

Dungarvan Leader Dromana 5 Mile Friday 7 June 2024. 7.30pm

| Place | Name | Club | Category | Time | Pace |
|-------|----------------------|---------------------|----------|---------|---------|
| 1 | CIOBANU, Sergiu | Clonliffe Harriers | M40 | 0:25:41 | 05:08.1 |
| 2 | FITZGERALD, Evan | West Waterford A.C. | M Senior | 0:25:55 | 05:10.9 |
| 3 | FITZGERALD, Pat | Waterford A.C. | M Senior | 0:26:24 | 05:16.7 |
| 4 | CONNELL, Aidan | West Waterford A.C. | M40 | 0:27:01 | 05:24.1 |
| 5 | COAKLEY, James | Leevale A.C. | M Senior | 0:27:02 | 05:24.3 |
| 6 | BLACKWELL, Mark | West Waterford A.C. | M Senior | 0:28:15 | 05:38.9 |
| 7 | KEARNS, Daryl | West Waterford A.C. | M40 | 0:28:29 | 05:41.7 |
| 8 | CAVANAGH, Conor | Waterford A.C. | M Senior | 0:28:43 | 05:44.5 |
| 9 | HENNEBRY, Conor | West Waterford A.C. | M Senior | 0:28:56 | 05:47.1 |
| 10 | TIDESWELL, Kealy | Clonmel A.C. | F40 | 0:29:00 | 05:47.9 |
| 11 | COLEMAN, Mikey | Individual | M Senior | 0:29:15 | 05:50.9 |
| 12 | COFFEY, Gearoid | West Waterford A.C. | M Senior | 0:29:50 | 05:57.9 |
| 13 | COFFEY, John | West Waterford A.C. | M40 | 0:30:05 | 06:00.9 |
| 14 | MURPHY, John | Grange/Fermoy A.C. | M50 | 0:30:14 | 06:02.7 |
| 15 | O'DRISCOLL, Adrian | Carrigaline A.C. | M40 | 0:30:48 | 06:09.5 |
| 16 | O'CONNOR, David | St. Cathernes A.C. | M Senior | 0:31:03 | 06:12.5 |
| 17 | COADY, Mark | Individual | M Senior | 0:31:09 | 06:13.7 |
| 18 | O'CONNOR, William | Galtee Runners A.C. | M55 | 0:31:42 | 06:20.3 |
| 19 | MULCAHY, Sarah | St. Cathernes A.C. | F Senior | 0:31:47 | 06:21.3 |
| 20 | O'REGAN, Ger | Midleton A.C. | M55 | 0:31:50 | 06:21.9 |
| 21 | MC GLYNN, Emer | Waterford A.C. | F Senior | 0:31:53 | 06:22.5 |
| 22 | COLLINS, Stephen | St. Cathernes A.C. | M Senior | 0:32:16 | 06:27.1 |
| 23 | COUGHLAN, Cody | Individual | M Junior | 0:32:43 | 06:32.5 |
| 24 | WALSH (74), Eoin | West Waterford A.C. | M50 | 0:32:45 | 06:32.9 |
| 25 | CONNORS, James | West Waterford A.C. | M40 | 0:33:06 | 06:37.1 |
| 26 | CASHMAN, John | Midleton A.C. | M55 | 0:33:09 | 06:37.7 |
| 27 | KELLY, Joe | West Waterford A.C. | M55 | 0:33:11 | 06:38.1 |
| 28 | TRAVERS, Jason | Individual | M50 | 0:33:13 | 06:38.5 |
| 29 | TOBIN, Angela | West Waterford A.C. | F35 | 0:33:14 | 06:38.7 |
| 30 | HAHESY, Ray | West Waterford A.C. | M60 | 0:33:16 | 06:39.1 |
| 31 | FITZGIBBON, Clotilde | Grange/Fermoy A.C. | F55 | 0:33:18 | 06:39.5 |
| 32 | CLIFFE, Mark | West Waterford A.C. | M45 | 0:33:34 | 06:42.7 |
| 33 | FITZGERALD, Pat | West Waterford A.C. | M40 | 0:33:45 | 06:44.9 |
| 34 | WHITE, Stephen | Waterford A.C. | M Senior | 0:33:54 | 06:46.7 |
| 35 | HEYLIN, Siobhan | Waterford A.C. | F Senior | 0:33:55 | 06:46.9 |
| 36 | LANGLY, Elaine | West Waterford A.C. | F35 | 0:33:58 | 06:47.5 |
| 37 | DROHAN, Eveleen | West Waterford A.C. | F45 | 0:33:59 | 06:47.7 |
| 38 | DUGGAN, Peter | St Josephs A.C. | M50 | 0:34:19 | 06:51.7 |
| 39 | CHIZHIKOV, Yevgeny | West Waterford A.C. | M50 | 0:34:20 | 06:51.9 |
| 40 | HICKEY, Owen | Individual | M45 | 0:34:22 | 06:52.3 |
| 41 | HICKEY, Andrew | Individual | M45 | 0:34:22 | 06:52.3 |
| 42 | DWYER, Eoin | Individual | M Senior | 0:34:24 | 06:52.7 |
| 43 | MOORE, David | West Waterford A.C. | M40 | 0:34:30 | 06:53.9 |
| 44 | BEHAN, Diane | Waterford A.C. | F50 | 0:34:33 | 06:54.5 |
| 45 | MC HUGH, Vincent | Clonmel A.C. | M45 | 0:34:49 | 06:57.7 |
| 46 | KENNEDY, Sean | Cork Track Club | M Senior | 0:34:52 | 06:58.3 |

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| 47 | RYAN, Patricia | Dundrum A.C. | F40 | 0:34:54 | 06:58.7 |
| 48 | NOLAN, Jack | West Waterford A.C. | M Senior | 0:34:59 | 06:59.7 |
| 49 | BUCKLEY, Keith | Grange/Fermoy A.C. | M40 | 0:35:30 | 07:05.8 |
| 50 | O'RIORDAN, Jack | Individual | M50 | 0:35:35 | 07:06.8 |
| 51 | SALMON, Joe | West Waterford A.C. | M55 | 0:35:38 | 07:07.4 |
| 52 | FLYNN, Sandra | West Waterford A.C. | F Senior | 0:35:41 | 07:08.0 |
| 53 | HOGAN, Tom | West Waterford A.C. | M45 | 0:35:42 | 07:08.2 |
| 54 | CUNNINGHAM, Peter | West Waterford A.C. | M40 | 0:35:46 | 07:09.0 |
| 55 | FOLEY, Linda | West Waterford A.C. | F35 | 0:35:48 | 07:09.4 |
| 56 | O'MAHONY, Tony | West Waterford A.C. | M55 | 0:35:49 | 07:09.6 |
| 57 | POPE, Gareth | West Waterford A.C. | M45 | 0:35:59 | 07:11.6 |
| 58 | WALSH, Maire | Midleton A.C. | F40 | 0:36:15 | 07:14.8 |
| 59 | O'DONOGHUE, Donal | Watergrasshill A.C. | M55 | 0:36:17 | 07:15.2 |
| 60 | HAYES, John | Individual | M45 | 0:36:18 | 07:15.4 |
| 61 | NEUMERZHITSIY, Vasily | Clonmel A.C. | M55 | 0:36:23 | 07:16.4 |
| 62 | CUNNINGHAM, Drew | West Waterford A.C. | M Senior | 0:36:25 | 07:16.8 |
| 63 | POWER, Micheal | West Waterford A.C. | M40 | 0:36:28 | 07:17.4 |
| 64 | BERGIN, Patrick | West Waterford A.C. | M Senior | 0:36:30 | 07:17.8 |
| 65 | MURRAY, Connor | West Waterford A.C. | M55 | 0:36:30 | 07:17.8 |
| 66 | KSHIRSAGA, Rajenda | Waterford A.C. | M45 | 0:36:31 | 07:18.0 |
| 67 | O'CONNOR, Gerard | Individual | M60 | 0:36:32 | 07:18.2 |
| 68 | O'CONNOR, Johnny | West Waterford A.C. | M55 | 0:36:32 | 07:18.2 |
| 69 | CAEY, Derek | Individual | M40 | 0:36:34 | 07:18.6 |
| 70 | WHELAN, Martin | Individual | M55 | 0:36:35 | 07:18.8 |
| 71 | HYNES, Jody | West Waterford A.C. | M45 | 0:36:36 | 07:19.0 |
| 72 | PHELAN, Eamonn | West Waterford A.C. | M60 | 0:36:37 | 07:19.2 |
| 73 | TOBIN, Martin | West Waterford A.C. | M60 | 0:36:53 | 07:22.4 |
| 74 | FITZGERALD, Liam | West Waterford A.C. | M50 | 0:36:57 | 07:23.2 |
| 75 | MC GRATH, Donall | Individual | M Senior | 0:36:59 | 07:23.6 |
| 76 | CONNELL, Fiona | West Waterford A.C. | F40 | 0:36:59 | 07:23.6 |
| 77 | O'GINNEIDE, Fionan | Individual | M40 | 0:37:05 | 07:24.8 |
| 78 | CONCANNON, Mick | West Waterford A.C. | M60 | 0:37:10 | 07:25.8 |
| 79 | O'GRADY, Billy | Individual | M55 | 0:37:11 | 07:26.0 |
| 80 | NI REACHTAGAIN, Tara | West Waterford A.C. | F Senior | 0:37:11 | 07:26.0 |
| 81 | KELLY, Joe Jnr | West Waterford A.C. | M Junior | 0:37:12 | 07:26.2 |
| 82 | MOORE, Anne | West Waterford A.C. | F45 | 0:37:20 | 07:27.8 |
| 83 | HALPIN, Richie | Individual | M40 | 0:37:23 | 07:28.4 |
| 84 | STAPLETON, Clodagh | West Waterford A.C. | F Junior | 0:37:24 | 07:28.6 |
| 85 | KAVANAGH, Thomas | Individual | M40 | 0:37:25 | 07:28.8 |
| 86 | CLINCE, Liam | West Waterford A.C. | M60 | 0:37:29 | 07:29.6 |
| 87 | WALSH (88), Eoin | West Waterford A.C. | M Senior | 0:38:11 | 07:38.0 |
| 88 | GAFFNEY, Emmet | Individual | M40 | 0:38:16 | 07:39.0 |
| 89 | O'REGAN, Edward | Youghal A.C. | M65 | 0:38:21 | 07:40.0 |
| 90 | O'CONNELL, Colm | West Waterford A.C. | M50 | 0:38:27 | 07:41.2 |
| 91 | MURRAY, Paul | West Waterford A.C. | M Senior | 0:38:33 | 07:42.4 |
| 92 | BRUNNOCK, Paddy | West Waterford A.C. | M40 | 0:38:40 | 07:43.8 |

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| 93 | LACEY, Geraldine | West Waterford A.C. | F45 | 0:38:42 | 07:44.2 |
| 94 | NI FHAOLAIN, Sinead | West Waterford A.C. | F40 | 0:38:43 | 07:44.4 |
| 95 | MORONEY, Nicola | West Waterford A.C. | F40 | 0:38:45 | 07:44.8 |
| 96 | O'MAHONY, Tony Jnr | West Waterford A.C. | M Senior | 0:38:51 | 07:46.0 |
| 97 | FLYNN, Joe | Individual | M Senior | 0:38:53 | 07:46.4 |
| 98 | KIRBY, Dan | Individual | M Senior | 0:38:56 | 07:47.0 |
| 99 | O'HARE, Sean | Individual | M Senior | 0:39:07 | 07:49.2 |
| 100 | HEARN, Madeleine | West Waterford A.C. | F35 | 0:39:16 | 07:51.0 |
| 101 | KINSELLA, Rose | West Waterford A.C. | F40 | 0:39:29 | 07:53.6 |
| 102 | MC GRATH, Tom | Individual | M40 | 0:39:35 | 07:54.8 |
| 103 | HURNEY, Pat | Individual | M Senior | 0:39:38 | 07:55.4 |
| 104 | CANTWELL, Gerry | West Waterford A.C. | M65 | 0:39:45 | 07:56.8 |
| 105 | SYMONENKO, Serhii | Clonmel A.C. | M40 | 0:40:15 | 08:02.8 |
| 106 | PRENDERGAST, Aisling | Individual | F Senior | 0:40:29 | 08:05.6 |
| 107 | MC CARTHY, David | Youghal A.C. | M60 | 0:40:32 | 08:06.2 |
| 108 | LANDERS, Brian | Individual | M50 | 0:40:32 | 08:06.2 |
| 109 | MC GRATH, Freida | Individual | F Senior | 0:40:35 | 08:06.8 |
| 110 | COFFEY, Brigid | West Waterford A.C. | F50 | 0:40:45 | 08:08.8 |
| 111 | BULMAN, George | Youghal A.C. | M65 | 0:40:57 | 08:11.2 |
| 112 | O'MAHONY, Sylvie | Youghal A.C. | M65 | 0:40:58 | 08:11.4 |
| 113 | KEANE, Ornaith | West Waterford A.C. | F Senior | 0:40:59 | 08:11.6 |
| 114 | DARCY, Karen | Individual | F35 | 0:41:08 | 08:13.4 |
| 115 | KING, Tim | Individual | M Senior | 0:41:11 | 08:14.0 |
| 116 | HAYES, Seamus | West Waterford A.C. | M40 | 0:41:13 | 08:14.4 |
| 117 | VERLING, Cait | West Waterford A.C. | F45 | 0:41:14 | 08:14.6 |
| 118 | MOONEY, Lorena | Individual | F45 | 0:41:24 | 08:16.6 |
| 119 | O'DONOGHUE, Niamh | Individual | F35 | 0:41:27 | 08:17.2 |
| 120 | DROHAN, Noel | West Waterford A.C. | M50 | 0:41:31 | 08:18.0 |
| 121 | O'KEEFFE, Cliona | Individual | F40 | 0:41:31 | 08:18.0 |
| 122 | O'ROURKE, Molly | Individual | F40 | 0:41:32 | 08:18.2 |
| 123 | MEAGHER, James | Individual | M50 | 0:41:47 | 08:21.2 |
| 124 | BANNON, Orla | West Waterford A.C. | F40 | 0:41:48 | 08:21.4 |
| 125 | DALY, Kieran | West Waterford A.C. | M40 | 0:41:59 | 08:23.6 |
| 126 | CRONIN, Michael | Individual | M55 | 0:42:01 | 08:24.0 |
| 127 | O'CONNELL, Sarah | Individual | F35 | 0:42:11 | 08:26.0 |
| 128 | O'CONNELL, Kieran | Individual | M Senior | 0:42:11 | 08:26.0 |
| 129 | O'BRIEN, Ellen | Individual | F Senior | 0:42:13 | 08:26.4 |
| 130 | CUNNINGHAM, Michelle | West Waterford A.C. | F40 | 0:42:17 | 08:27.2 |
| 131 | GAFFNEY, Andrea | West Waterford A.C. | F55 | 0:42:26 | 08:29.0 |
| 132 | FLYNN, Jevon | Individual | M Senior | 0:42:58 | 08:35.4 |
| 133 | NOLAN, Pdraig | Individual | M50 | 0:43:05 | 08:36.8 |
| 134 | WOOD, Morgan | Individual | F Senior | 0:43:15 | 08:38.8 |
| 135 | DALY, Kim | West Waterford A.C. | F35 | 0:43:16 | 08:39.0 |
| 136 | O'DONNELL, Kenneth | West Waterford A.C. | M50 | 0:43:18 | 08:39.4 |
| 137 | CROWE, Catriona | West Waterford A.C. | F50 | 0:43:25 | 08:40.8 |
| 138 | BLACKETT, Sarah | Tamore A.C. | F Senior | 0:43:33 | 08:42.4 |
| 139 | BARRON, Lucy | Individual | F Senior | 0:43:34 | 08:42.6 |
| 140 | FITZGERALD, Alice | West Waterford A.C. | F60 | 0:43:36 | 08:43.0 |

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| 141 | MURRAY, Jacqui | West Waterford A.C. | F35 | 0:43:38 | 08:43.4 |
| 142 | DALY, Josh | Individual | M Senior | 0:43:40 | 08:43.8 |
| 143 | LEAHY, Helen | West Waterford A.C. | F40 | 0:43:46 | 08:45.0 |
| 144 | WALSH, Mick | Gowran A.C. | M65 | 0:44:02 | 08:48.2 |
| 145 | POWER, Onra | West Waterford A.C. | F55 | 0:44:06 | 08:49.0 |
| 146 | POWER, Owen | West Waterford A.C. | M45 | 0:44:24 | 08:52.6 |
| 147 | CUMMINS, Michael | Individual | M40 | 0:44:25 | 08:52.8 |
| 148 | RUSSELL, Caroline | West Waterford A.C. | F50 | 0:44:34 | 08:54.6 |
| 149 | BRENNAN, Noel | West Waterford A.C. | M55 | 0:44:40 | 08:55.8 |
| 150 | POWER, Rose | West Waterford A.C. | F50 | 0:44:48 | 08:57.4 |
| 151 | BARRY, Ceire | West Waterford A.C. | F Senior | 0:44:53 | 08:58.4 |
| 152 | O'BRIEN, Jim | West Waterford A.C. | M50 | 0:44:56 | 08:59.0 |
| 153 | POPE, Carol | West Waterford A.C. | F45 | 0:44:59 | 08:59.6 |
| 154 | MASSEY, Anne | Individual | F50 | 0:45:10 | 09:01.8 |
| 155 | MC GRATH, Paul | Individual | M55 | 0:45:16 | 09:03.0 |
| 156 | HOGAN, Denise | Individual | F40 | 0:45:18 | 09:03.4 |
| 157 | MARTIN, John | Individual | M Senior | 0:45:18 | 09:03.4 |
| 158 | MC GRATH, Eoin | Individual | M Senior | 0:45:20 | 09:03.8 |
| 159 | TUTTY, George | Individual | F45 | 0:45:21 | 09:04.0 |
| 160 | UI CHUIRRIN, Josie | West Waterford A.C. | F60 | 0:45:32 | 09:06.2 |
| 161 | COLLINS, Lisa | West Waterford A.C. | F Senior | 0:45:44 | 09:08.6 |
| 162 | CURRAN, Eamonn | West Waterford A.C. | M50 | 0:45:57 | 09:11.2 |
| 163 | MULCAHY, Kevin | Individual | M55 | 0:45:59 | 09:11.6 |
| 164 | O'REILLY, Breda | West Waterford A.C. | F45 | 0:45:59 | 09:11.6 |
| 165 | O'BRIEN, Grainne | West Waterford A.C. | F Senior | 0:46:13 | 09:14.4 |
| 166 | MANSFIELD, Rosie | West Waterford A.C. | F40 | 0:46:14 | 09:14.6 |
| 167 | BARRY, Geraldine | West Waterford A.C. | F50 | 0:46:44 | 09:20.6 |
| 168 | BLACKETT, Elaine | Tamore A.C. | F50 | 0:47:26 | 09:29.0 |
| 169 | BRENNAN, Mary | Greenway Joggers | F50 | 0:47:27 | 09:29.2 |
| 170 | HICKEY, Siobhan | Individual | F45 | 0:47:29 | 09:29.6 |
| 171 | DUNNE, Agnes | Individual | F45 | 0:47:29 | 09:29.6 |
| 172 | MORRISON, John | St. Cathernes A.C. | M55 | 0:47:33 | 09:30.4 |
| 173 | O'REGAN, Cecelia | Youghal A.C. | F55 | 0:47:35 | 09:30.8 |
| 174 | O'BRIEN, Fiona | Individual | M40 | 0:47:45 | 09:32.8 |
| 175 | RYAN, Amy | Individual | F Senior | 0:47:51 | 09:34.0 |
| 176 | HAMILL, Robert | Individual | M50 | 0:48:03 | 09:36.4 |
| 177 | MOORE, Susie | Greenway Joggers | F45 | 0:48:11 | 09:38.0 |
| 178 | BERESFORD, Jimmy | Individual | M55 | 0:48:19 | 09:39.6 |
| 179 | MULLANY, Paddy | Individual | M55 | 0:48:22 | 09:40.2 |
| 180 | KELLY, Joanna | Individual | F40 | 0:48:35 | 09:42.8 |
| 181 | BEREFORD, Jean | West Waterford A.C. | F55 | 0:48:40 | 09:43.8 |
| 182 | BOURKE, Catherine | West Waterford A.C. | F45 | 0:48:43 | 09:44.4 |
| 183 | CURRAN, Stephen | West Waterford A.C. | M40 | 0:48:43 | 09:44.4 |
| 184 | LENIHAN, Mark | West Waterford A.C. | M55 | 0:48:43 | 09:44.4 |
| 185 | WOODS, John | West Waterford A.C. | M40 | 0:48:43 | 09:44.4 |
| 186 | O'ROURKE, Joe | West Waterford A.C. | M60 | 0:48:43 | 09:44.4 |
| 187 | WOOD, Carrie | Individual | F40 | 0:48:57 | 09:47.2 |
| 188 | CONDON, Catherine | Individual | F55 | 0:49:02 | 09:48.2 |

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| 189 | BARRY, Geraldine | West Waterford A.C. | F45 | 0:49:03 | 09:48.4 |
| 190 | CAHILL, Mary | West Waterford A.C. | F50 | 0:49:03 | 09:48.4 |
| 191 | COOKE, Mary | Individual | M50 | 0:49:14 | 09:50.6 |
| 192 | PROCTOR, Paschal | West Waterford A.C. | M65 | 0:49:16 | 09:51.0 |
| 193 | COSTIN, Liam | Individual | M55 | 0:49:18 | 09:51.4 |
| 194 | LANIGAN, Tasha | West Waterford A.C. | F45 | 0:49:24 | 09:52.6 |
| 195 | O'NEILL, Linda | West Waterford A.C. | F45 | 0:50:27 | 10:05.2 |
| 196 | KIELY, Sinead | West Waterford A.C. | F Senior | 0:50:32 | 10:06.2 |
| 197 | HEHIR, Sinead | Individual | F35 | 0:50:42 | 10:08.2 |
| 198 | GUIRY, Michelle | Tournaneena Road Runners | F Senior | 0:50:48 | 10:09.4 |
| 199 | DWANE, Francis | West Waterford A.C. | M55 | 0:50:53 | 10:10.4 |
| 200 | CUMMINS, Mary | Individual | F Senior | 0:51:10 | 10:13.8 |
| 201 | MANLEY, Marie | Individual | F55 | 0:51:11 | 10:14.0 |
| 202 | CLEARY, Margaret | Individual | F40 | 0:51:52 | 10:22.2 |
| 203 | HALLY, Eamonn | West Waterford A.C. | M40 | 0:51:58 | 10:23.4 |
| 204 | MORRISSEY, Eithne | Individual | F35 | 0:52:06 | 10:25.0 |
| 205 | MC INTYRE, Catherine | West Waterford A.C. | F40 | 0:52:24 | 10:28.6 |
| 206 | POWER, Hannah | Individual | F Senior | 0:52:32 | 10:30.2 |
| 207 | WILSON, Sally | Individual | F Senior | 0:52:51 | 10:34.0 |
| 208 | DALTON, Nicola | Individual | F40 | 0:53:08 | 10:37.4 |
| 209 | POWER, Niall | Individual | M45 | 0:53:10 | 10:37.8 |
| 210 | PRENDERGAST, Louise | Tournaneena Road Runners | F35 | 0:53:22 | 10:40.2 |
| 211 | O'DONOVAN, Vincent | West Waterford A.C. | M65 | 0:53:22 | 10:40.2 |
| 212 | WHELAN DEVINE, Deirdre | West Waterford A.C. | F40 | 0:53:31 | 10:42.0 |
| 213 | BARRY, Mairead | Individual | F35 | 0:53:52 | 10:46.2 |
| 214 | NOONE, Iomhar | West Waterford A.C. | M45 | 0:55:35 | 11:06.8 |
| 215 | KENNEDY, Tom | Individual | M65 | 0:58:43 | 11:44.4 |
| 216 | BYRNE, Charlie | Individual | M Senior | 0:59:59 | 11:59.6 |
| 217 | O'SULLIVAN, Rachael | Individual | F Senior | 1:01:28 | 12:17.4 |
| 218 | O'LEARY, Tina | West Waterford A.C. | F35 | 1:01:47 | 12:21.2 |
| 219 | COLLENDER, Martin | Individual | M50 | 1:01:48 | 12:21.4 |
| 220 | MONAHAN, Billy | Individual | M Senior | 1:01:49 | 12:21.6 |