

Waterford to Tramore 7.5m, 5 May 2012

Place	Bib No	First Name	Last Name	Gun Time	Chip Time	Pace	Team	Cat
1	191	FRANK	QUINLAN	40:25	40:24	5:23/M	WAC	SM
2	197	RAIVIS	ZAKIS	40:30	40:29	5:24/M	West Waterford	SM
3	139	MARTIN	MONAGHAN	41:57	41:56	5:36/M	Slaney Olympic	SM
4	89	PAUL	GIBBONS	42:30	42:29	5:40/M	Sliabh Buidhe Rovers A.C.	SM
5	236	JOHN	MCDONALD	42:47	42:46	5:42/M	WAC	SM
6	270	FINLAY	WEIR	42:51	42:50	5:43/M	WAC	M40
7	17	JOHN	LEAHY	43:06	43:05	5:45/M	West Waterford AC	SM
8	212	AUBREY	STOREY	43:23	43:22	5:47/M	WAC	SM
9	265	BRIAN	O SULLIVAN	43:29	43:28	5:48/M	WAC	SM
10	28	MICHAEL	O MAHONY	43:34	43:33	5:49/M	Waterford AC	M40
11	166	KEVIN	COLEMAN	43:49	43:48	5:51/M		SM
12	330	PETER	DUGGAN	44:24	44:23	5:55/M	St Josephs	M40
13	338	TREVOR	POWER	44:37	44:34	5:57/M	WAC	SM
14	37	SEAN	MURPHY	45:02	45:00	6:00/M	United Striders AC	SM
15	132	ROLF	POWER	45:07	45:03	6:01/M	Carrick-on-Suir Triathlon Club	M40
16	141	JACKIE	CARTY	45:18	45:16	6:02/M	Kilmore	F40
17	153	MICHAEL	MURPHY	45:35	45:32	6:05/M	Carrick	SM
18	16	TOM	LEAHY	45:40	45:37	6:05/M	West Waterford AC	SM
19	320	MICHAEL	DUNFORD	45:50	45:48	6:07/M	West Waterford	M45
20	228	MOSSY	CAHILL	46:04	46:02	6:09/M	Youghal AC	SM
21	196	MICHAEL	CAREY	46:30	46:28	6:12/M	Coolikill	SM
22	123	TONY	QUINLAN	46:33	46:28	6:12/M		SM
23	1	DEREK	TEBAY	46:43	46:43	6:14/M	Waterford AC	M50
24	12	JAMES	VEALE	46:48	46:46	6:14/M	West Waterford Athletic Club	M50
25	253	MAIRA	GRIFFIN	46:55	46:53	6:15/M	St. Joseph	F40
26	219	NIGEL	O FLAHERTY	47:06	47:03	6:17/M	Clonmel	SM
27	29	YEVGENIY	CHIZHIKOV	47:17	47:16	6:18/M	WWAC	M40
28	240	CORINNA	WALSH	47:21	47:19	6:19/M	West Waterford	F35
29	111	GERRY	CANTWELL	47:22	47:19	6:19/M	Westwaterford ac	M50
30	294	BENNY	HAHSEY	47:28	47:22	6:20/M		SM
31	118	TOM	O'BRIEN	47:33	47:29	6:20/M	WAC	M45
32	282	GARY	MCCORMICK	47:49	47:45	6:23/M	WWAC	M
33	329	JACK	DUGGAN	48:01	48:00	6:24/M	St Josephs	M45
34	171	MARTIN	KIELY	48:06	48:02	6:25/M		SM
35	277	CHRIS	REIDY	48:06	48:03	6:25/M	WAC	M40
36	339	SEAN	MCCARTHY	48:13	48:07	6:26/M	Clonmel AC	M40
37	172	MARK	CORCORAN	48:18	48:12	6:26/M	Clonmel	M40
38	275	RAY	HAHESY	48:19	48:19	6:27/M	WWAC	M45
39	333	PETER	MURPHY	48:25	48:21	6:27/M	WAC	SM
40	225	BILLY	PROUT	48:25	48:22	6:27/M	Clonmel AC	M50
41	204	DAVID	WADE	48:27	48:27	6:28/M	Tramore	M50
42	160	KIETH	BARRY	48:34	48:31	6:29/M	Carrick	M40
43	255	CONOR	BLACKETT	48:47	48:38	6:30/M		SM
44	337	PASCHAL	HALLEY	48:54	48:52	6:31/M	WAC	M40
45	137	JOHN	TIERNEY	49:01	48:56	6:32/M		M40
46	343	CONOR	MURRAY	49:12	49:06	6:34/M	WWAC	M45
47	238	DAITHI	DE PAOR	49:20	49:17	6:35/M		M45
48	355	SHANE	CURTIN	49:22	49:19	6:35/M		SM
49	314	Alan	Kavanagh	49:26	49:24	6:35/M	Waterford Tri	SM
50	50	TJ	VAN DER VALK	49:40	49:36	6:37/M	waterford AC	M45
51	342	DERMOT	POWER	49:41	49:41	6:37/M	Waterford Tri	M50
52	133	ANDY	MULLIGAN	49:43	49:37	6:38/M	Waterford AC	SM
53	201	KEVIN	HICKEY	49:47	49:42	6:38/M		SM
54	218	ANDREW	REYNOLDS	49:47	49:44	6:38/M		M40
55	323	MARK	CLIFFE	50:00	50:00	6:40/M	West Waterford	SM
56	120	WILLIAM	QUINLAN	50:11	50:06	6:41/M	Waterford AC	SM
57	115	BARRY	MALONE	50:13	50:09	6:42/M		M40
58	4	STEPHEN	BUTLER	50:13	50:08	6:42/M	W.H.S.A.C	SM
59	375	TOMMY	CAHILL	50:19	50:19	6:43/M	Clonmel	M55
60	79	PAUL	WALSH	50:20	50:16	6:43/M	Waterford AC	M40
61	241	COLIN	LYON'S	50:23	50:23	6:43/M	West Waterford	M55
62	82	JOAN	MAHONY	50:24	50:21	6:43/M	Waterford AC	SF
63	211	RAY	O'HANLON	50:26	50:23	6:43/M		M40
64	353	PAT	DUNFORD	50:33	50:29	6:44/M	WWAC	M45
65	60	MEABH	SAVAGE	50:43	50:40	6:46/M	None	F35

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66	176	ANTHONY	DWYER	50:48	50:44	6:46/M	WWAC	M55
67	260	SEAMUS	WARD	50:55	50:55	6:47/M	Carrick	M40
68	148	BREDA	MAHONY	51:03	50:59	6:48/M		SF
69	372	EDDY	MURPHY	51:12	51:12	6:50/M	WAC	SM
70	318	TOM	BRENNAN	51:14	51:09	6:50/M	WAC	M45
71	237	NOEL	GILLMAN	51:27	51:22	6:52/M	Clonmel	M45
72	328	JUSTIN	COONAN	51:37	51:33	6:53/M	West Waterford	M40
73	86	KIERAN	FITZGERALD	51:37	51:33	6:53/M	Clonliffe Harriers	SM
74	324	TED	O'LEARY	51:46	51:40	6:54/M	West Waterford	M40
75	135	DIANE	BEHAN	51:50	51:48	6:55/M	WAC	F40
76	291	MALCOLM	POWER	51:52	51:52	6:55/M		M40
77	232	TONY	CORCORAN	52:14	52:14	6:58/M		M45
78	24	TONY	FERNCOMBE	52:23	52:23	6:59/M	West Waterford AC	SM
79	88	RAY	BURKE	52:24	52:24	6:59/M	WWAC	M50
80	162	PAUL	MURRAY	52:35	52:30	7:01/M	WAC	M45
81	269	MAURICE	POWER	52:38	52:38	7:01/M		SM
82	52	GER	NOLAN	52:42	52:32	7:02/M	Waterford AC	M45
83	36	DEIRDRE	NI	52:44	52:41	7:02/M	Crusaders AC	SF
84	195	FERGAL	O'BRIEN	52:45	52:36	7:02/M	WAC	SM
85	134	JACINTA	BRAZIL	52:47	52:47	7:02/M	WAC	F45
86	200	ALBERT	TEBAY	52:55	52:44	7:03/M	WAC	M45
87	97	DES	HOCTOR	52:55	52:46	7:03/M		M40
88	280	TOMAS	CAULFIELD	52:59	52:50	7:04/M	WAC	M40
89	276	ANDY	VEREKER	52:59	52:59	7:04/M		M45
90	169	PAUL	QUINLAN	53:05	52:59	7:05/M		SM
91	340	KEVIN	KIELY	53:06	53:06	7:05/M		SM
92	49	KATE	NOLAN	53:07	52:57	7:05/M	Waterford AC	JF
93	316	Tom	Doherty	53:07	52:57	7:05/M		M45
94	175	TONY	MURPHY	53:17	53:17	7:06/M		SM
95	83	BRENDAN	REIDY	53:18	53:16	7:06/M	Waterford AC	M40
96	63	JIM	BARRY	53:22	53:16	7:07/M	West Waterford ac	SM
97	142	LAURA	BURKE	53:26	53:23	7:07/M	Coolquill Tipp.	SF
98	76	GEORGE	O CONNOR	53:30	53:30	7:08/M	Waterford AC	M50
99	326	MICK	CONCANNON	53:32	53:27	7:08/M		M45
100	194	PAUL	HAYES	53:33	53:30	7:08/M		M50
101	98	SEAN	MCGOWAN	53:47	53:42	7:10/M	Waterford AC	M50
102	112	EAMON	WALSH	53:49	53:49	7:11/M		SM
103	352	ANN	DUNFORD	53:51	53:46	7:11/M	WWAC	F45
104	18	ANNA	DUNGAN	53:55	53:52	7:11/M	Waterford AC	SF
105	267	JIM	WYSE	53:55	53:55	7:11/M		M45
106	22	MICHAEL	FOLEY	54:02	54:00	7:12/M	waterford ac	M45
107	278	IAN	CONDON	54:06	53:57	7:13/M	Clonmel	M40
108	80	JANET	QUINLAN	54:07	54:02	7:13/M		SF
109	208	RAY	HAYES	54:09	54:05	7:13/M		M40
110	136	DECLAN	HARTE	54:17	54:17	7:14/M	WAC	M55
111	161	PAUL	LANIGAN	54:18	54:13	7:14/M	WAC	SM
112	231	JEOFF	PLANT	54:22	54:15	7:15/M		SM
113	284	KIERAN	SLUDDS	54:29	54:23	7:16/M		M50
114	230	GERRY	O'DONOGHUE	54:33	54:26	7:16/M		SM
115	374	PAT	COFFEY	54:34	54:34	7:17/M	Clonmel	M45
116	271	FINBAR	O LEARY	54:34	54:34	7:17/M		SM
117	15	ROY	MCGRATH	54:42	54:35	7:18/M		SM
118	45	CONOR	BLACKWELL	54:44	54:36	7:18/M	West Waterford AC	M40
119	106	COLM	HEYLIN	54:51	54:51	7:19/M		SM
120	325	TOMMY	BROWNE	54:54	54:54	7:19/M	Carrick Tri	M50
121	229	PAUL	CUSACK	54:54	54:54	7:19/M		M45
122	346	CYRIL	FOGARTY	54:54	54:44	7:19/M	Clonmel AC	M45
123	20	DONAL	O'DONOGHUE	55:03	54:58	7:20/M	Little Island	M45
124	216	HELEN	MURPHY	55:08	55:08	7:21/M		SF
125	257	SEAN	O DONOVAN	55:11	55:11	7:21/M	Carrick AC	M50
126	312	Jamie	Costin	55:21	55:12	7:23/M	WWAC	SM
127	311	Susana	Malikova	55:28	55:17	7:24/M	WWAC	SF
128	68	HUGH	OHANLON	55:28	55:24	7:24/M	N/A	M45
129	26	BARRY	MCDONALD	55:29	55:22	7:24/M		SM
130	108	JACKIE	MCGEE	55:30	55:17	7:24/M	Tramore AC	F40
131	287	ADRIAN	HAYES	55:31	55:23	7:24/M		SM

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132	64	MERVIN	DOYLE	55:40	55:40	7:25/M	Stoneyford AC	SM
133	150	ADRIAN	ASPEL	55:53	55:46	7:27/M		SM
134	322	MICHAEL	WALSH	55:53	55:36	7:27/M		SM
135	199	RAY	HENNESSY	56:03	55:55	7:28/M	West Waterford	SM
136	131	LIAM	WELLS	56:05	55:50	7:29/M		M40
137	274	COLM	O NEILL	56:07	56:02	7:29/M	Tramore	M40
138	53	IRENE	CLARK	56:22	56:13	7:31/M	West Waterford	F40
139	54	PATRICK	FRISBY	56:22	56:22	7:31/M	West Waterford	M40
140	2	SEAMUS	COOPER	56:28	56:28	7:32/M		M50
141	221	GABRILLE	BLAIR	56:29	56:18	7:32/M	WAC	F45
142	73	ORLA	O'MAHOONEY	56:30	56:23	7:32/M	west waterford ac	SF
143	168	DEREK	CURRAN	56:35	56:35	7:33/M		M40
144	215	TOM	HALLEY	56:36	56:26	7:33/M	Clonmel	M50
145	183	ALAN	KISSANE	56:41	56:41	7:33/M		SM
146	203	VINNY	KEANE	56:43	56:34	7:34/M		SM
147	129	DAVID	HUTCHINSON	56:43	56:34	7:34/M		SM
148	251	MICHAEL	BURKE	56:44	56:36	7:34/M	WAC	M40
149	70	MARTIN	FLYNN	56:45	56:28	7:34/M	Waterford AC	M40
150	347	KATE	HEALY	56:45	56:36	7:34/M		SF
151	138	DAVID	POWER	57:00	56:47	7:36/M	WAC	SM
152	55	GAVIN	COOKE	57:00	56:47	7:36/M	Waterford AC	SM
153	217	JOHN	STEPHENSON	57:01	56:55	7:36/M		M50
154	378	PAUL	DUNNE	57:07	56:59	7:37/M		M40
155	350	NAOMI	DOONAN	57:12	57:02	7:38/M	Dunhill GAA	F35
156	42	MICHAEL	CALLAGHAN	57:17	57:17	7:38/M	West Waterford AC	M40
157	198	JOE	BARRY	57:18	57:18	7:38/M	West Waterford	SM
158	58	PAUL	BRUNNOCK	57:18	57:00	7:38/M	West Waterford Athletics Club	M40
159	202	BRIAN	NAUGHTON	57:19	57:09	7:39/M		SM
160	373	ANDREA	GAFFNEY	57:34	57:26	7:41/M	WWAC	F40
161	77	JOHN	FOLEY	57:37	57:15	7:41/M	West Waterford A C	M60
162	334	SEAN	WEBB	57:40	57:27	7:41/M		M50
163	227	MARGARET	O'CONNOR	57:42	57:40	7:42/M	St Joseph's	F40
164	223	TISH	RYAN	57:56	57:47	7:43/M		SF
165	348	ROSALINE	CURRAN	57:57	57:47	7:44/M		SF
166	371	EILEEN	HEFFERNAN	57:58	57:50	7:44/M	WWAC	F45
167	206	PADDY	HALPIN	58:04	57:51	7:45/M	Ballinotty	M60
168	149	KARL	HOLAND	58:07	57:59	7:45/M		SM
169	177	ANN	WHELAN	58:08	58:01	7:45/M	WWAC	F45
170	242	JIM	HEYLIN	58:16	58:05	7:46/M		M45
171	71	ANETA	BIEDAL	58:20	58:20	7:47/M		SF
172	125	DAMIEN	HEARNE	58:22	58:08	7:47/M		SM
173	124	PAULA	O BRIEN	58:22	58:09	7:47/M		F35
174	154	JOANNE	DUNFORD	58:25	58:16	7:47/M	WWAC	F40
175	288	DERRY	O FARRELL	58:29	58:14	7:48/M		SM
176	93	ALAN	GRAHAM	58:29	58:14	7:48/M		M40
177	213	AIDAN	BROWN	58:29	58:14	7:48/M		M50
178	114	PAULA	KIELY	58:33	58:23	7:48/M	N/a	F35
179	107	BERNIE	PRENDERGAS	58:34	58:24	7:49/M	West Waterford	F50
180	105	CONOR	O NEILL	58:43	58:33	7:50/M	West Waterford	M40
181	377	PJ	CURRAN	58:49	58:38	7:51/M	WWAC	M50
182	214	HAZEL	BROWN	58:50	58:50	7:51/M		F40
183	174	KIARAN	SHERIDAN	58:51	58:36	7:51/M		M40
184	87	DEAN	GRANT	58:53	58:45	7:51/M	na	SM
185	122	ADAM	TSZAMPEL	59:06	58:44	7:53/M	n/a	SM
186	152	SEAMUS	KAVANAGH	59:21	59:08	7:55/M		SM
187	205	LOUISE	MORGAN	59:38	59:25	7:57/M		SF
188	130	ALAN	TREACY	59:39	59:39	7:57/M	CArrick on Suir AC	M40
189	144	DARREN	CROWLEY	59:43	59:32	7:58/M	Tramore	SM
190	163	GERRY	SULLIVAN	59:48	59:41	7:58/M		M40
191	164	SINEAD	MOORE	1:00:17	1:00:17	8:02/M	WWAC	F40
192	283	ROBERT	GROGAN	1:00:17	1:00:17	8:02/M		M45
193	104	PAUL	CORCORAN	1:00:20	1:00:08	8:03/M	Tramore	M45
194	292	KATHERINE	GRANT	1:00:20	1:00:07	8:03/M		F35
195	155	ELAINE	O DONOVAN	1:00:24	1:00:21	8:03/M	WAC	SF
196	167	ANN MARIE	SHORTALL	1:00:28	1:00:16	8:04/M	KTC	F35
197	147	AOIFE	DENTON	1:00:30	1:00:19	8:04/M	Tramore	SF

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198	38	TOM	BOLGER	1:00:35	1:00:22	8:05/M	T-Bay Surf Club	M40
199	313	Tomas	Breen	1:00:38	1:00:29	8:05/M	3DT	SM
200	34	ANNE	O DONNELL	1:00:39	1:00:33	8:05/M	unattached	F45
201	354	DAVID	CONNORS	1:00:39	1:00:39	8:05/M		M40
202	258	DEIRDRE	CULLY	1:00:39	1:00:28	8:05/M		F35
203	7	JENNIFER	O LOUGHLIN	1:00:40	1:00:28	8:05/M	Waterford AC	JF
204	65	CATRIONA	KIELY	1:00:42	1:00:33	8:06/M	West Waterford AC	F40
205	234	GER	NUGENT	1:00:45	1:00:38	8:06/M	Carrick On Suir	F45
206	341	GERARD	O'BRIEN	1:00:45	1:00:33	8:06/M		SM
207	39	STEVE	CAFFREY	1:00:45	1:00:43	8:06/M		M45
208	290	MAURICE	BOLAND	1:00:47	1:00:47	8:06/M	Clonmel AC	M
209	14	BRIAN	RUSSELL	1:00:54	1:00:47	8:07/M		M40
210	220	MICHAEL	CORKERY	1:00:54	1:00:47	8:07/M		M50
211	94	RONAN	POWER	1:01:04	1:00:57	8:09/M		SM
212	210	ORLA	MCDONALD	1:01:16	1:01:01	8:10/M		SF
213	262	FRANCES	DOYLE	1:01:18	1:01:02	8:10/M	Tramore AC	F50
214	40	PASCHAL	PROCTOR	1:01:19	1:01:19	8:11/M	westwaterford a c	M60
215	78	CLARE	HUDSON	1:01:33	1:01:21	8:12/M	none	F45
216	344	JANE	MURPHY	1:01:47	1:01:47	8:14/M		SF
217	67	CELINE	BLAIS	1:01:53	1:01:47	8:15/M	Bounce Fitness Ireland	F35
218	351	PHILIP	KNOX	1:01:54	1:01:41	8:15/M		SM
219	185	NEIR	LEDWITH	1:01:54	1:01:41	8:15/M		SM
220	235	BETTY	BALDWIN	1:02:07	1:01:56	8:17/M	WAC	F45
221	96	PAT	CROWLEY	1:02:13	1:02:13	8:18/M	Carrick Tri	M55
222	41	NIAMH	MOLLOY	1:02:13	1:02:02	8:18/M	Waterford AC	F35
223	379	KEN	POWER	1:02:14	1:02:14	8:18/M		M45
224	272	CAROLINE	GILROY	1:02:18	1:02:06	8:18/M		F40
225	239	JURATE	CURRAN	1:02:18	1:02:04	8:18/M		F35
226	159	MICHAEL	MCCARTHY	1:02:29	1:02:29	8:20/M	WAC	M50
227	178	MARTINA	PRENDERGAS	1:02:37	1:02:25	8:21/M	Gowran	F45
228	156	NORA	WALSH	1:02:48	1:02:32	8:22/M	Tramore	F50
229	293	MICHAEL	CAGNEY	1:02:52	1:02:36	8:23/M		M45
230	376	GERRY	O CONNOR	1:02:58	1:02:58	8:24/M	WWAC	M45
231	43	ANNE	MASSEY	1:03:01	1:03:01	8:24/M	West Waterford A/C	F40
232	91	JASON	GOUGH	1:03:09	1:03:09	8:25/M		SM
233	151	KATHLEEN	KENNEDY	1:03:12	1:02:59	8:26/M	WAC	F50
234	128	SUSAN	MURPHY	1:03:14	1:03:12	8:26/M	Nil	F45
235	165	MICHELLE	FYLN	1:03:18	1:03:18	8:26/M	WWAC	F45
236	222	NIAMH	KINBER	1:03:27	1:03:17	8:28/M		F35
237	127	EDWINA	BUTLER	1:03:31	1:03:14	8:28/M		F40
238	140	RICHARD	VAUGHAN	1:03:46	1:03:46	8:30/M		M40
239	345	NIALL	HUTTON	1:03:53	1:03:44	8:31/M		SM
240	256	CATHRINE	O DONOVAN	1:04:07	1:03:52	8:33/M	Carrick AC	F35
241	69	SHIRLEY	FENNELLY	1:04:08	1:03:52	8:33/M	Tramore AC	F40
242	259	MARGO	O DOWD	1:04:14	1:03:57	8:34/M	Waterford Tri	F40
243	317	SHANE	MCDONAGH	1:04:22	1:04:05	8:35/M	Waterford Tri	M40
244	47	BRIAN	MOONEY	1:04:22	1:04:05	8:35/M		M45
245	193	TOM	QUINN	1:04:22	1:04:11	8:35/M	Clonmel Athletic	M55
246	95	ROSE	RYAN	1:04:42	1:04:35	8:38/M	Waterford AC	F35
247	21	SHARON	HIGGINS	1:04:56	1:04:36	8:39/M	West Waterford	SF
248	158	PAUL	BUTLER	1:04:57	1:04:41	8:40/M		M40
249	207	JOHANN	FALCONER	1:05:07	1:04:51	8:41/M		SF
250	44	JOHN	HASSETT	1:05:10	1:05:10	8:41/M	Waterford AC	M40
251	81	EMMA	BRENT	1:05:11	1:05:05	8:41/M	Waterford AC	SF
252	173	JOHN	BARRON	1:05:20	1:05:20	8:43/M		SM
253	273	ELLE	RYAN	1:05:23	1:05:14	8:43/M		SF
254	113	ONRA	POWER	1:05:25	1:05:25	8:43/M	West Waterford AC	F45
255	143	GERALDINE	NOLAN	1:05:30	1:05:15	8:44/M	WAC	F35
256	116	SONIA	DALTON	1:05:30	1:05:22	8:44/M		F35
257	33	JANA	GAVLASOVA	1:05:40	1:05:40	8:45/M		SF
258	179	ANNETTEE	FITZPATRICK	1:05:50	1:05:38	8:47/M	Gowran	F45
259	27	ULTAN	BRADY	1:05:51	1:05:51	8:47/M		M40
260	157	DES	DALY	1:05:52	1:05:35	8:47/M		M50
261	335	ANN	O'BRIEN	1:07:05	1:06:47	8:57/M	Tramore AC	F40
262	13	MARIE	BULFIN	1:07:11	1:06:57	8:57/M		F35
263	349	ELAINE	KEATING	1:07:11	1:06:53	8:57/M	Tramore AC	F35

Waterford to Tramore 7.5m, 5 May 2012

264	103	NOELLE	POWER	1:07:12	1:07:00	8:58/M	N/A	F40
265	109	REBECCA	JACQUES	1:07:13	1:07:00	8:58/M		F40
266	74	TINA	CONNOLLY	1:07:13	1:07:00	8:58/M		F45
267	289	GARVAN	TOOMEY	1:07:14	1:06:56	8:58/M	Tramore AC	SM
268	331	MARIE	WALSH	1:07:32	1:07:17	9:00/M	West Waterford	F35
269	332	AIDAN	WALSH	1:07:32	1:07:18	9:00/M	West Waterford	SM
270	233	MICHELLE	NUGENT	1:08:11	1:07:58	9:05/M	Kilkenny	F40
271	51	ROSIE	VAN DER VALK	1:08:13	1:07:59	9:06/M	Waterford AC	F45
272	186	JENNY	FLYNN	1:08:39	1:08:30	9:09/M		SF
273	380	PIERCE	MALONEY	1:08:46	1:08:46	9:10/M	WWAC	M55
274	32	CLAIRE	GRANT	1:08:48	1:08:40	9:10/M	Waterford AC	JF
275	62	KATE	ORGAN	1:08:51	1:08:51	9:11/M	West Waterford AC	F35
276	315	Jackie	Tobin	1:09:06	1:08:48	9:13/M	WWAC	F40
277	72	KAREN	COLEMAN	1:09:10	1:08:51	9:13/M	west waterford	F45
278	264	MARISE	ROBINSON	1:09:20	1:09:05	9:15/M		SF
279	117	LISA	STAPLETON	1:09:42	1:09:27	9:18/M	Tramore AC	F45
280	146	MARIE	TULLY	1:09:47	1:09:47	9:18/M		F50
281	145	ALEXANDER	TULLY	1:09:47	1:09:47	9:18/M		M55
282	209	CLAIRE	HOWLIN	1:09:49	1:09:31	9:19/M	Carrick On Suir	F35
283	327	LISA	BARTLEY	1:09:49	1:09:31	9:19/M	Carrick AC	SF
284	56	SHIRLEY-ANNE	GILMAN	1:10:07	1:10:00	9:21/M		SF
285	285	DAVID	AHEARNE	1:10:35	1:10:35	9:25/M		SM
286	261	CAROLINE	CORCORAN	1:10:49	1:10:31	9:27/M	Tramore AC	F35
287	266	FRANCIS	POWER	1:11:38	1:11:38	9:33/M		M50
288	61	LISA	HAYES	1:11:56	1:11:46	9:35/M		F35
289	66	ANN	HERRON	1:11:56	1:11:46	9:35/M		F35
290	263	NOLEEN	FLAVIN	1:13:12	1:12:53	9:46/M	Tramore AC	F50
291	226	ELAINE	WALSH	1:13:12	1:12:54	9:46/M	Tramore AC	F45
292	110	JOANNE	HEFFERNAN	1:13:51	1:13:51	9:51/M	tramore AC	F50
293	100	ROSE	MADIGAN	1:14:18	1:14:03	9:54/M	none	F45
294	99	HELEN	ROCHE	1:14:18	1:14:04	9:54/M	none	F35
295	25	AISLING	BRETT	1:14:18	1:14:18	9:54/M		SF
296	57	LINDA	MYERS	1:14:40	1:14:32	9:57/M		SF
297	286	PETER	POWER	1:15:37	1:15:17	10:05/M		SM
298	46	SIOBHAN	MOONET	1:15:42	1:15:25	10:06/M		F45
299	268	FIDELMA	O CONNOR	1:15:42	1:15:42	10:06/M	WAC	F45
300	336	IRENE	DEE	1:16:01	1:15:41	10:08/M		F40
301	59	SUE	GENC	1:16:01	1:15:41	10:08/M	West Waterford Athletics Club	F40
302	180	TERRY	GOUGH	1:16:04	1:15:49	10:09/M	WWAC	F55
303	90	MARION	FEWER	1:16:26	1:16:10	10:11/M	None	SF
304	92	LIAM	FEWER	1:16:26	1:16:10	10:11/M		SM
305	181	JAMES	GOUGH	1:16:36	1:16:21	10:13/M	WWAC	M60
306	31	DEREK	GRANT	1:16:49	1:16:28	10:15/M	Waterford AC	M50
307	19	IMELDA	WALSH	1:16:49	1:16:28	10:15/M	Waterford AC	F45
308	121	AGNIESZKA	BOJANOWSKA	1:17:46	1:17:28	10:22/M	n/a	SF
309	102	FINTAN	O'HORA	1:17:56	1:17:37	10:23/M		M40
310	101	SINEAD	O'HORA	1:17:56	1:17:37	10:23/M		F35
311	252	ANNE	PHELAN	1:18:02	1:17:50	10:24/M	Clonmel Athletic	F35
312	170	MARY	MURPHY	1:18:02	1:17:51	10:24/M	WAC	F40
313	254	MICHAEL	WHITE	1:18:28	1:18:28	10:28/M		M50
314	319	TRACEY	DUNNE	1:19:18	1:18:59	10:34/M		F35
315	85	SILE	BRENNAN	1:19:18	1:19:06	10:34/M		F40
316	84	RIA	WHITE	1:19:18	1:19:06	10:34/M		F40
317	281	SUSANNE	TRACY	1:19:53	1:19:39	10:39/M		F35
318	192	PIERCE	PURCELL	1:22:15	1:21:54	10:58/M	Clonmel Athletic	M60
319	5	VALERIE	MC DONAGH	1:26:57	1:26:39	11:36/M		SF
320	23	ANNE	MATTHEWS	1:27:12	1:26:52	11:38/M	none	F50