

Colm's Memorial Run for Cancer 2024

In Association with Touraneena Road Runners 15/09/2024

Place	Name	Club	Category	time	Pace
1	FITZGERALD, Evan	West Waterford A.C.	Sn Male	0:15:30	04:59.2
2	NIXON, David	West Waterford A.C.	Sn Male	0:19:32	06:17.1
3	BARRY, Niall	West Waterford A.C.	Male 45	0:19:38	06:19.0
4	VEALE, Kate	West Waterford A.C.	Sn Female	0:19:50	06:22.9
5	FRAHER, Keith	Carrick On Suir A.C.	Male 45	0:21:30	06:55.1
6	HAHESY, Ray	West Waterford A.C.	Male 60	0:21:31	06:55.4
7	WALSH, Eoin	West Waterford A.C.	Sn Male	0:22:38	07:17.0
8	O'GRADY, Billy	Individual	Male 60	0:23:34	07:35.0
9	WHYTE, Michael	Individual	Jn Male	0:23:38	07:36.3
10	RYAN, Donal	Clonmel A.C.	Male 50	0:23:43	07:37.9
11	DOOCEY, Rebecca	Clonmel A.C.	Female 45	0:23:52	07:40.8
12	KIRBY, Dan	West Waterford A.C.	Sn Male	0:23:56	07:42.1
13	O'DONOVAN, Niamh	West Waterford A.C.	Female 35	0:24:01	07:43.7
14	DROHAN, Noel	West Waterford A.C.	Male 50	0:24:11	07:46.9
15	CLIFFE, Mark	West Waterford A.C.	Male 45	0:24:18	07:49.1
16	SWANTON, Graham	Individual	Sn Male	0:24:27	07:52.0
17	VALLS BARRANCO, Adria	Individual	Jn Male	0:24:56	08:01.4
18	MURPHY, William	Individual	Male 45	0:25:07	08:04.9
19	O'BRIEN, Ned	Clonmel A.C.	Male 65	0:25:35	08:13.9
20	FOX, Kieran	Individual	Sn Male	0:25:36	08:14.2
21	HOGAN, Tom	West Waterford A.C.	Male 45	0:25:48	08:18.1
22	DUNFORD, Michael	West Waterford A.C.	Male 55	0:25:48	08:18.1
23	WALL, Kate	Clonmel A.C.	Female 45	0:25:57	08:21.0
24	GAFFNEY, Andrea	West Waterford A.C.	Female 55	0:25:59	08:21.6
25	LONERGAN, Thomas	Individual	Sn Male	0:25:59	08:21.6
26	FOLEY, Mick	Individual	Male 60	0:26:19	08:28.1
27	NUGENT, Cyril	Individual	Male 45	0:26:20	08:28.4
28	CUMMINS, Michael	West Waterford A.C.	Male 40	0:26:37	08:33.9
29	DUNFORD, Pat	West Waterford A.C.	Male 55	0:26:46	08:36.8
30	MC GRATH, Caoimhe	Individual	Sn Female	0:27:02	08:41.9
31	HICKEY, Katie	Individual	Female 40	0:27:06	08:43.2
32	WALL, Tom	Individual	Male 45	0:27:17	08:46.7
33	BRUNNOCK, Oscar	Individual	Sn Male	0:27:25	08:49.3
34	BRUNNOCK, Johnny	West Waterford A.C.	Male 45	0:27:25	08:49.3

35	BRUNNOCK, Paddy	West Waterford A.C.	Male 40	0:27:25	08:49.3
36	KENNEDY, Daniel	Individual	Male 40	0:27:39	08:53.8
37	COFFEY, Brigid	West Waterford A.C.	Female 50	0:28:30	09:10.2
38	NI FHAOLAIN, Sinead	West Waterford A.C.	Female 40	0:28:35	09:11.8
39	MEAGHER, James	Individual	Male 50	0:28:35	09:11.8
40	FOLEY, Linda	West Waterford A.C.	Female 35	0:28:35	09:11.8
41	COLLINS, Jason	Individual	Sn Male	0:28:37	09:12.5
42	KENRICK, Sinead	Individual	Sn Female	0:28:43	09:14.4
43	CROWE, Cathriona	West Waterford A.C.	Female 50	0:28:43	09:14.4
44	BRENNAN, Mary	Greenway Joggers A.C.	Female 50	0:28:51	09:17.0
45	CURRAN, Eamonn	West Waterford A.C.	Male 50	0:28:55	09:18.3
46	DOYLE, Stacey	j & N Coaching	Female 45	0:29:01	09:20.2
47	GOONAN, Honor	j & N Coaching	Female 45	0:29:45	09:34.4
48	LONERGAN, James	Individual	Male 55	0:29:50	09:36.0
49	WHYTE, Alan	Individual	Male 60	0:29:51	09:36.3
50	CUNNINGHAM, Maud	Individual	Female 50	0:29:54	09:37.3
51	MADIGAN, Barry	Individual	Male 40	0:30:19	09:45.3
52	CLEERE, Lisa Marie	Clonmel A.C.	Female 40	0:30:46	09:54.0
53	PROCTOR, Paschal	West Waterford A.C.	Male 70	0:30:50	09:55.3
54	CUMISKEY, Patrick	West Waterford A.C.	Male 55	0:30:54	09:56.6
55	O'ROURKE, Fiona	West Waterford A.C.	Female 45	0:30:55	09:56.9
56	KIELY, Sinead	West Waterford A.C.	Sn Female	0:31:13	10:02.7
57	FOLEY POWER, Linda	West Waterford A.C.	Female 40	0:31:13	10:02.7
58	MURPHY, Siobhan	Individual	Female 45	0:32:00	10:17.8
59	DOOCEY, Michael	Clonmel A.C.	Male 45	0:32:36	10:29.4
60	CONDON, Tom	Touraneena Road Runners	Male 65	0:32:42	10:31.3
61	O'DONOVAN, Ann	West Waterford A.C.	Female 60	0:33:05	10:38.7

62	WALSH, Mary	Touraneena Road Runners	Female 55	0:33:05	10:38.7
63	O'FLYNN, Pdraig	Touraneena Road Runners	Male 55	0:33:05	10:38.7
64	KIRWAN, Margaret	Individual	Female 60	0:33:24	10:44.8
65	LOOBY, Lisa	West Waterford A.C.	Female 40	0:33:28	10:46.1
66	GILLIGAN, Georgina	Individual	Female 40	0:33:45	10:51.6
67	HOULIHAN, Ger	Carrick On Suir A.C.	Female 60	0:34:20	11:02.9
68	MADIGAN, Dawn	Individual	Female 35	0:34:21	11:03.2
69	MURRAY, Alice	Individual	Female 60	0:35:38	11:28.0