOVAN, Elaine | Waterford A.C | S/M | 0:36:56 |
| 95 | BRUNNOCK, Paddy | Carrick-on-Suir AC | S/M | 0:36:58 |
| 96 | CONCANNON, Mick | West Waterford A.C | M/45 | 0:37:00 |
| 97 | O'BRIEN, Lucy | West Waterford A.C | J/F | 0:37:05 |
| 98 | FOLEY, John | West Waterford A.C | M/55 | 0:37:06 |
| 99 | POWER, Kevin | Youghal A.C | M/45 | 0:37:08 |
| 100 | BLAIR, Gabrielle | Waterford A.C | F/45 | 0:37:09 |
| 101 | LEAHY, Colm | | S/M | 0:37:10 |
| 102 | BOLAND, Maurice | Clonmel AC | M/55 | 0:37:13 |
| 103 | CLARKE, Irene | West Waterford A.C | F/40 | 0:37:15 |
| 104 | FRISBY, Pat | West Waterford A.C | M/45 | 0:37:16 |
| 105 | BRUNNOCK, Paul | West Waterford A.C | M/40 | 0:37:18 |
| 106 | HALPIN, Michael | Kilfinnan | S/M | 0:37:21 |
| 107 | COLEMAN, Kieran | West Waterford A.C | S/M | 0:37:24 |
| 108 | WALSH, Trevor | West Waterford A.C | S/M | 0:37:29 |
| 109 | HASSETT, John | Waterford A.C | S/M | 0:37:39 |
| 110 | PIEDOL, Anita | | S/F | 0:37:40 |
| 111 | MCGINN-MURPHY, Libby | West Waterford A.C | F/45 | 0:37:42 |
| 112 | O MAHONEY, Orla | West Waterford A.C | S/F | 0:37:45 |
| 113 | ASPEL, Adrian | Waterford A.C | S/M | 0:37:51 |
| 114 | GAFFNEY, Andrea | West Waterford A.C | F/40 | 0:37:57 |
| 115 | PHELAN, Mary | | F/35 | 0:37:59 |
| 116 | DUKES, Julie | | S/M | 0:38:01 |
| 117 | HEYLIN, Siobhan | Waterford A.C | J/F | 0:38:10 |
| 118 | O' CUIRRIN, Michael | West Waterford A.C | M/50 | 0:38:21 |
| 119 | O'DONOGHUE, Donal | Little Island | M/45 | 0:38:25 |
| 120 | BYRNE, Kieran | N/A | S/M | 0:38:31 |
| 121 | SMYTH, Paddy | | M/50 | 0:38:34 |
| 122 | PROCTOR, Pascal F. | West Waterford A.C | M/55 | 0:38:42 |
| 123 | GALLAGHER, John | | M/40 | 0:38:43 |
| 124 | PRENDERGAST, Bernie | West Waterford A.C | F/50 | 0:38:49 |
| 125 | HEARNE, Joy | N/A | S/F | 0:38:50 |

GSK 5, 6 July 2012

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|-----|------------------------|--------------------|------|---------|
| 126 | O'DONNELL, Ann | N/A | F/45 | 0:38:52 |
| 127 | CURRAN, P.J. | West Waterford A.C | M/50 | 0:38:53 |
| 128 | HOGAN, Tom | N/A | S/M | 0:38:58 |
| 129 | MASSEY, Anne | West Waterford A.C | F/40 | 0:39:18 |
| 130 | CAMPBELL, John | | M/45 | 0:39:22 |
| 131 | CURRAN, Raymond | West Waterford A.C | M/45 | 0:39:27 |
| 132 | CONDON, Tony | N/A | M/45 | 0:39:30 |
| 133 | BARRY, Aidan | | M/40 | 0:39:39 |
| 134 | WALSH, Aidan | West Waterford A.C | S/M | 0:39:45 |
| 135 | CRONIN, Ann | Carrick-on-Suir AC | F/45 | 0:40:12 |
| 136 | MCGOVERN, Conor | | S/M | 0:40:16 |
| 137 | MURPHY, Tomás | West Waterford A.C | M/40 | 0:40:30 |
| 138 | BRADFIELD, Linda | West Waterford A.C | F/40 | 0:40:33 |
| 139 | O'GORMAN, Judy | | S/M | 0:40:47 |
| 140 | FAHY, Brian | N/A | M/45 | 0:40:49 |
| 141 | POWER, Onra | West Waterford A.C | F/45 | 0:40:52 |
| 142 | BEGLEY, Pdraig | | S/M | 0:40:57 |
| 143 | O'LEARY, Richard | | S/M | 0:41:02 |
| 144 | HOGAN, Noel | N/A | S/M | 0:41:06 |
| 145 | BEDELL, Toby | N/A | M/40 | 0:41:11 |
| 146 | GOUGH, Jason | | S/M | 0:41:17 |
| 147 | LANGLEY, Claire | | S/F | 0:41:19 |
| 148 | BOLAND, Laurence | N/A | S/M | 0:41:29 |
| 149 | MCNAB, Gregor | West Waterford A.C | S/M | 0:41:35 |
| 150 | MOONEY, Brian | Waterford A.C | M/45 | 0:41:39 |
| 151 | KIELY, Catriona | West Waterford A.C | F/40 | 0:41:48 |
| 152 | MCCARTHY, Michael (57) | N/A | M/50 | 0:41:49 |
| 153 | HIGGINS, Sharon | West Waterford A.C | S/F | 0:42:01 |
| 154 | HANRAHAN, Lawrence | | S/M | 0:42:06 |
| 155 | BURKE, Ray | West Waterford A.C | M/50 | 0:42:08 |
| 156 | O'DONOVAN, Anne-Marie | Midleton A.C | F/35 | 0:42:17 |
| 157 | O'MAHONY, Thomas | | M/45 | 0:42:19 |
| 158 | TUTTY, Michael | West Waterford A.C | M/50 | 0:42:25 |
| 159 | TUTTY, Vincent | N/A | M/45 | 0:42:26 |
| 160 | WALSH, Marie | West Waterford A.C | F/35 | 0:42:29 |
| 161 | ORGAN, Kate | West Waterford A.C | F/35 | 0:42:39 |
| 162 | O'LEARY, David | West Waterford A.C | S/M | 0:42:45 |
| 163 | GRANT, Claire | Waterford A.C | S/F | 0:42:46 |
| 164 | GRANT, Derek | Waterford A.C | M/50 | 0:42:48 |
| 165 | MACMANUS, Ryan | | J/M | 0:42:56 |
| 166 | DE FAOITE, Sinead | West Waterford A.C | S/F | 0:42:59 |
| 167 | REGAN, David | West Waterford A.C | M/40 | 0:43:55 |
| 168 | MOONEY, Siobhan | | F/45 | 0:44:09 |
| 169 | O'CONNOR, Fidelma | | F/45 | 0:44:10 |
| 170 | NI CHEIRIN, Grainne | | S/F | 0:44:12 |
| 171 | VAN DER FALK, Rosie | Waterford A.C | F/45 | 0:44:51 |
| 172 | MULLIGAN, Una | | S/F | 0:44:57 |
| 173 | FITZGERALD, Laura | | S/F | 0:45:22 |
| 174 | COLEMAN, Karen | West Waterford A.C | F/45 | 0:45:30 |
| 175 | KELLY, Kevin | Youghal A.C | M/45 | 0:45:39 |
| 176 | O'MAHONEY, Kieran | | S/M | 0:45:46 |
| 177 | LENIHAN, Tommy | West Waterford A.C | M/50 | 0:45:53 |
| 178 | MANSFIELD, Amanda | West Waterford A.C | F/35 | 0:45:55 |
| 179 | DIXON, Lorraine | | F/35 | 0:46:15 |
| 180 | HALLISSEY, Geraldine | | F/35 | 0:46:28 |
| 181 | HOULIHAN, Martin | West Waterford A.C | M/45 | 0:46:34 |
| 182 | KEANE, Marian | N/A | F/45 | 0:46:37 |
| 183 | CRONNOLLY, Rita | West Waterford A.C | F/45 | 0:46:39 |
| 184 | MCGOVERN, Lydia | | S/F | 0:47:14 |
| 185 | MARA, Christine | | S/F | 0:47:16 |
| 186 | MOORE, Pat | N/A | M/55 | 0:47:28 |
| 187 | MOORE, Marie | West Waterford A.C | F/50 | 0:47:29 |
| 188 | CONWAY, Noelle | West Waterford A.C | F/50 | 0:47:36 |

GSK 5, 6 July 2012

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| 189 | MCCARTHY, Brian | | M/45 | 0:47:38 |
| 190 | MCGRATH, Frieda | | S/F | 0:47:42 |
| 191 | GENC, Sue | West Waterford A.C | F/40 | 0:47:44 |
| 192 | HAYES, Helene | West Waterford A.C | F/50 | 0:48:02 |
| 193 | HARNEY, Mary | West Waterford A.C | F/35 | 0:48:04 |
| 194 | TOBIN, Jackie | West Waterford A.C | F/40 | 0:48:05 |
| 195 | POWER, Tom | | M/40 | 0:48:11 |
| 196 | CONNORS, Claire | N/A | S/F | 0:48:14 |
| 197 | DEE, Irene | | F/40 | 0:48:43 |
| 198 | HAHESY, Deirdre | West Waterford A.C | F/40 | 0:49:25 |
| 199 | LYONS, Anita | N/A | F/40 | 0:49:27 |
| 200 | DELANEY, Mary | glanmire | M/45 | 0:49:32 |
| 201 | GOUGH, Terri | West Waterford A.C | F/50 | 0:50:02 |
| 202 | MEEHAN, Claire | | F/35 | 0:50:04 |
| 203 | SHEIL, Jacinta | West Waterford A.C | F/50 | 0:50:32 |
| 204 | DONOVAN, Vince | West Waterford A.C | M/50 | 0:50:34 |
| 205 | CHIZHIKOVA, Diana | N/A | S/F | 0:50:52 |
| 206 | O'RIORDAN, Jason | N/A | S/M | 0:50:54 |
| 207 | TOLIUSIS, Inessa | | S/F | 0:50:56 |
| 208 | POWER, Valerie | | F/40 | 0:52:15 |
| 209 | CUNNIFFE, Nicola | | F/35 | 0:52:17 |
| 210 | O SHEA, Siobhan | N/A | F/35 | 0:52:23 |
| 211 | HENNESSY, Lorraine | | S/F | 0:52:56 |
| 212 | O'RIORDAN, Jennifer | | S/F | 0:53:47 |
| 213 | WHYTE, Michael | | M/50 | 0:54:55 |
| 214 | RYAN, Tricia | | F/35 | 0:56:07 |
| 215 | CULLINAN, Julie | | S/F | 0:57:16 |
| 216 | RELIHAN, Denis | | S/M | 0:57:18 |
| 217 | HAYES, Lisa | | F/35 | 0:58:59 |
| 218 | KIELY, Melissa | | S/F | 0:59:01 |