

### Glaxosmithkline 5 Mile Road Race

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Time</u>	<u>Pace</u>	<u>No.</u>
1	O'LEARY, Kevin	East Cork	Senior Male	0:26:42	05:20.3	458
2	MURPHY, Noel	Waterford A.C.	Senior Male	0:27:15	05:26.9	733
3	ZAKIS, Raivis	West Waterford A.C.	Senior Male	0:27:18	05:27.5	665
4	KINSELLA, Alan	West Waterford A.C.	Senior Male	0:27:52	05:34.3	731
5	SHEEHAN, Nigel	Youghal A.C.	Senior Male	0:27:55	05:34.9	691
6	KLAVA, Dzintars	West Waterford A.C.	Male O/40	0:27:58	05:35.5	615
7	CANAVAN, Darragh	East Cork	Senior Male	0:28:02	05:36.3	673
8	COSTELLO, Colm	Brothers Pearse A.C.	Male O/40	0:28:04	05:36.7	666
9	FLEET, Andy	Holmfirth Harriers	Senior Male	0:28:12	05:38.3	439
10	O'CALLAGHAN, John	Eagle AC	Male O/45	0:28:18	05:39.5	668
11	HAYES, Frank	East Cork	Male O/45	0:28:25	05:40.9	766
12	FLYNN, Anthony	West Waterford A.C.	Senior Male	0:28:37	05:43.3	709
13	SHEILS, Conor	Waterford A.C.	Junior Male	0:28:38	05:43.5	3
14	FRANCES, Peter	Ferrybank A.C.	Senior Male	0:28:43	05:44.5	641
15	BLACKWELL, Niall	West Waterford A.C.	Junior Male	0:29:19	05:51.7	455
16	KEOGH, Mossie	West Waterford A.C.	Male O/40	0:29:20	05:51.9	645
17	DONNELLY, Enda	West Waterford A.C.	Male O/40	0:29:43	05:56.5	728
18	BYRNE, Michael	St. Catherines	Senior Male	0:29:44	05:56.7	646
19	ROCHE, Patrick	Carrick On Suir A.C.	Male O/40	0:29:45	05:56.9	496
20	MULLANEY, Conor	West Waterford A.C.	Junior Male	0:29:58	05:59.5	689
21	WALSH, Adele	St. Senans A.C.	Female O/40	0:30:04	06:00.7	678
22	HAHESSY, Ray	West Waterford A.C.	Male O/50	0:30:18	06:03.5	711
23	O'RIORDAN, Shane	West Waterford A.C.	Senior Male	0:30:19	06:03.7	474
24	LYNCH, Kevin	N/A	Male O/40	0:30:22	06:04.3	701
25	POWER, Shane	N/A	Senior Male	0:30:23	06:04.5	663
26	HAHESY, Benny	Carrick On Suir A.C.	Male O/40	0:30:27	06:05.3	775
27	BYRNE, Garret	West Waterford A.C.	Male O/40	0:30:37	06:07.3	734
28	DEL CORRAL REY, Fernando	Cobardes Track	Senior Male	0:30:55	06:10.9	631
29	DUGGAN, Peter	St Josephs A.C	Male O/45	0:31:03	06:12.5	647
30	CULLEN, Alan	West Waterford A.C.	Male O/40	0:31:11	06:14.1	705
31	FORRISTAL, Sally	St Josephs A.C	Senior Female	0:31:19	06:15.7	466
32	GOUGH, Joe	West Waterford A.C.	Male O/60	0:31:25	06:16.9	719
33	BARRY, Niall	Tried and Tested	Senior Male	0:31:29	06:17.7	772
34	LONGAN, Tom	West Waterford A.C.	Male O/40	0:31:34	06:18.7	681
35	NOLAN, Pat	Waterford A.C.	Male O/40	0:31:35	06:18.9	671
36	KIRBY, Dan	N/A	Senior Male	0:31:38	06:19.5	623
37	WHELAN, James	West Waterford A.C.	Male O/40	0:31:51	06:22.1	20
38	HALLEY, Paschal	Waterford A.C.	Male O/45	0:32:03	06:24.5	706
39	BOOKLE, Patrick	St Josephs A.C	Male O/50	0:32:04	06:24.7	656
40	VEALE, Kate	West Waterford A.C.	Senior Female	0:32:06	06:25.1	714
41	HAYES, Kevin	St. Catherines	Male O/40	0:32:12	06:26.3	765
42	PONCE DE LEON, Miguel	Carrick On Suir A.C.	Male O/40	0:32:38	06:31.5	612
43	HOGAN, Alan	West Waterford A.C.	Senior Male	0:32:44	06:32.7	619
44	HALE, Darryl	Waterford A.C.	Male O/55	0:32:44	06:32.7	452
45	REILLY, Gerard	N/A	Male O/45	0:32:48	06:33.5	614
46	HAYES, John Joe	Tried and Tested	Male O/40	0:32:49	06:33.7	617
47	O'DONOVAN, Elaine	St Josephs A.C	Senior Female	0:32:52	06:34.3	659
48	AHEARNE, Michael	N/A	Senior Male	0:32:52	06:34.3	732
49	MASON, Trevor	West Waterford A.C.	Male O/40	0:32:54	06:34.7	644
50	RYAN, Dermot	West Waterford A.C.	Male O/40	0:32:54	06:34.7	640
51	O'LEARY, Ted	West Waterford A.C.	Male O/45	0:32:56	06:35.1	672
52	CASHIN, Eamonn	West Waterford A.C.	Senior Male	0:33:03	06:36.5	464
53	ASPEL, Adrian	Saturday Road Runners	Male O/40	0:33:07	06:37.3	648
54	KELLY, Joe	West Waterford A.C.	Male O/45	0:33:22	06:40.3	736
55	TOBIN, Martin	West Waterford A.C.	Male O/50	0:33:43	06:44.5	24
56	PRENDERGAST, Sandra	West Waterford A.C.	Senior Female	0:33:51	06:46.1	454
57	FITZGERALD, Pat	West Waterford A.C.	Senior Male	0:33:54	06:46.7	609
58	BARRY, Joe	West Waterford A.C.	Senior Male	0:33:56	06:47.1	649

59	HOGAN, John Paul	West Waterford A.C.	Senior Male	0:33:57	06:47.3	461
60	CANTWELL, Gerry	West Waterford A.C.	Male O/55	0:33:58	06:47.5	622
61	ISLEY, Ron	N/A	Male O/55	0:33:58	06:47.5	707
62	WALSH, Eoin	Saturday Road Runners	Male O/40	0:34:02	06:48.3	451
63	O'REGAN, Eddie	Youghal A.C.	Male O/55	0:34:06	06:49.1	670
64	CASEY, Kevin	West Waterford A.C.	Senior Male	0:34:12	06:50.3	469
65	DROHAN, Noel	West Waterford A.C.	Male O/45	0:34:36	06:55.1	497
66	FREANEY, Michael	Carrick On Suir A.C.	Male O/45	0:34:41	06:56.1	776
67	RHATIGAN, Tara	N/A	Senior Female	0:34:50	06:57.9	726
68	O'MAHONEY, Tony	West Waterford A.C.	Male O/45	0:34:54	06:58.7	771
69	POWER, Noel	N/A	Senior Male	0:35:06	07:01.1	664
70	KIELY, Leonora	West Waterford A.C.	Senior Female	0:35:07	07:01.3	727
71	TORPEY, Barry	Carrick On Suir A.C.	Male O/45	0:35:08	07:01.5	610
72	CONCANNON, Mick	West Waterford A.C.	Male O/50	0:35:17	07:03.2	460
73	FLYNN, Caolan	N/A	Senior Male	0:35:24	07:04.6	724
74	O'REILLY, Stephen	West Waterford A.C.	Male O/40	0:35:26	07:05.0	661
75	CLIFFE, Mark	West Waterford A.C.	Senior Male	0:35:27	07:05.2	773
76	VAN DER VALK, T.J.	N/A	Male O/50	0:35:29	07:05.6	467
77	BURKIN, Johnny	N/A	Senior Male	0:35:31	07:06.0	717
78	TIERNEY, John	Waterford A.C.	Male O/50	0:35:41	07:08.0	642
79	DWYER, Anthony	West Waterford A.C.	Male O/60	0:35:49	07:09.6	667
80	KIELY, Jack	Dundrum A.C.	Senior Male	0:36:02	07:12.2	721
81	COYLE, Conor	Team Asics	Senior Male	0:36:03	07:12.4	628
82	SANDFORD, Martin	West Waterford A.C.	Male O/60	0:36:07	07:13.2	675
83	PYNE, Mark	Grange/Fermoy A.C.	Male O/40	0:36:08	07:13.4	738
84	O'DONNELL, Kenneth	West Waterford A.C.	Male O/45	0:36:10	07:13.8	679
85	MURRAY, Kate	Crusaders	Female O/40	0:36:24	07:16.6	730
86	CONNOLLY, Fergal	West Waterford A.C.	Male O/45	0:36:24	07:16.6	490
87	COLEMAN, Tomas	West Waterford A.C.	Male O/50	0:36:28	07:17.4	655
88	CUSACK, Ruairi	N/A	Junior Male	0:36:29	07:17.6	713
89	HICKEY, Quintin	Ballymac Runners	Senior Male	0:36:30	07:17.8	700
90	DROHAN, Eveleen	N/A	Female O/35	0:36:30	07:17.8	456
91	COADY, Luke	Team Asics	Senior Male	0:36:33	07:18.4	629
92	HAMILL, Robert	Youghal A.C.	Male O/45	0:36:37	07:19.2	674
93	MOYA ROSA, Emilio	West Waterford A.C.	Senior Male	0:36:42	07:20.2	703
94	LEE, Catriona	West Waterford A.C.	Female O/35	0:36:51	07:22.0	443
95	NUGENT, Sharon	West Waterford A.C.	Female O/35	0:36:52	07:22.2	8
96	O'DONOGHUE, Donal	Little Island	Male O/50	0:37:08	07:25.4	441
97	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:37:14	07:26.6	613
98	COFFEY, Brigid	West Waterford A.C.	Female O/45	0:37:21	07:28.0	624
99	KENNEDY, Claire	West Waterford A.C.	Senior Female	0:37:22	07:28.2	465
100	CLIFFE, Ian	N/A	Senior Male	0:37:29	07:29.6	495
101	BURKE, Ciara	West Waterford A.C.	Senior Female	0:37:34	07:30.6	459
102	O'MAHONY, Sylvie	Youghal A.C.	Male O/60	0:37:39	07:31.6	669
103	MURPHY, Jane	Waterford A.C.	Senior Female	0:37:47	07:33.2	735
104	HARTLEY, Pauline	N/A	Female O/35	0:38:13	07:38.4	694
105	O'KELLY, Aidan	N/A	Male O/55	0:38:19	07:39.6	657
106	HOGAN, Noel	West Waterford A.C.	Senior Male	0:38:29	07:41.6	643
107	KENT, Brendan	N/A	Male O/45	0:38:31	07:42.0	710
108	POWER, Onra	West Waterford A.C.	Female O/50	0:38:39	07:43.6	473
109	RONAYNE, Roisin	Castlelyons A.C.	Female O/40	0:38:46	07:45.0	662
110	LYONS, Kieran	N/A	Male O/40	0:38:53	07:46.4	693
111	HAYES, Wayne	N/A	Senior Male	0:38:56	07:47.0	611
112	MC GRATH, Paul	West Waterford A.C.	Male O/50	0:39:04	07:48.6	695
113	MOORE, Sandra	West Waterford A.C.	Female O/45	0:39:08	07:49.4	498
114	MOLONEY, Simon	West Waterford A.C.	Senior Male	0:39:08	07:49.4	493
115	O'BRIEN, Maria	Ferrybank A.C.	Senior Female	0:39:13	07:50.4	448
116	TRIHY, Aoife	N/A	Senior Female	0:39:21	07:52.0	444
117	HIGGINS, Sharon	West Waterford A.C.	Female O/35	0:39:26	07:53.0	463
118	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:39:27	07:53.2	767
119	BULLEN, Katie	West Waterford A.C.	Female O/35	0:39:29	07:53.6	19
120	BRUNNOCK, Paddy	N/A	Senior Male	0:39:45	07:56.8	774

121	BRUNNOCK, Paul	West Waterford A.C.	Male O/45	0:39:45	07:56.8	778
122	DOHERTY, Debra	West Waterford A.C.	Senior Female	0:39:46	07:57.0	499
123	QUEALLY, Nick	N/A	Senior Male	0:39:46	07:57.0	687
124	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:39:53	07:58.4	708
125	GRIFFIN, John	Cork BHAA	Male O/45	0:39:55	07:58.8	616
126	SHARPE, Gavin	N/A	Male O/60	0:39:59	07:59.6	658
127	BEATTY, Brian	West Waterford A.C.	Male O/40	0:40:02	08:00.2	457
128	O'DWYER, Derek	Carrick On Suir A.C.	Senior Male	0:40:07	08:01.2	712
129	CURRAN, Eamonn	West Waterford A.C.	Male O/45	0:40:12	08:02.2	725
130	O'CONNELL, Hilary	Waterford A.C.	Senior Female	0:40:14	08:02.6	470
131	POWER, Patrick	West Waterford A.C.	Male O/55	0:40:17	08:03.2	686
132	WALSH, Deirdre	Carrick On Suir A.C.	Female O/35	0:40:27	08:05.2	620
133	MESKELL, Kate	Saturday Road Runners	Senior Female	0:40:33	08:06.4	95
134	FERNCOMBE, Tony	West Waterford A.C.	Senior Male	0:40:44	08:08.6	690
135	HALLAHAN, Donna	West Waterford A.C.	Senior Female	0:40:48	08:09.4	442
136	LONGAN SINNOT, Fiona	West Waterford A.C.	Female O/35	0:41:03	08:12.4	680
137	JACKMAN, Brian	Saturday Road Runners	Male O/45	0:41:12	08:14.2	450
138	EICHELMANN-DALY, Patrycja	Youghal A.C.	Female O/40	0:41:14	08:14.6	446
139	WALSH, Aidan	West Waterford A.C.	Male O/40	0:41:22	08:16.2	676
140	PROCTOR, Paschal	West Waterford A.C.	Male O/60	0:41:55	08:22.8	688
141	CROWLEY, Hazel	N/A	Senior Female	0:41:56	08:23.0	769
142	CONNORS, David	N/A	Male O/45	0:41:59	08:23.6	632
143	RUSSELL, Caroline	West Waterford A.C.	Female O/45	0:42:23	08:28.4	618
144	BEER, Mark	Blackwater A.C.	Male O/45	0:42:49	08:33.6	660
145	VAN DER VALK, Rosie	Waterford A.C.	Female O/50	0:43:12	08:38.2	468
146	KENNEDY, Kathleen	Waterford A.C.	Female O/55	0:43:22	08:40.2	720
147	HICKEY, Stephanie	Ballymac Runners	Female O/45	0:43:47	08:45.2	699
148	O'DONOVAN, Catherine	Carrick On Suir A.C.	Female O/40	0:43:56	08:47.0	684
149	POWER, Rose	West Waterford A.C.	Female O/45	0:44:01	08:48.0	462
150	KIELY, Aisling	Dundrum A.C.	Female O/55	0:44:07	08:49.2	723
151	BALLOT, Anna	N/A	Senior Female	0:44:10	08:49.8	716
152	GOUGH, Sarah	Kilkenny City Harriers	Senior Female	0:44:13	08:50.4	718
153	CONWAY, Margaret	West Waterford A.C.	Female O/55	0:44:26	08:53.0	491
154	WALSH, Marie	West Waterford A.C.	Female O/40	0:44:45	08:56.8	677
155	LEAHY, Joanne	West Waterford A.C.	Female O/35	0:44:58	08:59.4	500
156	O'DONOVAN, Vincent	West Waterford A.C.	Male O/55	0:44:59	08:59.6	692
157	BERESFORD, Evelyn	West Waterford A.C.	Female O/45	0:45:01	09:00.0	30
158	PYNE, Niamh	Rathgormack Max Runners	Female O/40	0:45:42	09:08.2	737
159	COAKLEY, Michael	West Waterford A.C.	Male O/50	0:45:48	09:09.4	654
160	O'NEILL, Siobhain	N/A	Female O/40	0:45:55	09:10.8	627
161	KEOGH, Catherine	Youghal A.C.	Female O/35	0:46:02	09:12.2	608
162	POWER HICKEY, Therese	West Waterford A.C.	Female O/35	0:47:01	09:24.0	471
163	KEARNS, Mary	N/A	Senior Female	0:47:01	09:24.0	702
164	FLYNN, Linda	N/A	Female O/45	0:47:27	09:29.2	626
165	KELLY, Yvonne	N/A	Female O/40	0:47:27	09:29.2	625
166	BERESFORD, Jean	West Waterford A.C.	Female O/50	0:47:28	09:29.4	768
167	FOLEY, John	West Waterford A.C.	Male O/60	0:47:29	09:29.6	729
168	LANDY RYAN, Ruth	West Waterford A.C.	Senior Female	0:47:43	09:32.4	440
169	MC GRATH, Joanie	West Waterford A.C.	Female O/45	0:47:53	09:34.4	715
170	CASEY, Eleanor	West Waterford A.C.	Female O/40	0:48:04	09:36.6	696
171	CONDON, Catherine	West Waterford A.C.	Female O/50	0:48:05	09:36.8	697
172	LENIHAN, Tommy	West Waterford A.C.	Male O/55	0:49:02	09:48.2	61
173	KIELY, Cassie	Dundrum A.C.	Senior Female	0:50:06	10:01.0	722
174	WHITE, Scott	Carrick On Suir Tri Club	Male O/50	0:51:22	10:16.2	704
175	O'ROURKE, Madison	West Waterford A.C.	Senior Female	0:51:50	10:21.8	698
176	CLIFFE, Martina	Blackwater A.C.	Female O/50	0:51:53	10:22.4	682
177	FULLER BUCKLEY, Brigid	Blackwater A.C.	Female O/45	0:51:54	10:22.6	683
178	CLANCY, Deirdre	West Waterford A.C.	Female O/60	0:52:19	10:27.6	621
179	CONWAY, Noelle	West Waterford A.C.	Female O/60	0:52:26	10:29.0	630
180	SANDFORD, Liam	West Waterford A.C.	Male O/60	0:52:26	10:29.0	685
181	MURRAY, Orna	Balance Fitness	Female O/50	0:56:04	11:12.6	770
182	KEANE, Jane	N/A	Female O/35	0:57:50	11:33.8	492

183	FITZGERALD, Aileen	West Waterford A.C.	Female O/50	1:00:59	12:11.6	777
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